

DIAL 988
SUICIDE & CRISIS LIFELINE

DIAL 211
ESSENTIAL COMMUNITY SERVICES

Human Services | Fall 2024

Community Resource Guide

Directory of Services in the Gilbert Area



gilbertaz.gov/housing



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This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who need services.

The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken based on the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at cir.org.

It’s our goal to provide current and accurate information; however, businesses may have changed locations or contact information. To report errors or to submit additional agencies for consideration, [click here](#).

Date Revised: 10/01/2024

2-1-1 Community Information & Referral **24/7**

Connects to expert, caring help. Confidential.

211arizona.org

Heritage Resource Center - Gilbert

132 W Bruce Ave, Gilbert 85233

480-428-5446

gilbertaz.gov/heritage-center

AZCEND

Neighborhood Assistance Services (NAS) -

Emergency financial assistance for utilities and eviction prevention.

Family Resource Center - Free parenting education workshops, interactive family play opportunities, for families with children 0-5.

480-428-5446 x201

azcend.org

Dignity Health

Children's dental clinic, immunization clinics, vision and hearing clinics for children, Healthier Living Self-Management

Children's Dental 480-292-8728

Hearing & Vision 480-728-3140

Immunization Clinic 480-728-3777 (Spanish)

480-728-2004 (English)

Healthier Living Workshops 480-728-2376

dignityhealth.org

Southwest Behavioral & Health Services

Counseling services, case management, Child and Family Team Meetings, resource development, and community outreach.

480-820-5422 | 602-265-8338

www.sbhservices.org

Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health foods, community referrals

602-506-9333

maricopa.gov/1491/Women-Infants-Children-WIC

Abuse, Adult & Children

9-1-1

Adult Protective Services

Services to protect adults from abuse, neglect, or exploitation.

1-877-767-2385

Speak Up AZ

Raising awareness of adult abuse, neglect, and exploitation in Arizona.

speakupaz.org

Arizona Department of Child Safety

Report suspected child abuse, neglect, exploitation, or abandonment

1-888-767-2445

dcs.az.gov/

Winged Hope

Assistance with treatment of child abuse or domestic violence

480-757-7030

wingedhope.org

Adoption/Foster Care

Aid to Adoption of Special Kids

Connecting children in foster care to mentors, creates families through adoption and foster care

602-254-2275

aask-az.org

ASA Now

Respite care, therapeutic programs, and support for foster families and caregivers

623-428-1592

asanow.org

Boost a Foster Family

Offering assistance to unlicensed Kinship Foster Families in need

480-298-5665

boostafosterfamily.org

Child Crisis Arizona: Family Resource Center, Adoption, Foster Care

Education classes, foster care and adoption services

480- 834-9424

childcrisisaz.org/

Eagle Pathway

Aging out of foster care

480-225-6664

eaglepathway.wixsite.com

Foster Care & Adoption - Arizona's Children Association

Train and support foster care families; provide adoption services

800-944-7611

arizonaschildren.org

Foster Arizona

Young Adult Housing Program, Kids Connection Program, Foster Cooperative, Educational Videos

480-369-0377

fosterarizona.org

Helen's Hope Chest

Clothes, personal hygiene items, school supplies, & baby items for children in foster care

480-969-5411

helenshopechest.org

Jose's Closet

Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families

480-309-1743

480-313-8496 (For emergency foster placements and benefactors)

josescloset.org

LDS Family Services: AZ Mesa LDS Family Services Office

1-800-453-3860 x 2-1711

480-968-2995

providentliving.churchofjesuschrist.org

Alcohol and/or Drugs

Addiction Centers

Locate addiction centers

844-994-1177

addictionresource.net

ASAP - Adolescent Substance Abuse

Outpatient program for teens (12-18) who are seeking treatment of substance abuse

602-434-0249

asapaz.com

Community Bridges 24/7

Crisis mobile teams, inpatient/outpatient opioid & mental health treatment

877-931-9142

communitybridgesaz.org



Celebrate Recovery

Recovery ministry
480-632-8920
sunvalleycc.com

Dynamic Living Counseling

Counseling, classes and treatment services
602-277-2112
dynamicliving.net/

Gilbert Youth & Adult Resources

Comprehensive counseling program
480-635-7701
gilbertaz.gov

Hope for Addiction, Inc.

Weekly meetings, mentorship, transition support and practical tools
480-782-0403
[Addiction Recovery | Hope for Addiction](http://AddictionRecovery|HopeforAddiction)

Pathways Program for Teens & Young Adults

Rehab treatment center
877-921-4050
thepathwayprogram.com

Recovery

Find addiction treatment centers in Arizona
602-837-3588
addictions.com

Salvation Army Adult Rehabilitation Center

Residential recovery program
602-256-4500 | 602-267-4100
phoenixarc.salvationarmy.org

Teen Challenge of Arizona

Faith-based solutions for youth, adults and families struggling with life controlling problems.
800-346-7859
tcaz.org

Other Resources

[Parent's Guide to Fentanyl!](#)
[Protecting Children from Online Drug Dealers](#)

Animals: Stray or Injured/ Animal Cruelty/Placement

Angels for Animals

Providing financial assistance and free veterinary services
angelsforanimals.org

Arizona Pet Project

Connecting our vulnerable community members in crisis with services and resources to prevent the unnecessary surrender of their pets.
602-882-8627
info@azpetproject.org
azpetproject.org

HALO Animal Rescue

Adoptions and rescues
602-971-9222
halorescue.org

Arizona Humane Society

Rescue & adoptions
602-997-7585 x134
azhumane.org

Maricopa County Animal Care & Control

A public animal shelter committed to finding good outcomes to lost, surrendered, & stray dogs
602-506-7387
maricopa.gov/pets

Pet Housing Help AZ

Supporting Pets and People Facing Housing Insecurity
PetHousingHelpAZ.org

Red Rover

Bringing animals and their people from crisis to care

916-429-2457

info@redrover.org

Redrover.org

The Pet Fund

Providing financial assistance to pet owners

Thepetfund.com

Injured Wildlife

East Valley Wildlife

Bird, including ducks; small mammals

480-814-9339

EastValleywildlife@gmail.com

eastvalleywildlife.org

Fallen Feathers

Helps orphaned, lost, and injured wild birds

623-533-2348

fallenfeathers.org

Liberty Wildlife

Birds, mammals, reptiles, amphibians

480-998-5550

libertywildlife.org

Southwest Wildlife

Large Native Arizona mammals

480-433-5656

southwestwildlife.org

Wild at Heart – Raptor Rescue Organization **24/7**

A rescue, rehabilitation, and release center for birds of prey in Arizona

480-595-5047

Info@WildAtHeartOwls.org

wildatheartraptors.org

Veterinary Emergency Group

Sick or injured waterfowl

480-845-0229

veterinaryemergencygroup.com

Benefits

Arizona Health Care Cost Containment System (AHCCCS)

Medical insurance coverage

602-417-7100 Application: 855-432-7587

des.az.gov

Arizona Long Term Care System (ALTCS)

Medicaid program to help seniors and disabled individuals afford health care

602-417-6600

altcs.com

DES Childcare Assistance

Financial aid for child-care assistance

602-542-4248 | 1-800-308-9000

des.az.gov

Medicare

Health care assistance for 65+

1-800-772-1213 | TTY 1-800-325-0778

ssa.gov

Nutrition Assistance

(formerly Food Stamp program)

Supports families to prevent under-nutrition

1-855-432-7587

des.az.gov

Social Security Disability (SSI/SSDI)

Benefits to disabled adults and children

1-800-772-1213 | TTY 1-800-325-0778

socialsecurity.gov

Social Security (retirement)

Retirement financial benefits

1-800-772-1213 | TTY 1-800-325-0778

ssa.gov

DES Cash Assistance

Temporary cash assistance to meet basic needs

1-855-432-7587

des.az.gov

Women, Infants and Children (WIC)

Nutrition program, supplemental foods & referrals for pregnant, breastfeeding and postpartum women, infants & children under 5

1-800-252-5942
azdhs.gov/azwic

Child/Teen Services

A New Leaf, Inc. Childcare

After school programs
480-832-9268
turnanewleaf.org

Big Brothers Big Sisters

Mentoring program for 6-18
602-264-9254 | TTY 1-800-367-8939
bbbsaz.org

Boys Town National Crisis Hotline

Provide information, guidance, and expertise
800-448-3000
boystown.org

Chandler-Gilbert YMCA

Sports, childcare, community programs
480-899-9622
valleymca.org

Child & Family Resources

Accessible programming that helps parents be the best they can be and allows children to thrive
888-241-5002
valleymca.org

Florence Crittenton Services of Arizona

Provides emergency shelter, residential housing, healthcare, education counseling, and social support to girls and young women, ages 10-25
602-274-7318 | TDD 602-288-4551
flocrit.org

Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance
480-813-2020
bgcaz.org

HomeBase Youth Services – Homeless Youth

Housing program is open to individuals of all ethnicities with specialized communities for homeless youth.
602-263-5531
nativeconnections.org

notMYkid

Education programs-substance abuse, bullying, internet safety and more
602-652-0163
notmykid.org

Teen Lifeline, Inc. 24/7

Suicide counseling
800-248-8336 | 602-248-8336
teenlifeline.org/

Child Care/After School Care

Chandler School District –Child Care

Childcare for ages 0-5, Kids Express before and after school care for grades K-8
480-812-7000
cusd80.com

Child Care Resources & Referral

Resource to find quality childcare near you
1-800-308-9000
arizonachildcare.org

East Valley JCC

Early learning center for all, school break camps, and preschool
480-897-0588
evjcc.org

Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance

480-813-2020

bgcaz.org

Gilbert Public Schools – VIK

Before & after school programs K-6th grade, full day programs ages 3-5 yrs old, summer programs

480-892-9089 x0

gilbertschools.ce.eleyo.com

Gilbert Public Schools-ToyBox

Early education child care program for ages 3-5

480-373-5569

gilbertschools.ce.eleyo.com

Higley School District – Kids Club

Before/After, summer & school break programs ages 3-12

480-279-7055

husd.org

Counseling Services

A New Leaf, Counseling Service

Counseling center for children and youth

480-969-4024

turnanewleaf.org

Center for Compassion

Psychotherapy & grief counseling

480-530-6441- Call or Text

info@thecenterforcompassion.com

thecenterforcompassion.com

Childhelp 24/7

For children affected by child abuse

480-922-8212 | 1-800-422-4453 National 24/7

childhelp.org

Family Service Agency Counseling

Out-patient behavioral health clinic

602-264-9891

fsaphoenix.org

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov

Jewish Family & Children's Services

Counseling & behavioral health services

602-279-7655

jfcsaz.org

Valle Del Sol

Adult, youth and family counseling

602-258-6797

valledelsol.com

Dental Services

US Dental Services

Offering low cost and free dental care

<https://www.usdentalservice.com/state/arizona/>

Dignity Health Children's Dental Clinic- Gilbert

Providing preventative dental services and oral health education at no cost to qualifying patients

480-292-8728

dignityhealth.org

Dignity Health Screenings

Free dental screenings for expectant mothers, babies, and children through age 5

480-782-5709

dignityhealth.org

Domestic Violence & Sexual Abuse

24-Hour DV Hotline

480-890-3039 or 1-844-SAVEDVS
dvstop@turnanewleaf.org

A New Leaf/ Autumn House Domestic Violence Shelter

Refuge from abuse and violence
480-890-3039
turnanewleaf.org

AZ Coalition to End Sexual & Domestic Violence

Helpline, education, resourcing
602-279-2900 or
1-800-799-7233 | TTY 1-800-787-3224
acesdv.org

CeCe's Hope Center

*Improving the lives and future of 18-30 year old
female victims of sexual abuse by bridging the
gap in available services and support*
480-625-7044
cecescenter.org

Chrysalis Shelter 24/7

*Includes shelter, transitional housing, adult and
child counseling, court victim advocacy and
offender treatment for women, men and children.*
602-944-4999 24/7 | 602-955-9059
noabuse.org

CAAFA

*Emergency shelter, support groups, legal
advocacy, case management, sexual assault
victim advocacy*
480-890-3039 (hotline)
480-982-0205 (business related needs)
turnanewleaf.org

Domestic Violence Support/Shelter

Shelter search, answers to DV questions
domesticshelters.org

DOVES – 50+

Helps victims of late-life (ages 50+) DV
602-264-2255
aaaphx.org

Fresh Start Women's Resource Center

Education, resources and support for women
602-252-8494
freshstartwomen.org

Gilbert Youth & Adult Resources

*Comprehensive counseling program for Gilbert
youth and families*
480-635-7701
gilbertaz.gov

Mesa Family Advocacy Center

*On-scene crisis intervention from trained Victim
Services personnel; medical attention is provided
on-site to physical and sexual assault victims*
480-644-4075
mesafamilyadvocacycenter.com

My Sister's Place -DV Shelter

Domestic violence shelter
480-821-1024
catholiccharitiesaz.org

National Domestic Violence Hotline

800-799-7233 | TTY 1-800-787-3224
thehotline.org

Starbright Foundation

*Rescue children and young adults from human
sex trafficking and abusive/dangerous
environments*
925-487-2261
starbrightfoundation.org

Winged Hope

Assistance with treatment of domestic violence
480-757-7030
Wingedhope.org

Woman Shelters

Listings of shelters, transitional housing, residential treatment centers and women's residential services.

womenshelters.org

Lost our Home Pet Rescue

Provides up to 90 days of complete care for pets when their pet parents experience a life hardship and are unable to care for them temporarily.

lostourhome.org

Drugs

See "Alcohol and/or Drugs" on page 5.

Eating Disorders

Healthy Futures-Scottsdale

Offers the utmost professional and comprehensive treatment for those with eating disorders

480-451-8500

healthyfuturesaz.com

Rosewood Ranch – Tempe

General counseling, nutrition, and psychiatric services for eating disorders

480-741-4871

rosewoodranch.com

Education Resources - Adult & Youth

Arizona Department of Education

High quality educational opportunities to all

602-542-5393 | 1-800-352-4558

azed.gov

Arizona Kids Think Too

Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more

602-441-2443

azkidsthinktoo.org

Arizona Literacy and Learning Center, Inc.

Help children and youth who have literacy / dyslexia and other language-based disorders

602-212-1089

mightycause.com

Advocacy 3Inine

Educational support for students in foster care and tutoring program.

480-757-4100

advocacy3Inine.org

Chandler-Gilbert Community College

Empowers students to unlock their full potential through inclusive learning opportunities and community engagement.

480-732-7000

cgc.edu

Child Crisis Arizona

The Family Education Program offers workshops, classes, support groups, legal clinics, and family-friendly activities. All these programs center around teaching positive parenting skills that build strong families.

480-834-9424

childcrisis.org

Dress for Success

Empower women to achieve economic independence by providing a network of support, professional attire and the development tools

602-489-7397

dfsphoenix.org

First Things First

Healthy development and learning of young children 0-5

602-771-5100 | 1-877-803-7234

azftf.gov

Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

freshstartwomen.org

Friendly House

Early Childhood Development, Adult Education, Workforce Development, Family Immigration Services, Homecare for Seniors /Physically Disabled, Parent Education & Drug Prevention, Emergency Supportive Services

602-257-1870

friendlyhouse.org

Fusion You

Mentorship of a certified life coach and skilled processors

480-646-6598

houseofclayaz.com

GPS-Parent University

Empower families to raise children to be safe and successful in school and life.

480-497-3300

gilbertschools.net

Healthy Families Arizona

Resources for families

dcs.az.gov

HD-South – Home of the Gilbert Historical Museum

Offering free and low-cost community programming for all ages, focusing on art, history, health & wellness, music, literature, and science.

480-926-1577

hdsouth.org

Junior Achievement of Arizona

Money management skills

480-377-8500

jaaz.org

New Directions Institute for Infant Brain Development

Provides parents and caregivers with training and tools for optimal development

(602) 371-1366

cpfamilynetwork.org

Positive Paths for Women

Providing scholarships, mentoring and professional development for East Valley women

(480) 788-0615

positivepathsaz.org

Southeast Regional Library

Storytime, baby time and more

602-652-3000

mclidaz.org

Perry Branch Library

Storytime, baby time and more

602-652-3000

mclidaz.org

Southwest Human Development

Child development, early literacy, disability services

602-266-5976

swhd.org

Emergency/Crisis

9-1-1

Stop a crime! Report a fire! Save a Life!

9-8-8

Suicide & Crisis Lifeline

Adult Protective Services

1-877-767-2385 | 602-542-4446

des.az.gov

Department of Child Safety

1-888-767-2445 | TDD 602-530-1831

dcs.az.gov

Gilbert Police Non-Emergency

480-503-6500

gilbertaz.gov/police

Maricopa CRISIS Line

602-222-9444

crisisnetwork.org

Teen Lifeline

602-248-8336

Starbright Foundation for Abused Children

Housing for victims of trafficking and child abuse

480-371-3381

starbrightfoundation.org

Veteran Crisis Line

988 (press 1)

Urgent Psychiatric Care (UPC) **24/7**

Adult only 24 hr emergency/crisis psychiatric care

602-416-7600

connectionsarizona.com

Employment Services

Allied Forces-Temp Services

Match job seekers with the right client company that fit their skillset & experience.

855-423-8367 | (480) 649-6004

alliedforces.com

Arizona Women's Education & Employment

Connect clients with better jobs

602-601-7200

awee.org

Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

freshstartwomen.org

Goodwill Career Center

Career services free of charge

602-535-4444

goodwillaz.org

Maricopa Workforce Connections

Job placement, skills assessments, job training, career counseling and resume development.

602-372-9700 | 602-506-5911

arizonaatwork.com

St. Joseph the Worker

Assist homeless, and disadvantaged individuals in their efforts to become self-sufficient through quality employment.

844-SJW-JOBS | 844-759-4627

sjwjobs.org

Food/Clothing

AZCEND

Emergency & supplemental food boxes

480-963-1423

azcend.org

City Hope

Food bank, hygiene, and clothing

480-686-8408

cityhopeaz.org

Child Crisis Arizona

Resource Distribution Center

Assists in providing daily living necessities for homeless students, families in transition, victims and children of domestic violence.

602-926-9155

childcrisisaz.org

Friendly House

Food boxes, hygiene boxes

602-257-1870

friendlyhouse.org

Gilbert Senior Center Meals

On-site daily lunch program

480-503-6061

gilbertaz.gov

House of Refuge

Certified food bank for the public

480-988-9242

houseofrefuge.org

Matthew's Crossing Food Bank

Emergency and supplemental food boxes

480-857-2296

matthewscrossing.org

Midwest Foodbank

Food distribution center to non-profits.

480-892-0134

midwestfoodbank.org

Open Arms Care Center

Supplemental food & clothing

480-539-0175

openarmscc.com

One Small Step

Providing free clothes to people in need

480-285-4111

onesmallstep.org

Paz de Cristo

Nightly meal service, food boxes, showers, clothing bank, clothing vouchers, hygiene.

464-2370

pazdecristo.org/

Salvation Army – Chandler Corp

Food pantry and meal program

480-963-2041

salvationarmyusa.org

St. Anne's Friends of the Needy

Food, clothing toys, household appliances

480-507-4400

stanneaz.org

St. Mary's Food Bank Alliance

Food distribution warehouse to agency partners

602-242-3663

firstfoodbank.org

St. Vincent de Paul

Dining rooms, clothing distribution

602-261-6886 | 602-266-4673

stvincentdepaul.net

United Food Bank

Food distribution warehouse to agency partners

480-926-4897

unitedfoodbank.org

Vineyard Community Church

Clothing and food boxes

480-892-5828

vineyardaz.com

Functional/Special Needs

Ability360

Programming to empower people with disabilities

602-256-2245

Ability360

ACCEL Adult Services

Adult programs provide lifelong education and vocational training for individuals over the age of 18 with developmental disabilities

602-997-2331

accel.org

Arizona Autism United

Services for children with autism and their families

602-773-5773

azaunited.org

AZ Center for the Blind & Visually Impaired

Promoting resourcefulness, independence, dignity and employability

602-273-7411

acbvi.org

AZ Commission for the Deaf & Hard of Hearing

Referral center for issues related to people with hearing loss

TTY 800-352-8161 | Voice 602-542-3323

acdhh.org

AZ DES – Services for Blind, Visually Impaired and Deaf

Assist individuals to achieve employment

des.az.gov

AZ Council Spinal & Head Injuries

Resources and information

602-774-9148

headspineaz.org

Arizona Relay Service 7-1-1

Assists in connecting deaf, hard of hearing, deaf-blind or have difficulty speaking to whom they need to reach

602-542-3323

TTY 1-800-367-8939 | Voice 1-800-842-4681

azrelay.org

Autism Society of Greater Phoenix

Mentoring, support groups, advocacy

480-940-1093

phxautism.org/

Autism Speaks

Resources for programs and services

888-288-4762

autismspeaks.org

A Brighter Avenue

Therapies, early autism programs, in home services

480-474-4173

abrighteravenue.org

AZ HBS- Home Based Services

Habilitation, respite and attendant care

480-351-9479

Azhbs.com

Best Buddies International

Leadership development and living, jobs and friendships for people with intellectual and developmental disabilities.

602-253-6301

bestbuddies.org

Brain Injury Alliance

Helping to improve the quality of life for everyone impacted by brain injury.

1-888-500-9165

biaaz.org

Chandler Gilbert ARC

Teaching and support to individuals with intellectual and developmental disabilities

480-892-9422

cgarc.org

Civitan Foundation

Respite, habilitation, attendant care, day treatment for adults, home and community-based services, group supported employment and recreational events Transportation is offered to and from services.

602-953-2944

civitanfoundationaz.com

Cornerstone Healthcare Inc.

In home service provider

1-800-743-8013

cornerstonehealthcareaz.com/

DES-Developmental Disabilities

Support and services for eligible people who

1-844-770-9500

des.az.gov

Down Syndrome Network of Arizona

Programs serve all age groups in the Down syndrome community.

480-759-9150

dsnetworkaz.org

Foundation for Blind Children

Education, tools and services to those with vision loss

602-331-1470 | 602-678-5800

seeitourway.org

Gilbert Adaptive Recreation Program

Programs and activities for 14+ with adaptive recreation needs

480-503-6270

gilbertaz.gov

Marc Community Resources Inc.

Educational, therapeutic, rehabilitation and social services to children & adults with developmental, physical disabilities and behavioral health challenges

480-969-3800

mightycause.com

Moneygeek

Homeownership and modification options for individuals with disabilities

moneygeek.com

Parenting Special Kids Network

Parents of children with disabilities of all ages get support, access to resources, and personalized assistance to ensure their children receive the services they need to thrive.

480-201-3375

jeff@psknetwork.org

parentingspecialkidsnetwork.org

Raising Special Kids

Support, training, information and assistance so families can become advocates for their children with disabilities.

602-242-4366

raisingspecialkids.org

Smiles for Special Needs

Respite, habilitation and attendant care

480-361-1972

smilesforspecialneeds.com

Southwest Autism Research and Resource Center

Clinical, school-based, and employment-based autism programs and services

602-340-8717

autismcenter.org

Southwest Human Development

Developmental assessments, inclusion program, assistive technology, autism services and more

602-266-5976

swhd.org

Valley Center of the Deaf

Provide services to help live independently

602-267-9121 | TTY 602-267-9122

vcdaz.org

Grief & Loss

GriefShare

Support for grief journey after loss of a loved one

480-600-8352

griefshare.org

Hospice of the Valley

For adults or teens who have suffered a loss

602-530-6900

hov.org

MISS Foundation

For those who have lost a child

1-602-279-6477

missfoundation.org

Mesothelioma Grief Counseling

Cancer caused by inhaled asbestos fibers.

asbestos.net

New Song Center for Grieving Children

Support groups and activities for children, teens or young adults who have lost a loved one

480-951-8985

hov.org

Stepping Stones of Hope

Support groups and camps for kids, teens, adults and families who have lost a loved one

602-264-7520

steppingstonesofhope.org

Health: Low/No Cost

Adelante Healthcare, Inc.

Primary medical care for the whole family, including family and internal medicine, pediatrics, dental and on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance.

877-809-5092

adelantehealthcare.com

Affordable Health Insurance

Access to the best and most affordable health care options in Arizona

affordablehealthinsurance.com

Arizona Health Care Cost Containment System (AHCCCS)

Medicaid agency that provides medical insurance and health care programs

602-417-7100 | 1-800-334-5283

azahcccs.gov

Chandler Care Center

Provides free medical, dental, counseling and social services for children and families

480-812-7900

Dignity Health-Gilbert

Immunization clinics, vision and hearing clinics for children, Healthier Living Self-Management

Hearing & Vision 480-728-5602

Immunization Clinic 480-728-2004 (children)

480-728-3777 (adults)

480-728-2376

Workshops

dignityhealth.org

Dignity Health-Chandler Regional

Child safety, Heart health and Motherhood classes.

480-728-3000

dignityhealth.org

Desert Mission Medical Services

Adult day healthcare senior enrichment programs

602-807-6374

desertmission.com

Medical Loan Closets

Durable medical equipment (canes, walkers, wheelchairs, etc.)

Ability360 602-296-0536

Aster Aging 480-964-9014

AZPVA 602-244-9168

Catholic Charities 602-997-6105

St. Vincent de Paul 602-261-6896

Mission of Mercy-MOM

Free primary medical care and prescription medications for uninsured patients

480-758-8343

momaz.org

Oak Street Health

Doctors for adults on Medicare

480-887-9816

oakstreethhealth.com

Hospitals: Medical

Banner Desert Medical Center

480-412-3000

bannerhealth.com

Banner Gateway Medical Center

480-543-2000 | 855-256-6444

bannerhealth.com

Banner Heart Hospital

480-854-5000

bannerhealth.com

Banner Children's at Desert

480-412-5437

bannerhealth.com

Chandler Regional Medical Center

480-728-3000

dignityhealth.org

Mercy Gilbert Medical Center

480-728-8000

dignityhealth.org

Phoenix Children's Hospital

602-933-1000

phoenixchildrens.org

Phoenix ER Medical Hospital (Chandler)

480-284-5867

phoenixERhospital.com

Hospitals: Psychiatric

Aurora Psychiatric 24/7

877-870-7012 24/7 | 480-345-5420

auroraarizona.com

Banner Behavioral Health

480-448-7500

bannerhealth.com

Community Bridges Inc. 24/7

480-962-7711 or 877-931-9142

communitybridgesaz.org/

Copper Springs East 24/7

480-667-5500

coppersprings.com

Mind 24/7 – 24/7

Walk in available for behavioral health services

1-844-Mind247

<https://www.mind24-7.com/>

Oasis Behavioral Health Hospital

480-917-9301

obhhospital.com

Quail Run Behavioral Health 24/7

(8-11/adults)

602-455-5700

quailrunbehavioral.com

St. Luke's Behavioral 24/7

602-251-8535 | 1-800-821-4193

stlukesbehavioralhealth.org

Urgent Psychiatric Care (UPC) 24/7

walk in

602-416-7600

connectionsarizona.com

Housing Repair

Ability360

Home modification program assisting people with disabilities

602-256-2245

Ability360.org

Habitat for Humanity

Builds and improves homes for individuals & families

602-268-9022

habitatcaz.org

Homes for Single Moms

Help single mother homeowners manage & maintain their homes with support, resources, education and maintenance

homesforsinglemoms.org/

Home Safety Evaluations

Town of Gilbert Fire and Rescue

480-503-6300

gilbertaz.gov

Rebuilding Together

Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities

480-774-0237

rtvos.org

Town of Gilbert - Emergency Home Repair Program

Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.

480-503-6277

gilbertaz.gov

Housing -Transitional & Rent Assistance

Affordable Rental Movement of Save the Family

Transitional housing and supportive services for homeless families with children; rent assistance

480-898-0228

savethefamily.org

Arizona Housing, INC.

Provides quality affordable housing coupled with comprehensive supportive services

602-228-7832

azhousinginc.org/

Neighborhood Assistance Services AZCEND

Rent & Utility assistance

480-963-1423, x126

azcend.org

Freedom & Liberty House

Short and long-term transition homes for at-risk single moms and children

480-782-0403

ahometodwell.com

House of Refuge

Providing safe, stable transitional housing to families experiencing homelessness. Must qualify (not emergency shelter)

480-988-9242

houseofrefuge.org

Salvation Army – Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041

arizona.salvationarmy.org

Other Resource Guides:
publicservicedegrees.org

Immigration Services

MP legal services LLC

Prepares legal documents

602-715-3329

mplegalservicesaz.com

Sanchez Immigration

Practices federal immigration and nationality law

480-275-2407

topratedimmigration.com

The Widow's Mite

Assists African refugees

facebook.com/widowsmiteaz/

Translation AZ

Professional translation services for all languages

1-800-620-4789

translationaz.com

Legal

AZ Coalition to End Sexual and Domestic Violence (ACESDV)

Legal Advocacy Hotline

602-279-2900 | 800-782-6400

TTD/TTY 602.279.7270

acesdv.org

Community Legal Services

Legal services to lower income eligible residents experiencing legal problems

480-833-1442 (EV) | 602-258-3434 (Phxz0

TTY 602-254-9852

clsaz.org

Family Legal Assistance Program (FLAP)

Free or reduced fee legal help for those who qualify

602-506-7948

azlawhelp.org

State Bar of Arizona

Resources on finding a lawyer, legal help and education

602-252-4804

azbar.org

VITA-Volunteer Income Tax Assistance

Taxes prepared for free

480-969-8601

mesaunitedway.org

Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ)

GLSEN

Community connections & crisis assistance

602-705-9780

glsen.org

Greater Phoenix Gay & Lesbian Chamber of Commerce

Supports an inclusive business environment

480-648-9423

equalitychamber.org

One-N-Ten

Serves youth and young adults ages 11-24.

602-400-2601 or 602-279-0894

onenten.org

Phoenix Pride

Promotes unity, visibility and self-esteem through programs

602-277-7433

phoenixpride.org

Teen Lifeline

24 hr service with trained peer counselors

602-248-8336

teenlifeline.org

Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

thetrevorproject.org

Mental/Behavioral Health

AZ Teen Crisis Solutions

623-879-9600 | Crisis Text 741741

Community Bridges 24/7

Crisis stabilization services and emergency interventions

877-931-9142

communitybridgesaz.org

EMPACT

Mobile crisis support, case management and trauma healing program

1-800-273-8255

suicidepreventionlifeline.org

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/police

Hushabye Nursery

Providing short-term medical care to infants suffering from neonatal abstinence syndrome

480-628-7500

hushabyenursery.org

IMHR Epicenter Phx (ages 15-35)

Therapy, education, support and medicine management

602-321-5738

Jewish Family & Children Services

Counseling & behavioral health services, substance abuse counseling and recovery

480-820-0825 | 602-279-7655

jfcsaz.org

Valleywise Health

Connect to behavioral health, substance use and crisis care services

602-344-5011 | 1-833-855-9973

valleywisehealth.org

Mind 24/7 -24/7

Walk-in mental health care to patients in minutes

844-646-3247 (call or text)

mind24-7.com

NAMI Valley of the Sun office

Advocates for access to services, treatment and education programs

602-244-8166

namivalleyofthesun.org

Redemption Psychiatry & Counseling

Outpatient group to provide mental health treatment to children, teens and adults in the East Valley

480-471-8560

redemptionpsychiatry.com

Resilient Health

Youth, individual, family and group counseling for mental health and substance use challenges with an emphasis on trauma-responsive treatments.

877-779-2470

resilienthealthaz.org

San Tan Behavioral Health

Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs

480-507-3644

santanbhs.com

Semicolon Society

Free mental health education/suicide prevention support, events and resources

www.semicolonsociety.org

Southwest Behavioral & Health Services

Providing integrated behavioral & health services to children, adolescents and adults
480-820-5422 | 602-265-8338
sbhservices.org

Military/Veterans

American Red Cross

Supports military families during deployments and emergencies
602-336-6660
redcross.org

Military/Veterans Crisis Line

Connect with a qualified responder
988 press 1
602-277-5551 Phx VA Health Care
veteranscrisisline.net

Military OneSource

Assistance in preparing for deployment, homecoming and reintegration
800-342-9647
militaryonesource.mil

Military.com

Guard and reserve family resources for deployment, benefits and support available
military.com

Project Sanctuary

Supports military families and assists with reintegration
720-561-9193
projectsanctuary.us/

Rally Point Arizona

Veterans helping veterans and their families with suicide prevention
480-784-1514 | 1-855-725-5948
rallypointaz.org

Veterans 5-9 (after hours support)

Helping to create 24/7 veteran support
480-498-8700
veterans5-9.com

Veteran's Affairs Health Clinic-Gilbert

Primary health care, psychiatry, psychology dermatology, gastroenterology and rheumatology.
480-397-2800
va.gov

Veterans Hospital

Health care services, dental, nutrition, and mental health services
602-277-5551
phoenix.va.gov

Pets

Angels for Animals

Providing financial assistance and free veterinary services
angelsforanimals.org

Arizona Pet Project

Connecting our vulnerable community members in crisis with services and resources to prevent the unnecessary surrender of their pets.
602-882-8627
info@azpetproject.org
azpetproject.org

Red Rover

Bringing animals and their people from crisis to care
916-429-2457
info@redrover.org
Redrover.org

The Pet Fund

Providing financial assistance to pet owners
Thepetfund.com

Pet Housing Help AZ

Supporting Pets and People Facing Housing Insecurity

PetHousingHelpAZ.org

Pregnancy

Choices Pregnancy Center

Free consultations, ultrasounds, pregnancy tests and pregnancy information

480-733-2740

choicesaz.org

Hope Women's Center

Safe haven for at-risk women and girls

480-983-4673 (AJ) | 602-715-0999 (Phx)

hopewomenscenter.org

Maggie's Place

House of hospitality for pregnant and parenting women in need

602-262-5555

maggiesplace.org

Pregnancy Care Center

Free pregnancy testing, options counseling, ultrasounds, referrals and resources. PCC does not provide or refer for abortions.

480-374-2994

pccchandler.com

Recovery Centers

A Better Today Recovery Services

Resources to help find substance abuse treatment.

1-888-906-0952

abtrs.com

Buena Vista Health and Recovery

Medically managed residential and inpatient Arizona addiction treatment campus specializing in drug rehab and alcohol rehab

1-800-922-0095

buenavistarecovery.com

Community Bridges, Inc.

Crisis stabilization services are emergency interventions that can last up to a maximum of 23 hours.

(877) 931-9142

Communitybridgesinc.org

Pathway Program

Teen/ Young Adult support groups, parent support group, intensive outpatient treatment, residential treatment.

1(877)-921-4050

thepathwayprogram.com

Renaissance Recovery Center

To help the addicted and afflicted heal through evidence and faith-based solutions.

480-526-7738

renaissancerecoverycenter.com

Seniors

About Care, Inc.

Transportation, respite care, minor repairs, shopping & errands, wellness checks and enhanced managed care

480-802-2331

aboutcare.org

Ability360

Removal of architectural barriers in the homes of residents with disabilities.

602-256-2245

Ability360

Alzheimer's Association

Education and support to caregivers, patients, and families

602-528-0545

alz.org

Area Agency on Aging

Advocate for older adults and senior help line.

602-264-2255 | TTY/TDD 602-241-6110

aaaphx.org

Arizona Assisted Living Facilities & Senior Care

Senior placement organization to help families find safe care options

866-560-5656

carepatrol.com

Assisted Living Locators

480-818-6515

Karen.advocacy@gmail.com

Aster Aging

In home support, referral & care information

480-964-9014

asteraz.org

AZ Medicare Plans

Medicare resource center counselors, advocates, and educators.

medicareplans.com/arizona/

Chandler Senior Center

Recreational, social and support services including an on-site hot lunch program

480-782-2720

chandleraz.gov

East Valley Dial-a-Ride

ADA transportation for those unable to use the local bus service due to a disability

602-253-5000

valleymetro.org

East Valley Senior Home Sharing

Matching older adults as roommates

480-389-1284

info@evseniorhomesharing.org

evseniorhomesharing.org

ElderConnect

Access to a Free tablet to use for games, video calling, messaging, watching movies, and more. No Wi-Fi needed.

Contact regina.walsh@aaaphx.org

Gilbert Community Center-Home of Senior Center

On-site daily lunch program, classes, activities and health presentations.

480-503-6061

gilbertaz.gov

Meals - Home Delivered

Hot meal is delivered to homes Monday-Friday

602-264-4357

aaaphx.org

Mercy Housing Southwest – Page Commons Resident Services

Low income senior housing 55+.

480-813-4609

mercyhousing.org

National Council on Aging (NCOA)

Tools, resources, and best practices for the aging

ncoa.org

Senior Help Line

24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc.

602-264-4357

aaaphx.org

Shelters: Homeless

Centralized Screening for Homeless Individuals and Families

Singles	602-759-5356
Families	602-595-8700
Domestic Violence	480-890-3039
Youth	602-271-9904
Veterans & Veteran Families	602-248-6040

Central Arizona Shelter Services (CASS)

Family and individual housing program.

602-256-6945

Child Crisis Arizona (ages 0-11) 24/7

Provides emergency shelter to children.

480-834-9424

childcrisisaz.org/

Family Housing Hub

Providing emergency shelter and housing resources for those in Maricopa County

2-1-1 or 877-211-8661

fhhub.org

Family Promise

Emergency shelter and social services that help families move toward independent housing and self-sufficiency.

(480) 659-5227

familypromiseaz.org

HomeBase Youth Services – Homeless Youth

Housing program is open to individuals of all ethnicities with specialized communities for homeless youth.

602-263-5531

nativeconnections.org

Interfaith Homeless Emergency Lodging Program (I-HELP)

Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services.

480-963-1423x112

azcend.org

Maggie’s Place

House of hospitality for pregnant and parenting women in need over the age of 18.

602-262-5555

maggiesplace.org

Lost our Home Pet Rescue

Provides up to 90 days of complete care for pets when their pet parents experience a life hardship and are unable to care for them temporarily.

lostourhome.org

Special Needs

See “Functional Needs” on p. 14”

Suicide

9-1-1

Suicide & Crisis Lifeline 24/7

988

[Lifeline \(988lifeline.org\)](http://Lifeline(988lifeline.org))

American Foundation for Suicide Prevention

Provides resources and aid to those affected

Crisis text line TALK to 741741

Local chapter 480-262-1746

afsp.org

Beconnected- 24/7

Peer Support Specialists who offer support to service members, veterans and families

602-347-1100 | 866-429-8387

Crisis Response Network - 24/7

24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.

988

crisisresponsenetwork.org

EMPACT Suicide Prevention 24/7

Suicide Prevention Center

480-784-1500 | 1-800-273-8255

empact-spc.com

The Jason Foundation

School based curriculum, online staff development programs and parent seminars

1-888-881-2323

jasonfoundation.com

Mercy Care 24/7

Crisis intervention, support and referrals

844-534-4673

mercyare.org

Semicolon Society

Free presentations and support for suicide prevention and postvention
semicolonsociety.org

Teen Lifeline 24/7

Suicide counseling with trained peer counselors
602-248-8336
teenlifelineTeen.org

Terros Mobile Crisis Unit 24/7

Provides assessment, intervention, and connection to ongoing care resources. All services are available to everyone at no cost.
800-631-1314
terroshealth.org

The Hope Institute of CUSD

Suicide intervention services
480-770-1773
thehopeinstitute.net

Trevor Project 24/7

Crisis intervention and suicide prevention for LGBTQ youth
866-488-7386
thetrevorproject.org

Support Groups

Al Anon/Alateen 24/7

Support for family members and teens who are worried about someone with a drinking problem
480-969-6144
al-anoneastvalley.org

Alcoholics Anonymous 24/7

Meetings for those who have had a drinking problem
480-834-9033
aaphoenix.org
amesaaz.org

Alzheimer's Association

Support individuals, families, care partners and communities affected by dementia.
1-800-272-3900
alz.org

Autism Speaks | East Valley Autism Network

Resources for programs and services
480-231-4214 |
eastvalleyautismnetwork.com

1-888-288-4762

autismspeaks.org

Hidden Heroes- Military Caregivers

Support for those caring for an injured service member
202-249-7172
hiddenheroes.org

Let's Go Recovery – East Valley

The opposite of addiction is connection
480-599-4551
lets Gorecovery.org

National Alliance on Mental Illness

Meetings of caregivers of individuals with a mental illness
480-994-4407
namiarizona.org/

Transportation

About Care

Transportation to medical, groceries and/or social appointments
480-802-2331
aboutcare.org

Aster Aging

In home support, referral & care information
480-964-9014
asteraz.org

East Valley Rides

Daily rides for the disabled

480-238-4270

eastvalleyrides.com

Dial-A-Ride

ADA transportation for those unable to use the local bus service due to a disability

602-716-2100

valleymetro.org

Ride Choice

Alternative transportation options for seniors (65 and older) and adults with disabilities. Must be pre-certified to use the service.

To Apply: 602-716-2100

For Rides: 602-716-2111

valleymetro.org

Valley Metro

Bus and rail information

602-253-5000

valleymetro.org

Maricopa Association of Governments

Help older adults and people with disabilities connect more quickly with transportation resources.

AZRideinfo.com

Utility Assistance

AZCEND Neighborhood Assistance Services (NAS)

Emergency financial and utility assistance

480-428-5446

azcend.org

Salvation Army – Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041 | 480-786-4093

salvationarmy.org

Southwest Gas – Low-Income Ratepayer Assistance (LIRA)

Qualified individuals receive a 30% reduction in monthly basic service charge

877-860-6020

swgas.com

SRP Economy Price Plan

Receive a monthly discount if qualified

602-236-8888

srpnet.com

Valleywise Community Health

Receive electric and gas assistance

480-344-6165 (Chandler) | 602-655-6206 (Mesa)

valleywisehealth.org

Veterans

See “Military” on p. 22

Volunteer Opportunities

Cultivate Goodness

Bridges the gap between volunteers and those in need by providing a variety of service opportunities, big and small.

cultivate-goodness.org

HandsOn Greater Phoenix

Coordinates volunteer opportunities

602-973-2212

handsonphoenix.org

Just Serve

Free service that links community volunteer needs with volunteers

justserve.org

Town of Gilbert

Offers a variety of volunteer opportunities for the community through town departments and non-profits serving Gilbert

gilbertaz.gov

Weekly Collective

Connecting volunteers with local organization where they can share their time, gifts, and resources to help support community programs

weeklycollective.org

Women and Girls

A New Leaf

Connect clients with better jobs

602-601-7215

turnanewleaf.org

Dress for Success

Empower women to achieve economic independence by providing a network of support, professional attire and the development tools

602-489-7397

dfsphoenix.org

Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

freshstartwomen.org

Girl Scouts – AZ Cactus Pine

Participate in activities that show them they can do anything

602-452-7000

girlscoutsaz.org

Helping Hands for Single Moms

Assist low-income single mom families as the mom attains post-secondary, financial independence

602-796-7875

helpinghandsforsinglemoms.org

Live and Learn

Economic empowerment program for women

602-583-7052

liveandlearnaz.org

Positive Paths for Women

Providing scholarships, mentoring and professional development for East Valley women

(480) 788-0615

positivepathsaz.org

Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health foods, community referrals

602-506-9333

maricopa.gov

Miscellaneous

Abandoned Ride-Share Bikes

LimeBike (Green and Yellow Bikes)

888-546-3345

support@limebike.com

Spin (Orange Bikes)

888-262-5189 (instant messaging available)

spin.pm

OFO (Yellow Bikes)

support@ofobike.com

Abandoned Shopping Cart

Arizona Food Marketing Alliance

1-800-THE-CART or 1-800-843-2278

afmaaz.org

Bees

For bees on private property, contact a bee removal service. If the bees are actively attacking, Call 9-1-1.

Funeral Assistance Program

Burial and cremation funeral assistance for the loss of a loved one.

maricopa.gov

Maricopa Government Directory

Parcel information, property taxes, permits, and access to all department information

www.maricopa.gov

Mosquitos

Information on how to control mosquitos and entities to contact for assistance

gilbertaz.gov

Phoenix Community ToolBank

Lends organizations tools for use in volunteer and community benefit projects

602-438-4005

phoenix.toolbank.org

Poison Control – 24/7

800-222-1222

azpoison.com/

Senior Guidance

Assisted living resources and other guides

- seniorguidance.org/assisted-living/arizona/
- www.toprehabs.com/alzheimers-dementia
- <https://www.memorycarefacilities.net/assisted-living/arizona/gilbert.html>
- <https://www.assistedliving.org/arizona/>
- <https://www.seniorhomes.com/assisted-living/hispanic-latinx-seniors/>

Silent Witness- 24/7

480-948-6377

silentwitness.org/

Stray/Feral Cats

Maricopa County Animal Control

602-506-7387

maricopa.gov

Roof Rats

Maricopa County Vector Control Office & Lab

602-506-0700

agriculture.az.gov