

Non-Profit Service Opportunities

07/01/2024

Organizations listed serve Gilbert residents in need

This is provided as an overview, however, please check directly with the organization for updates.

***LOCATED OR SERVES DIRECTLY IN GILBERT**

A New Leaf:

Provides housing and support services for individuals & families who are experiencing homelessness, domestic violence, or other crises.

<https://www.turnanewleaf.org/get-involved/volunteer/>

Phone: (480)969-4024

Email: volunteer@turnanewleaf.org

Ages: Most volunteer opportunities require a Fingerprint Clearance Card and a background check. Some will also require a 36-month clean driving record, TB test, or other specific qualifications/training based on placement.

- **Group Opportunities:**
 - Purchase, prepare, and serve a meal
 - Complete Indoor or outdoor maintenance
 - Plan holiday or special events
 - [Coordinate in-kind donation drives](#)
- **Mission: Community**
 - Scouting projects (ex. Eagle Scout, Girl Scout, or First Class)
 - Faith-based community programs (ex. Missionary volunteering)
 - Vocational & Rehabilitation Programs (ex. gain job skills, practice use of adaptive equipment)
 - Corporate or private organization partnerships (ex. company-sponsored opportunities)
- **Individual Volunteer Opportunities**
 - Direct Client Services- (Reception, Coaching)
 - Administrative Support- (Computer tasks, Clerical)
 - Professional Services – (Project Management, Trainer, Fundraiser, Facilities, etc.)
 - General Tasks- (Organizing, Sorting, Serving)
 - Volunteer Leadership
 - Special Projects
- **Internships**
 - Interns can engage in opportunities for academic credit, service learning, program study, capstone projects, and gaining valuable experience. All types of skills are needed.

Ability 360

Empowering people with all disabilities

<https://ability360.org/volunteer/>

Phone: (602) 655-9750

Ages: 18 years or older for peer mentor; 16 years an older for Sports and Fitness Center

Opportunities include:

- **Peer Mentor:** Trained volunteers who work with individuals to help them achieve their independent living goals.
- **Sports & Fitness Center:** Volunteers assist members and staff in order to provide the most optimal experience for participation and independence.
- **Ability360 Board of Directors:** Opportunities are available for individuals who have a strong belief in independent living and self-determination philosophy and a history of leadership and community advocacy.

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About Care *

Empowering independent living for Gilbert, Chandler, San Tan Valley and Queen Creek residents, especially those who are elderly & physically challenged.

<https://aboutcare.org/volunteer/>

Phone: (480) 802-2331

Email: ibaca@aboutcare.org

Ages: Applications accepted from high school students and up. A background check is required for all volunteers along with a brief interview/orientation.

Volunteers provide services free of charge to help our neighbors meet basic needs, reduce isolation, and remain independent in their homes.

Services include:

- Transportation – to medical and/or social appointments
- Friendly Visits
- Reassurance Phone Calls
- Minor Home Repairs
- Business Help
- Respite Care
- Fundraising
- Shopping and Errands

Advocacy 31nine

Advocate for the educational success of children impacted by foster care, kinship care, and adoption in Arizona.

[Advocacy31Nine – Advocacy For Children In Foster Care](#)

Phone: (480) 788-6015

Aid to Adoption of Special Kids (AASK)

Focuses on finding relationships for children in the AZ foster care system to ensure every child has someone who cares.

<http://www.aask-az.org/mentoring>

Phone: (602) 254-2275

Email: info@aask-az.org

Ages: Must be 19 and out of high school for at least one year to volunteer

Volunteers with the AASK mentoring program are matched with children and youth from two age groups, based on their personal interests and mentoring skills.

- Younger children (ages 9-15) - Become extended family for the child, joining them in fun activities, helping with homework or just being there when they need to talk.
- Older youth (ages 16-21) - Build a relationship with that youth, helping them develop essential life skills as they transition into adulthood.
- A mentor helps build the self-esteem and self-confidence of a child by sharing in accomplishments and milestones. A mentor encourages the development of new interests, aspirations and skills.

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- Sibling Connections program – those who are 18+ transport and chaperone siblings separated by the foster care system to regularly scheduled events. These events take place approximately once a month and we ask volunteers to commit to 4 events per year. For more information and to start a volunteer application, visit: <https://www.aask-az.org/siblings>

Alzheimer's Association

Provide education and support to all those facing Alzheimer's and other dementias including those living with the disease, caregivers, health care professionals and families.

[Desert Southwest Chapter \(alz.org\)](https://www.alz.org)

Phone: 800-272-3900

Email: volunteer@alz.org

Areas needed for volunteers include:

- Community Educators (In Person or Virtual)
- Data Entry Volunteer
- Tech Support Volunteer
- Community Representatives (In person or Virtual)
- Early Stage Social Engagement Leaders
- Support Groups (Facilitators or Mentors)
- Faith Outreach Representatives
- Promotors

Amplify Voices

Empowering people to share their stories with courage, conviction and compassion. Positioned as an advocacy incubator, Amplify Voices is dedicated to empowering marginalized groups to create positive change in our communities. By amplifying the voices of groups of individuals historically silenced, misunderstood or oppressed, we equip individuals with the tools and platforms to authentically share their stories, fostering confidence and creating "change agents" who go on to impact their communities.

<https://amplifyvoices.org/volunteer>

Email: amanda@amplifyvoices.org

Phone: 480-567-2155

Ages: 18 years or older

Opportunities include:

- **Event Support:** Help us plan, coordinate and execute our community events.
- **Communications and Outreach:** Help us spread awareness through social media, graphic design, copy writing and outreach to our community.
- **Administrative:** Help our Executive Director with specific projects and tasks associated with administrative support including: data entry into Quickbooks, mailing list upkeep, data analysis and more!

Arizona Educational Foundation

Supports PreK-12th grade Arizona public education statewide, celebrating excellence and fostering schools and educators on the road to success.

<https://www.azedfoundation.org/volunteer>

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Phone: (480) 421-9376

Email: info@azedfoundation.org

Ages: Volunteers ages 12+ are welcome. High school students, early-career educators, and adults are encouraged to apply.

Discover diverse [volunteer opportunities](#) at the Arizona Educational Foundation that cater to a wide range of skill sets and experiences. We aim to align your interests with current needs, ensuring a fulfilling and impactful experience. As an AEF volunteer, you'll play a crucial role in enhancing Arizona public education, directly benefiting 1.2 million students and nearly 50,000 teachers.

- **Volunteer Roles Include:**

- **Data Management:** Assist with managing and organizing important data that supports our programs and initiatives.
- **Marketing and Social Media:** Help us spread the word about our programs and events through creative content and engaging social media campaigns.
- **Supporting Programming:** Get involved with our various programs such as the Arizona Spelling Bee, Arizona Teacher of the Year Awards, and more.
- **Coordinating In-Person Events:** Help organize and manage events that celebrate and support Arizona educators and students.

- **Get Started:**

1. **Fill out** our [volunteer interest form](#) on our [website](#) [<https://form.jotform.com/241965278082162>].
2. **Get involved:** Start making a difference in Arizona public education!

Arizona Friends of Foster Children Foundation (AFFCF)

Arizona Friends of Foster Children Foundation helps enrich the lives of children and youth in foster care by funding opportunities and services that build self-esteem, foster resilience, and equip youth with the education, life, and workforce development skills they need to transition successfully to independence.

www.affcf.org

Phone: (602) 252-9445

Contact: Sophia Campbell, Director of Philanthropy | scampbell@affcf.org

Ages: Teens, adults, seniors

Individual and Group Volunteer Opportunities available. This may include:

- Writing notes of encouragement to youth in foster care
- Helping assemble care packages to our post-secondary youth before finals
- Hosting a 3rd party fundraiser (financial or in-kind) in support of AFFCF children and youth in foster care
- Providing interviewing opportunities/financial literacy coaching/job shadowing for youth in our Keys to Success and Post-Secondary programs
- Helping with administrative tasks
- Joining a program or special events committee
- Special event set up/take down support

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Aster Aging

Empowering and supporting East Valley older adults and their families to remain independent and engaged in our communities.

[Aster Aging, Inc. : Help Us : Volunteer \(asteraz.org\)](https://www.asteraz.org)

Phone: (480) 964-9014

Ages: Adult for individual volunteer opportunities; Family Friendly project opportunities

Group Volunteer Opportunities available

- We are happy to work with groups and service clubs of adults, teens and children under 12 to create meaningful volunteer projects.
- Groups are also encouraged to collect small gifts for seniors for our Holiday Helpers campaign or promote pet food drives to help older adults care for their furry companions.

Individual

- Meals on Wheels: Spend a weekday morning delivering nutritious meals and smiles to seniors
- Neighbors: Provide companionship, rides to the doctor, grocery shopping, and pet support for homebound seniors
- Center-Based Services: Teach a class, share a hobby, help with activities, serve lunch and more

AZCEND*

Offers services such as food boxes, senior nutrition & activities, rent & utility assistance, homeless services, case management, and family programming.

[Volunteer – AZCEND](https://www.azcend.org)

Phone: (480) 963-1423 X102 or volunteer@azcend.org or shelley@azcend.org

Ages: Adult and youth volunteers (at least 5 years of age or above). Volunteers 5 to 14 years old must be accompanied by an adult; court-ordered community service volunteers are accepted on a case-by-case basis.

Volunteers assist in a variety of programs including the **Family Resource Center, Neighborhood Assistance Services, Food Bank, Senior Centers, and I-HELP**. Bilingual abilities are a bonus.

- Volunteer activities for individuals, groups and families include:
 - **Home Delivered Meal Drivers** – Drive prepared meals to homebound elderly and disabled participants.
 - **Food Bank support** – Sort and bag donated food items, fill carts with various items, load food into clients' vehicles, curbside style.
 - **Data Entry positions** – Enter client and family demographics and other data entry.
 - **Handy Person** – Help with small maintenance projects such as replacing light bulbs and air filters and minor repairs.
 - **Kitchen Assistant** – Help bag bread, chop vegetables, cup fruit, wash dishes, wipe down counters, etc.
 - **I-HELP Intakes or Shuttle Drivers** – Homeless program, interact with clients and bag checks at AZCEND, drive clients to host church at 5pm and/or drive them back to AZCEND at 6am (can do all or one of the tasks listed).

Best Buddies*

Creates opportunities for one-to-one friendship, integrated employment, leadership development and inclusive living for people with intellectual and developmental disabilities (IDD).

<https://www.bestbuddies.org/arizona>

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Phone: (602)253-6463

Email: arizona@bestbuddies.org

Ages: Elementary, Jr. High, High School students and adults

Friendship program focuses on one-to-one friendships between people with and without IDD, offering social mentoring while improving the quality of life and level of inclusion. Jobs program focuses on securing competitive and integrated employment for people with IDD. Leadership development program educates and empowers people with and without IDD to be leaders, public speakers, and advocates. Volunteer opportunities:

- Join an event planning committee- Friendship Walk / Spirit of Friendship and Champion of the Year Gala
- Participate or volunteer at a fundraising event or programmatic event
- Sponsor an event
- Make a general donation
- Join the adult friendship program, Best Buddies Citizens
- Start a chapter at your school
- Hire a Jobs participant

Big Brothers Big Sisters*

Provides mentoring opportunities to youth ages 6-18.

[Volunteer - Big Brothers Big Sisters of Central Arizona - Youth Mentoring \(bbbsaz.org\)](http://bbbsaz.org)

Phone: (602) 393-1347

Email: itovar@bbbsaz.org

Volunteer (Mentor) Ages: 18 years or older

Become A Big (Mentor):

- **Community-Based:** Meet up with your Little (youth mentee) at least two times per month for one year to do things you enjoy when you both have the time. Explore your common interests by attending a sporting event, going for a hike, or cooking together! It's up to you and your Little.
- **Site-Based:** In the site-based mentoring program, Bigs and Littles meet up at one of our partner sites, either at an elementary school during the child's lunch break or at a youth center after school. A Program Specialist will be at the site on designated days to facilitate activities and provide support for your match. The required commitment is 2 to 4 times per month for at least 1 full year.

General Opportunities:

- Donations also accepted to help fund the careful one-to-one matching and ongoing professional mentoring support unique to Big Brothers Big Sisters.
- **Young Professionals Council (YPC):** The BBBSAZ Young Professionals Council was founded by dedicated young professionals in the Valley who have a vested interest in shaping Arizona's youth and building a stronger network of support for the agency. YPC members volunteer at events, support BBBSAZ volunteer recruitment efforts, and represent BBBSAZ at various community events and networking groups.

Boost a Foster Family*

Meets the needs of low-income kinship families applying for foster care licensure.

<http://boostafosterfamily.org/>

Phone: (480) 298-5665

Ages: Family friendly

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General Opportunities:

- Donate Items Directly
- Donate a Starter Kit
- Donate Money
- Donate Unused Gift Cards
- Start a Drive - Conduct a drive for a certain item such as smoke alarms or coin drive. Simply fill out your contact information at the following link. <http://boostafosterfamily.org/index/start-a-drive/>

Boys & Girls Club-Gilbert Branch*

BGCAZ offers affordable, award-winning out-of-school-time, and summer programs for youth in grades K-12 that provide unique experiences in the arts, physical fitness, character development, leadership training, along with proven educational programs, and academic support.

[Volunteer Boys & Girls Clubs of the Valley](#)

Gilbert Branch Phone: (480)813-2020 or (602) 954-8182

Email: donna.martin@bgcaz.org or info@bgcaz.org

Ages: 18 years and up

- **Club Volunteer Opportunities:** Homework Hero, Sports Coach, Sports League Volunteer, Club Activity Specialist (program areas may include Arts, Games Room, Computer lab, Education Center), and other opportunities as needed. Small group opportunities may also be available depending on group size and time of year. Club Volunteer opportunities are available Mon – Friday during club hours, with some Saturdays for sports programs.
- **Event Volunteers:** Opportunities to support local branch activities, and BGCAZ fundraising events. These opportunities are perfect for volunteers with limited time and busy schedules. Weekend opportunities available.

Catholic Charities/ My Sister's Place:

Provide services and opportunities to struggling individuals, suffering from homelessness, domestic violence, and sex trafficking. They provide support for foster care, veterans, refugees, affordable housing services, youth development programs and head start.

[Volunteer \(catholiccharitiesaz.org\)](#)

Phone: (602) 285-1999 or volunteerinfo@cc-az.org

Ages: Adults

- Volunteer opportunities vary from day to day needs, some services include:
 - Housing community volunteer
 - Peer Assistance and Leadership
 - After School Program Assistant and many more!
- Monetary donations, donation drives for new items and fundraising opportunities

CeCe's Hope Center*

Improve the lives and future of 18–34-year-old female survivors of sex trafficking by bridging the gap in available services and support.

[GET INVOLVED | CeCe's Hope Center \(cecescenter.org\)](#)

Phone: (480) 625-7044

Email: info@cecescenter.org

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- **Mentorship**- Drive program participants to job interviews, doctor appointments etc. Help with resumes, job search, and explore/register for college and continuing education classes, celebrate their success with them, teach a class in something you specialize in.
- **Engage Community**- Host an event, connect CeCe's with local community, raise awareness, and share information on your social media platforms.
- **Donate** -variety of gift cards, bus passes, laptops, clothing, hygiene items, and twin bedding and linens.

Central Arizona Shelter Services: (CASS)

Provides shelter and supportive services to homeless men, women & children.

<https://www.cassaz.org/>

Phone: (602) 256-6945 x1725

Email: info@cassaz.org

Ages: 18 and older at downtown shelter; 16 and older at family shelter

CASS offers many rewarding, creative and exciting group volunteer opportunities on-site at our shelters. Groups can organize several off-site and on-site projects that directly benefit the homeless or help CASS to build its capacity. The opportunities are endless and only limited by your creativity!

- Organize a donation drive or fundraiser to help raise items from organization Wish (Amazon) Lists.
- Education is power. Teach enrichment and life skills classes such as music, arts, parenting, wellness, budgeting, interviewing, etc.
- Help to clean and maintain our facilities.
- Sorting and taking inventory of donations in our Vista Colina Emergency Family Shelter Clothing/Food Bank and Downtown Shelter Donation Center.
- Prepare and clean apartments for families who are entering our program for the first time at Vista Colina.
- Donate financially

Child Crisis Arizona

Works to prevent and intervene in child abuse and neglect as well as provide quality early childhood education.

<http://childcrisisaz.org/how-you-can-help/volunteer/>

Phone: (480) 834-9424

Email: Beth.Price@childcrisisaz.org

Ages: Individual volunteers in specific programs must be 18 years old or older; younger volunteers are welcome too!

There are a variety of volunteer opportunities for individuals and groups- We welcome your help in service to vulnerable children, youth, and families.

- **Group Opportunities:**
 - Provide support at one of the many Family Activity Night's or other events we provide throughout the year.
- **Individual Long-Term Opportunities:**
 - Inventory and stock donated items provided free to children, youth and families in need.
 - Become a Classroom Aide in our Early Head Start or Preschool program
 - Link Child Crisis Arizona to your Amazon or Fry's Reward account

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- Donate your Arizona Foster Care Tax Credit. Check to see if your employer will match your donation.
- Be a volunteer ambassador for one of our upcoming fundraising events
- Create a Facebook fundraiser for Child Crisis Arizona
- **Donation Drives:**
 - New items needed for seasonal and ongoing needs.
 - Organize a donation drive at your employer or community of faith. Donations are particularly needed for Back to School, Fall holidays, Winter holidays, seasonal transition.

Chrysalis

Provides housing for victims of domestic abuse and support services including counseling, job development, etc.

<https://noabuse.org/get-involved/volunteer>

Phone: (602)955-9059 or volunteer@noabuse.org

Ages: 21 years or older (*Does not accept court-ordered community service hours*)

Individuals can volunteer:

- Clerical Reception
- Maintenance volunteer
- Community Outreach
- Kitchen
- Special Events
- Donation pick-up delivery

Group projects can include:

- Landscaping
- Painting and cleaning apartments
- Holiday activities
- Other projects as needed

Clothes Cabin-One Small Step*

Provides free clothing, household linens, shoes, work boots and additional necessities to people in need.

[Clothes Cabin \(onesmallstepaz.org\)](http://ClothesCabin(onesmallstepaz.org))

Phone: (480) 285-4111

Email: info@onesmallstepaz.org

<https://www.onesmallstepaz.org/pages/volunteer>

- **Processing Clothes** - Donated clothes must be examined, sorted, steamed, hung, and stored. Restocking the racks and baskets in the shopping area. The commitment is 3 or 4 hours a week. * Monday and Thursday 10am to 2pm, Tuesday and Wednesday 9am to 12pm and 12pm to 3pm, Thursday 10am-2pm
- **Client Services** - Our clients need help registering and selecting clothes. Volunteers use their computer skills to collect client data and service statistics; another volunteer acts as a store associate to help clients with clothes, bagging their selections, and retrieving linens upon request. Knowing Spanish is a big asset! The commitment is 3 or 4 hours a week. *Tuesday and Wednesday 9am to 12pm, 12pm to 3pm, Thursday 6pm to 8pm
- **Boutique Sales** - Friends Resale Boutique uses volunteers to price, prepare, and display items for sale. In the boutique, volunteers help customers and ring the sales. All proceeds benefit Clothes Cabin. The commitment is 2 to 4 hours a week. * Tuesdays-Saturday 10 am -2 pm
- **Computer and Office Support** – Volunteers can help with data entry, filing, and basic administrative tasks.
- **Special Projects** – Help with activities such as fundraisers, event management, marketing, seasonal sorting, and large donation processing.

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Cultivate Goodness

Cultivate Goodness bridges the gap between those that want to volunteer and those in need by providing a variety of service opportunities, big and small. We invite all members of our community to get involved and wrap arms around those that could use a lift. We believe if everyone puts in their piece, whatever the size, it adds up to be a mountain of good.

<https://www.cultivate-goodness.org>

Phone: (480)277-3827

Email: info@cultivate-goodness.org

Ages: Most volunteer opportunities are to be done at your own location. Great for large groups, team building, families, or individuals.

Cultivate Goodness focuses on serving those who could use a lift. We provide: Volunteer opportunities:

- Food, water, hygiene & blankets to the homeless.
- Weekly meal provided for women in a domestic violence shelter.
- Weekend food bags to title 1 schools for underprivileged children.
- Uplifting & holiday banners and treats to Veterans, seniors, cancer patients & first responders.
- Comfort items for cancer patients
- Food & hygiene to families in need.
- Support for foster children in group homes.

Volunteer opportunities:

- Volunteer for one of our many service opportunities on [cultivate-goodness.org](https://www.cultivate-goodness.org)
- Make a general donation

Dignity Health Foundation*

To support Dignity Health healthcare facilities and programs in the Southeast Valley through philanthropy.

Phone: (480) 728-3931

Email: EastValleyFoundation@DignityHealth.org

- Support current fundraisers including capital projects, equipment, new medical technologies, improved patient services and medical education, enhanced research, or community health programs, and services for children, women, and senior citizens in our community.

Down Syndrome Network Arizona

Offers programs, resources and education to serve and support all age groups in the Down syndrome community.

<https://dsnetworkaz.org/>

Phone: (480) 759-9150

All ages welcome (youth with guardian); must be 14+ for Buddy Up Tennis.

Volunteer Opportunities include:

- **Down Syndrome Walk AZ (November) @ ASU Homecoming Parade:** (Groups welcome.) Assist with registration, food, directions, signs, set up, etc.
- **Holiday Party (December):** Assist with registration, Santa lines, gift distribution, supervision, etc.

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- **Buddy Up Tennis (January):** Be a buddy on the tennis court (no tennis experience necessary).
- **World Down Syndrome Awareness Event (March):** Assist with registration, set up, vendor assistance, game areas.
- **Lights, Camera, Auction (April):** Assist with set up, registration, silent and live auctions, cashiers, etc.
- **Misc. Events and Programs (throughout year):** May include help with registration, decorating, organization at facility, set up, et.
- **Internships:** Open to Arizona-based college students with a desire to learn and work on a small non-profit team.

Dress for Success

The mission of Dress for Success is to empower women to achieve economic independence by providing a network of support, professional attire, and the development tools to help women thrive in work and in life.

[Get Involved | Dress for Success Phoenix](#)

Phone: (602) 489-7397

Email: phoenix@dressforsuccessphoenix.org

Opportunities:

- **Donate Clothes-** Gently used, nearly new professional attire. High need of sizes 0, 2, 4, 14, 16, 18, Plus Size Clothing and Junior Clothing! Also need of closed toe pumps and flats, and scrubs without any logos.
- **Volunteer-** help suit clients, help with the career counseling and general services.
- **Donation Drives-** collect new or nearly-new suits, other business-appropriate apparel, shoes or even accessories like handbags and unused cosmetics or jewelry.
- **Events-**Support, participate or help organize events

Eve's Place

Supporting any victim of domestic, sexual and teen dating abuse by increasing access to services through mobile advocacy.

<https://www.evesplace.org/get-involved#VolunteeratEves>

Phone: (623)537-5380

Email: info@evesplace.org

There is always a need for volunteers to participate in this organization either physically or virtually.

- Support group facilitators
- Assisting at fundraiser events
- Child Care
- Assistance with picking up Starbucks donations
- Donations
 - Food: Mac & Cheese, Ready Bake meals, Fresh or Frozen Fruit and Vegetables, Pastas, Rice, Cereal, Cheese, Beans (pinto, great northern, etc.), Chef Boyardee, Milk.
 - Household items: Paper towels, toilet paper, laundry soap, cleaning supplies.
 - Gift Cards: Gas Cards, movie theater (field trips), Fast Food (any denomination), Walmart (any denomination)
- Volunteer Clubs

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- Sewing club to make cloth totes
- Cookers Clubs to make casseroles/ pre-made frozen meals.

Gilbert Parks and Recreation Foundation

Bridging the financial gap

<https://www.gilbertparksandrecreationfoundation.org/>

Email: gilbertprfoundation@gmail.com

Ages: Teens and Adult

Opportunities include:

- **Event Support:** Attend Parks and Recreation Events to help support and represent the Parks and Recreation Foundation and assist with the running of the annual event.
- **Board Member:** Positions available to adults who are community and/or business leaders having a vested interest in supporting parks and recreation in the community.

HD South*

Celebrates the past, inspires unity of all people, and cultivates life-enriching collaboration.

[Volunteer Opportunities in Gilbert | HD SOUTH](#)

Phone: (480) 926-1577

Email: info@hdsouth.org

Ages: 16 or older

General Volunteer Opportunities:

- Front Desk Volunteers
- Office Volunteers
- Collections Volunteers
- Outreach Volunteers
- Program Volunteers
- Marketing Volunteers
- Gala Event Volunteers

Hope for Addiction*

Recovery meetings and mentorship to help with all areas of life. Short- and long-term transition homes for at-risk single moms and kids at Liberty and Freedom Houses.

<https://www.hopeforaddiction.com/volunteer>

Phone: (480) 782-0403

Email: connect@hopeforaddiction.com

Ages: Varies per activity

- **Landscaping and Yard Maintenance:** basic yard maintenance, tree trimming, weeds, raking leaves, etc at Freedom or Liberty Houses
- **House Maintenance:** maintenance and spring cleaning/organizing projects at Freedom or Liberty Houses
- **Teach life skills:** budgeting, cooking, cleaning, etc. at Freedom House
- **Take advantage of the dollar-for-dollar AZ Tax Credit:** <https://www.hopeforaddiction.com/you-choose>

House of Refuge

Transitional Housing Program with supportive services for families experiencing homelessness

[Volunteer – House of Refuge](#)

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Phone: (480) 698-8673

Email: volunteer@houseofrefuge.org

Ages: Must be at least 15 years old. Must be 18 if volunteering in the Community Center.

Requirements: Must complete an ADES Affidavit

Volunteer opportunities at House of Refuge are of a wide variety & draw from a great range of skill sets & experiences. We always strive to match volunteers' interests with current opportunities within the neighborhood!

Individual volunteers

Opportunities include:

- Providing assistance with homework, facilitating educational activities, and providing mentorship in our after-school programs.
- Working alongside our Maintenance team preparing homes for a new family to move in, general repairs, and neighborhood beautification.
- Through our Donation Center, greeting donors, unloading, processing, organizing, & storing donations.
- Raising community awareness, fundraising, and event planning with our Outreach committee.
- Assisting within other departments as opportunities arise such as finance, administration, and marketing.

Group volunteers - can serve in a variety of ways to provide support to the organization and in turn the families that call our neighborhood home.

- Whether you're part of a church, business, or philanthropic organization, our Volunteer Coordinator will be able to plan a group project that will benefit the families within our community.
- Some organizations will organize group projects as part of a team-building exercise or corporate-wide "day of service."
- This is a great opportunity for the kiddos to learn the importance of community!
- Projects can be recurring or one-time events.
- We also welcome all Boy Scouts and Girl Scouts troops for community projects, Eagle Scout projects, and Bronze, Silver & Gold award projects.

Hushabye Nursery

Embracing substance exposed babies and their caregivers with compassionate, evidence-based care that changes the course of their entire lives.

[Volunteer | Hushabye Nursery](#)

Phone: (480) 628-7500

Email: tricia.beach@hushabyenursery.org

Ages: Must be 21 years old, have a valid fingerprint card and pass a background screening

- Volunteers serve in an "Infant Cuddler" role at Hushabye Nursery. Providing contact and interaction to babies experiencing NAS through soothing techniques including rocking, swaying, singing, and swaddling.

Jewish Family & Children's Service *

Strengthens the community by providing behavioral health, healthcare and social services to all ages, faiths, and backgrounds. We offer a safe space to be attentive, compassionate, and provide confidential care.

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[JFCS Volunteering | Greater Phoenix Volunteer Opportunities \(jfcsaz.org\)](#)

Phone: (602) 567-8383 or lisa.blumstein@jfcsaz.org or volunteercoordinator@jfcsaz.org

Ages: Adult, Teen and Group volunteers are welcome to help serve at JFCS though

- Ambassadors
- Organizational Support
- Special Events
- Food Pantry
- Professional Leadership development
- Youth programs support
- Senior Program Support

Junior Achievement*

Empowering youth people to own their own economic success

<https://www.jaaz.org/volunteer/>

Phone: 480-377-8500

Email: info@jaaz.org

Ages: Adult, Teen, Groups, and Professional Leadership Group

- Annual Backpack Drive
- Caring Cards Program
- MITZVAH Projects
- Senior Programs
- Youth Art Program
- Special Events

Matthew's Crossing Food Bank*

Provides food assistance including backpacks for youth and food closets at public schools

[Volunteer – Matthew's Crossing Food Bank \(matthewscrossing.org\)](#)

Phone: (480)857-2296

Email: info@matthewscrossing.org

Ages: Age requirement for independent activities is 15. Children 10-15 years old can volunteer with an adult. Spanish speaking volunteers needed for all shifts. Must be able to lift 25lbs regularly throughout the shift and stand for three (3) hours.

Opportunities for Individuals and groups (less than 20).

- Emergency Food Box Distribution Program
 - Shifts are available on Mon, Tues, Thurs and Fridays 7: 30 am – 11:30 AM
- Meals to Grow Weekend Backpack Program
 - Tuesday shifts from 10:30 AM - Noon

Volunteer jobs consist of:

- Front desk data entry and greeting our neighbors in need
- Sorting meat, produce and bakery donations from local stores
- Sorting food drive donations of mostly canned/boxed food
- Working in the distribution room of putting together food for our neighbors in need
- Helping our drivers pick up food donations

Non-Profit Service Opportunities

07/01/2024

- Packing bags of food for the Weekend Backpack program

Mercy Housing (Page Commons) *

Provide affordable housing and supportive services for low income seniors, and people with special needs. (Manage Page Commons in Gilbert)

[Volunteer | Mercy Housing](#)

Phone: 480-813-4609

Email: EAbrams@mercyhousing.org or Shelton.Dunn@mercyhousing.org

Ages: 18 and older

- **PROPERTY PROJECTS** – Get your hands dirty while keeping our properties vibrant! Past projects have included landscaping, cleaning, community gardening, and other beautification projects.
- **SHARE YOUR SKILLS** – The Resident Services staff works hard to ensure that residents become financially stable, maintain housing, address health needs, and actively participate in the community. You can help by teaching a class, providing tech instruction, or sharing your expertise in another way.
- **EVENTS** – Help our residents celebrate! You can host community meals, holiday gatherings, birthday parties, or other festive events. You could also lead a food or hygiene items drive, or help purchase holiday gifts.

Midwest Food Bank*

Gathers and distributes food donations to non-profits and disaster sites without cost to recipients

[Arizona - Midwest Food Bank](#)

Phone: 480-892-0134

Email: dbess@midwestfoodbank.org

Ages: Family friendly for all ages

On-site Opportunities include:

- Repackaging bulk foods into manageable quantities for distribution
- Labeling bags or cans
- Preparing disaster relief boxes and/or 'snack pack' kits
- Supporting local distribution to pantries
- Volunteer drivers with a CDL license
- Group and Team Building Volunteer Opportunities
- Donations – time, goods or monetary

Mission of Mercy

Free primary healthcare services, prescription medications and lab testing to uninsured and underinsured individuals and families.

<https://www.amissionofmercy.org/arizona/volunteer/>

Phone: (602)861-2233 or ssimones@amissionofmercy.org or pcarvalho@amissionofmercy.org

Ages: 18 and over

- **Photographer**- Volunteer Photographers are needed to take photos at MOM events and at the clinic sites.

Non-Profit Service Opportunities

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- **Community Outreach Events-** Volunteers are needed to represent Mission of Mercy at community health fairs and other events to create awareness about our services and clinic sites. Verbal engagement with the public is required and training is provided. Being bilingual is preferred.
- **Nurse Volunteers-** Nurses are needed to work in collaboration with clinic physicians to provide patients with triage and care. Duties include obtaining vital signs, patient health history, basic laboratory procedures, and patient education. Nurses maintain complete documentation in the patient medical record and have a current nursing license or previously have been a Registered Nurse.
- **Spanish-English Interpreters-** Interpreters help with communication between clinical staff/volunteers and patients. The goal of the interpreter is to have people hear the interpretation as if it were the original. Must be sensitive to patients' personal circumstances and culture as well as be able to maintain confidentiality and ethical standards. A language screening is required.

Open Arms Care Center*

Provides supplemental food and clothing to those in need.

[Volunteer — Open Arms Care Center \(openarmscc.com\)](http://openarmscc.com)

Phone: (480)539-0175

Ages: 15 years or older

Volunteer you time: If you volunteer at our food pantry, you'll work on a team (of 5-10 volunteers during the day and 3-5 in the evening) to perform tasks like:

- Sorting food and clothing donation
- Stocking food shelves
- Unloading donation from trailers
- Filing food orders
- Organizing clothing racks
- Picking up donation from local schools and businesses
- Driving your truck or trailer to haul donated items

notMYkid Inc. *

Provides children and families with lifesaving programs and support to ensure every kid thrives by inspiring positive life choices.

[volunteer | notMYkid®](http://volunteer|notmykid.com)

Phone: (602) 652-0163

info@notmykid.org

Ages: Young adults (16-26 years old) with at least one year of recovery. Individuals who are comfortable speaking publicly about their journey. Those who are empathetic, compassionate, and committed to helping youth.

Volunteer Young-Adult Speakers: Share your story of recovery from substance use or mental health challenges and offer hope, encouragement, and resources to youth.

Responsibilities:

- Share personal story at events and presentations, alongside a notMYkid staff presenter.
- Participate in panel discussions and community outreach activities.

Volunteer Benefits:

- Empower other by providing valuable insights and resources for youth.
- Connect with others who have similar experiences and network with local behavioral health professionals.
- Enhance public speaking skills and gain confidence and experience.

Non-Profit Service Opportunities

07/01/2024

Positive Paths

Provides educational attainment support, mentoring, professional development opportunities, and other support services to women in need in the East Valley.

[Volunteer - Positivepaths \(positivepathsaz.org\)](http://positivepathsaz.org)

Phone: (480) 788-0615 or info@positivepaths.org

Ages: 18 and older

Volunteer Opportunities:

- **Time**- Volunteer by sponsoring a workshop, help us with our programming and events, help us fundraise and establish community partnerships and connections, help us with program administration, serve on a committee, and more.
- **Talent** - Share your talents and professional expertise with the Positive Paths community! Be a mentor and/or sponsor a mentoring experience.
- **Treasure**-Did you know that only 1.6% of American's charitable giving goes to non-profit organizations that help women and girls? We need your support to continue helping our women. Thank you for your generosity!

Raising Special Kids

Improve the lives of children with a full range of disabilities by providing support, training, information and individual assistance so families can become effective advocates for their children.

<https://raisingspecialkids.org/get-involved/>

Phone: (800) 237-3007 or 602-242-4366

Email: info@raisingspecialkids.org

Ages: 18 and older

- Parent to Parent Mentors – Support families by sharing your experience of raising a child with special needs.
- Family Faculty – host 1-2 hour home visit for physician residency program
- Outreach – staff an information table at public events
- Parent Panel – speak to special education teachers or other professionals about the parent perspective
- Parent Advocacy – Bring your advocacy and leadership skills and make a difference regarding public policy issues and the state Legislature.
- Office – assist with clerical tasks (very flexible!)

Rebuilding Together Valley of the Sun*

Repairing homes, revitalizing communities, and rebuilding lives.

[Get Involved | RTVOS](#)

Phone: (480) 774-0237

Email: info@rtvos.org

Ages: 16 years or older (certain activities may be limited for minors). Be able to pass a background check (if applicable).

Safe at Home: Volunteers are needed year-round to install fall prevention equipment to help individuals feel safer in their homes. No specialized skills are required. Background checks and closed toed shoes are required. We install the following items...

Non-Profit Service Opportunities

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- Grab Bars
- Handheld shower head
- Night lights
- Toilet risers and rails
- Smoke detectors
- Shower chairs/stools
- Non-slip shower mats
- Wheelchair ramps

Critical Repairs: RTVOS relies on skilled volunteers to improve the lives of those we serve. RTVOS provides the materials, you provide the knowledge and expertise. Together, we'll improve lives. Skilled tradespeople needed:

- HVAC
- Roofers
- Electricians
- Plumbers
- Tile Installers
- Carpenters
- Drywallers
- Masonry
- Landscapers

Special Events: Support our work in a variety of ways during these 1-3 day projects. This could include customer service, administration, gardening, construction, or highly specialized skills. Special skills, age restrictions, and background checks may be required based on the assignment.

Salvation Army

Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

[Volunteer Opportunities - The Salvation Army USA Western Territory](#)

Phone: 1-800-728-7825

Ages: Family friendly opportunities

- **Family Service Intake Worker:** Assist with Intake Process
- **Food Pantry Worker:** Assist with the preparation of the food boxes for distribution.
- **After School Program:** Enjoy mentoring and tutoring kids? We need you!
- **Senior Meal Program:** Do you love being in the kitchen? Do you love helping others? This is the perfect opportunity for you!
- **Salad and Go:** One THURSDAY a month. Helping build salads for those in the community.

Save the Family

Equips families to address poverty, overcome homelessness and achieve self-sufficiency.

<http://savethefamily.org/get-involved/volunteer/>

Phone: (480) 898-0228 x201 or volunteer@savethefamily.org

Ages: Family Friendly opportunities

Group Opportunities:

- **Welcome Home Paint and Clean Projects** - With over 190 housing units across the East Valley volunteers assist in cleaning and painting homes to help prepare units quickly. Save the Family will provide all supplies, including bottled water. Projects can be completed within 3 to 4 hours when a group of 8 to 10 volunteers participate. We schedule group projects Monday through Friday during agency business hours and Saturday mornings, 9am to 11am. Paint and clean group projects can be scheduled up to six months in advance.

Non-Profit Service Opportunities

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- **Clean and Sanitize Classrooms** – Small groups of 5 to 10 volunteers are perfect to help Save the Family keep our classrooms and playrooms clean. Volunteer duties consist of cleaning and organizing three small rooms at our main office in Mesa. Save the Family will provide all supplies. Projects are scheduled Monday through Friday during agency business hours and Saturday mornings, 9am to 11am.
- **Organize a Donation Drive or Baby Shower** – Volunteers can organize donation drive with their club, business, or neighborhood group. Drives allow us to support “Missy’s Mall,” which includes critical items and supplies homeless families need, including personal hygiene items, clothing, shoes, and household cleaning products. Baby showers are hosted for parents to help them with essential items they will need to welcome their new baby. Groups of 8 to 12 volunteers organize each shower, providing refreshments, decorations, and gifts. Showers are held weeknights, 5pm to 7:30pm.
- **Teach a Class** – The needs of homeless and impoverished families change over time, so we offer an array of beneficial classes to empower them and propel success. Volunteers currently teach classes in the following areas:
 1. GED tutoring
 2. Financial literacy
 3. Nutrition
 4. Career Development and Support

Shoebox Ministry

Help working poor and homeless men, women & families by providing personal hygiene kits.

[Volunteer Opportunities - Shoebox Ministry](#)

Phone: 480-905-1610

Email: info@shoeboxministry.org

Ages: Family Friendly

- **Collection Drive:** -Shoebox Ministry is always in need of toiletries. We gladly accept full-size, travel or hotel-sized items. Our most URGENT items are deodorant, toothpaste, feminine products and disposable razors.
- **Other Drives to Support:** other’s Day purse Drive and Holiday sock Drive.
- **Hygiene Kits:** Make men’s and women’s hygiene kits, Vanity kits or mini kits at home and deliver to Shoebox

St. Anne Friends of the Needy Food Bank*

Providing food and assistance to families and individuals in crisis in our community.

[Friends of the Needy Ministry | St. Anne \(stanneaz.org\)](#)

Phone: (480) 507-4466 or (480) 507-4400

Email: Johnc@stanneaz.org

- **Volunteer-** Shifts available Tuesday - Thursday from 9am-11am. Tasks include: stocking and organizing canned goods, sorting through grocery rescue, prepping boxes of food for clients, sorting through donations of children’s clothing, organizing baby items (diapers, wipes, food). Some tasks may require heavy lifting.
- **Donate-** Milk, eggs, meats, Pasta & sauces, PB & Jelly, canned goods and other nonperishable items, as well as children’s needs (diapers, clothing, toys, etc.). [Financial contributions](#), gift cards for grocery stores are also accepted. **Donation drop-off during our hours of operation Mon-Sat from 9AM-12PM**

Non-Profit Service Opportunities

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United Food Bank

Provides supplemental and emergency food to those in need.

[Volunteer – United Food Bank](#)

Ages: Children ages 5 to 15 can volunteer to build food bags/sort food when accompanied by an adult. Ages 16-17 can volunteer independently with a signed waiver by a parent or guardian.

Opportunities can be one-time or on-going.

- Host a food drive
- Become a fundraiser
- Building emergency food bags

Weekly Collective Volunteers*

We collaborate with Gilbert residents, faith-based groups, schools, and local businesses looking to make a difference in Gilbert.

<https://weeklycollective.org>

Phone: (480) 223-7863

Ages: Family Friendly, Groups and Individuals

Opportunity

- **Day of service for Seniors** – *Volunteers can register for upcoming **Service Day for Seniors** using this registration [LINK](#).*
 - Organizes volunteer opportunities to assist qualifying seniors in Gilbert who may need help with yard work and or house maintenance services.
 - We prioritize our volunteer services based on requests submitted through the Town of Gilbert or through our website.

Winged Hope*

Focus on preventing and healing family violence with direct victims' services, by renovating and starting new Family Advocacy Centers, and by providing training around the state.

<http://www.wingedhope.org/>

Phone: 480-757-7030

Email: info@wingedhope.com

OTHER VOLUNTEER RESOURCES:

Gilbert's Community Resource Guide

- Brief listing of organizations and providers that are available to residents. This guide is intended to connect residents in need of services with resources near Gilbert. This guide can also be used to research organizations that may be in need of volunteers.

<https://www.gilbertaz.gov/residents/community-resources>

Town Volunteer

Non-Profit Service Opportunities

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- The Town of Gilbert has a number of opportunities for volunteer work. Listed are current opportunities where you can help out and make things happen. Our volunteer motto is GIVE ("Gilbert Invites Volunteerism Everywhere"). [Volunteer | Town of Gilbert, Arizona \(gilbertaz.gov\)](https://gilbertaz.gov/volunteer)

Other Community Volunteer Opportunities

- Just Serve: www.justserve.org
- Volunteer Match: www.volunteermatch.org
- All For Good: www.allforgood.org
- Do Something: www.dosomething.org