

Youth/Teen Non-Profit Service Opportunities

August 2023

Organizations listed serve Gilbert residents in need

This is provided as an overview, however, please check directly with the organization for updates.

About Care

Empowering independent living for Gilbert, Chandler, San Tan Valley and Queen Creek residents, especially those who are elderly & physically challenged.

<https://aboutcare.org/volunteer/>

Phone: (480) 802-2331

Email: amcarthur@aboutcare.org

Ages: Applications accepted from high school students and up. A background check is required for all volunteers along with a brief interview/orientation.

Volunteers provide services free of charge to help our neighbors meet basic needs, reduce isolation, and remain independent in their homes.

Services include:

- Transportation – to medical and/or social appointments
- Friendly Visits
- Reassurance Phone Calls
- Minor Home Repairs
- Business Help
- Respite Care
- Fundraising
- Shopping and Errands

Aster Aging

Empowering and supporting East Valley older adults and their families to remain independent and engaged in our communities.

[Aster Aging, Inc. : Help Us : Volunteer \(asteraz.org\)](https://asteraz.org)

Phone: (480) 964-9014

Ages: Family Friendly project opportunities

Group Volunteer Opportunities available

- We are happy to work with groups and service clubs of adults, teens and children under 12 to create meaningful volunteer projects.

AZCEND

Offers services such as food boxes, senior nutrition & activities, rent & utility assistance, homeless services, case management, and family programming.

[Volunteer – AZCEND](#)

Phone: (480) 963-1423 X102 or volunteer@azcend.org or val@azcend.org

Ages: Adult and youth volunteers (at least 5 years of age or above). Volunteers 5 to 14 years old must be accompanied by an adult; court-ordered community service volunteers are accepted on a case-by-case basis.

Volunteer Opportunities:

- **Food Bank support** – Sort and bag donated food items, fill carts with various items, load food into clients' vehicles, curbside style.
- **Data Entry positions** – Enter client and family demographics and other data entry.
- **Kitchen Assistant** – Help bag bread, chop vegetables, cup fruit, wash dishes, wipe down counters, etc.

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Best Buddies

Creates opportunities for one-to-one friendship, integrated employment, leadership development and inclusive living for people with intellectual and developmental disabilities (IDD).

<https://www.bestbuddies.org/arizona>

Phone: (602)253-6463

Email: arizona@bestbuddies.org

Ages: Elementary, Jr. High, High School students and adults

Friendship program focuses on one-to-one friendships between people with and without IDD, offering social mentoring while improving the quality of life and level of inclusion. Jobs program focuses on securing competitive and integrated employment for people with IDD. Leadership development program educates and empowers people with and without IDD to be leaders, public speakers, and advocates. Volunteer opportunities:

- Join an event planning committee- Friendship Walk / Spirit of Friendship and Champion of the Year Gala
- Participate or volunteer at a fundraising event or programmatic event
- Sponsor an event
- Make a general donation

Boost a Foster Family

Meets the needs of low-income kinship families applying for foster care licensure.

<http://boostafosterfamily.org/>

Phone: (480) 298-5665

Ages: Family friendly

General Opportunities:

- Donate a Starter Kit or Unused Gift Cards
- Start a Drive - Conduct a drive for a certain item such as smoke alarms or coin drive. Simply fill out your contact information at the following link. <http://boostafosterfamily.org/index/start-a-drive/>

Boys & Girls Club-Gilbert Branch

BGCAZ offers affordable, award-winning out-of-school-time, and summer programs for youth in grades K-12 that provide unique experiences in the arts, physical fitness, character development, leadership training, along with proven educational programs, and academic support.

[Volunteer Boys & Girls Clubs of the Valley](#)

Gilbert Branch Phone: (480)813-2020 or (602) 954-8182

Email: donna.martin@bgcaz.org or info@bgcaz.org

Ages: 13 years and up (high school students preferred as youngest age – varies by location)

- **Club Volunteer Opportunities:** Homework Hero, Sports Coach, Sports League Volunteer, Club Activity Specialist (program areas may include Arts, Games Room, Computer lab, Education Center), and other opportunities as needed. Small group opportunities may also be available depending on group size and time of year. Club Volunteer opportunities are available Mon – Friday during club hours, with some Saturdays for sports programs.
- **Event Volunteers:** Opportunities to support local branch activities, and BGCAZ fund raising events. These opportunities are perfect for volunteers with limited time and busy schedules. Weekend opportunities available.

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Clothes Cabin-One Small Step:

Provides free clothing, household linens, shoes, work boots and additional necessities to people in need.

[Clothes Cabin \(onesmallstepaz.org\)](http://onesmallstepaz.org)

Phone: (480) 285-4111

Email: info@onesmallstepaz.org

Ages: 16 and up

- **Client Services** - Our clients need help registering and selecting clothes. Volunteers use their computer skills to collect client data and service statistics; another volunteer acts as a store associate to help clients with clothes, bagging their selections, and retrieving linens upon request. Knowing Spanish is a big asset! The commitment is Thursday 5:45pm to 8pm

Cultivate Goodness:

Making serving easy! We seek out areas of greatest need and provide relief, cultivating goodness in our local community.

<https://cultivate-goodness.org/support/>

Email: info@cultivate-goodness.org

Ages: All ages

- Offers opportunities for service projects, shopping for others, or hosting a drive.
- Holds a Cereal drive & contest
- Promotes a Kids and Kindness summer program

HD South

Celebrates the past, inspires unity of all people, and cultivates life-enriching collaboration.

[Volunteer Opportunities in Gilbert | HD SOUTH](#)

Phone: (480) 926-1577

Email: info@hdsouth.org

Ages: 16 or older

General Volunteer Opportunities:

- Front Desk Volunteers
- Office Volunteers
- Collections Volunteers
- Outreach Volunteers
- Program Volunteers
- Marketing Volunteers
- Gala Event Volunteers

House of Refuge

Transitional Housing Program with supportive services for families experiencing homelessness

[Volunteer - House of Refuge](#)

Phone: (480) 988-9242 X15

Email: volunteer@houseofrefuge.org

Ages: Must be at least 15 years old. Must be 18 if volunteering in the Community Center.

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Volunteer opportunities at House of Refuge are of a wide variety & draw from a great range of skill sets & experiences. We always strive to match volunteers interests with current opportunities on campus.

Individual volunteers- required to possess a fingerprint clearance card & volunteer for a minimum of two shifts per month, committing to at least a six-month term.

Opportunities include:

- Working alongside our Maintenance with groundskeeping including but not limited to cleaning/painting homes, general repairs & landscaping.
- Through our Donation Center, greeting donors, unloading, processing, organizing, & storing donations.
- We also welcome all Boy Scouts and Girl Scouts troops for community projects, Eagle Scout projects and Bronze, Silver & Gold award projects.

JFCS

Strengthens the community by providing behavioral health, healthcare and social services to all ages, faiths, and backgrounds. We offer a safe space to be attentive, compassionate, and provide confidential care.

[JFCS Volunteering | Greater Phoenix Volunteer Opportunities \(jfcsaz.org\)](https://www.jfcsaz.org)

Phone: (602) 567-8383 or lisa.blumstein@jfcsaz.org or volunteercoordinator@jfcsaz.org

Ages: Adult, Teen and Group volunteers are welcome to help serve at JFCS though

- Ambassadors
- Organizational Support
- Special Events
- Food Pantry
- Professional Leadership development
- Youth programs support
- Senior Program Support

Junior Achievement

Empowering youth people to own their own economic success

<https://www.jaaz.org/volunteer/>

Phone: 480-377-8500

Email: info@jaaz.org

Ages: Adult, Teen, Groups, and Professional Leadership Group

Activities:

- Annual Backpack Drive
- Caring Cards Program
- MITZVAH Projects
- Senior Programs
- Youth Art Program
- Special Events

Matthew's Crossing Food Bank

Provides food assistance including backpacks for youth and food closets at public schools

[Volunteer – Matthew's Crossing Food Bank \(matthewscrossing.org\)](https://www.matthewscrossing.org)

Phone: (480)857-2296

Email: info@matthewscrossing.org

Ages: Children 12 and over can volunteer with an adult. Spanish speaking volunteers needed for all shifts. Must be able to lift 25lbs regularly throughout the shift and stand for three (3) hours.

Opportunities for Individuals and groups (less than 20).

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- **Emergency Food Box Program** - Shifts are available on Mon, Tues, Thurs and Fridays 9:00 AM - 11:00 AM
- **Meals to Grow Backpack Program**-Wednesdays shifts from 9:00 AM - 11:00 AM

Midwest Food Bank

Gathers and distributes food donations to non-profits and disaster sites without cost to recipients

[Arizona - Midwest Food Bank](#)

Phone: 480-892-0134

Email: mfbarizona@midwestfoodbank.org

Ages: Family friendly for all ages

On-site Opportunities include:

- Repackaging bulk foods into manageable quantities for distribution
- Labeling bags or cans
- Preparing disaster relief boxes and/or 'snack pack' kits
- Supporting local distribution to pantries
- Volunteer drivers with a CDL license
- Donations – time, goods or monetary

Open Arms Care Center

Provides supplemental food and clothing to those in need.

[Volunteer — Open Arms Care Center \(openarmscc.com\)](#)

Phone: (480)539-0175

Ages: 15 years or older

Food Pantry tasks:

- Sorting food and clothing donation
- Stocking food shelves
- Unloading donation from trailers
- Filing food orders
- Organizing clothing racks

Salvation Army

Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

[Volunteer Opportunities - The Salvation Army USA Western Territory](#)

Phone: 1-800-728-7825

Ages: Family friendly opportunities

- **Food Pantry Worker:** Assist with the preparation of the food boxes for distribution.
- **Senior Meal Program:** Do you love being in the kitchen? Do you love helping others? This is the perfect opportunity for you!
- **Salad and Go:** One THURSDAY a month. Helping build salads for those in the community.

Save the Family

Equips families to address poverty, overcome homelessness and achieve self-sufficiency.

<http://savethefamily.org/get-involved/volunteer/>

Phone: (480) 898-0228 x201 or volunteer@savethefamily.org

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Ages: Family Friendly opportunities

Group Opportunities:

- **Welcome Home Paint and Clean Projects** - With over 190 housing units across the East Valley volunteers assist in cleaning and painting homes to help prepare units quickly. Save the Family will provide all supplies, including bottled water. Projects can be completed within 3 to 4 hours when a group of 8 to 10 volunteers participate. We schedule group projects Monday through Friday during agency business hours and Saturday mornings, 9am to 11am. Paint and clean group projects can be scheduled up to six months in advance.
- **Clean and Sanitize Classrooms** – Small groups of 5 to 10 volunteers are perfect to help Save the Family keep our classrooms and playrooms clean. Volunteer duties consist of cleaning and organizing three small rooms at our main office in Mesa. Save the Family will provide all supplies. Projects are scheduled Monday through Friday during agency business hours and Saturday mornings, 9am to 11am.
- **Organize a Donation Drive or Baby Shower** – Volunteers can organize donation drive with their club, business, or neighborhood group. Drives allow us to support “Missy’s Mall,” which includes critical items and supplies homeless families need, including personal hygiene items, clothing, shoes, and household cleaning products. Baby showers are hosted for parents to help them with essential items they will need to welcome their new baby. Groups of 8 to 12 volunteers organize each shower, providing refreshments, decorations, and gifts. Showers are held weeknights, 5pm to 7:30pm.

Shoebox Ministry

Help working poor and homeless men, women & families by providing personal hygiene kits.

[Volunteer Opportunities - Shoebox Ministry](#)

Phone: 480-905-1610

Email: info@shoeboxministry.org

Ages: Family Friendly

- Collection Drive -Shoebox Ministry is always in need of toiletries. We gladly accept full-size, travel or hotel-sized items. Our most URGENT items are deodorant, toothpaste, feminine products and disposable razors.
- Other Drives to Support-Mother’s Day purse Drive, Holiday sock Drive. You may also make men’s and women’s hygiene kits, Vanity kits or mini kits at home and deliver to Shoebox

St. Anne Friends of the Needy Food Bank

Providing food and assistance to families and individuals in crisis in our community.

[Friends of the Needy Ministry | St. Anne \(stanneaz.org\)](#)

Phone: (480) 507-4466 or (480) 507-4400

Email: Johnc@stanneaz.org

- **Volunteer**- Shifts available Tuesday - Thursday from 9am-11am. Tasks include: stocking and organizing canned goods, sorting through grocery rescue, prepping boxes of food for clients, sorting through donations of children’s clothing, organizing baby items (diapers, wipes, food). Some tasks may require heavy lifting.
- **Donate**- Milk, eggs, meats, Pasta & sauces, PB & Jelly, canned goods and other nonperishable items, as well as children’s needs (diapers, clothing, toys, etc.). [Financial contributions](#), gift cards for grocery stores are also accepted. **Donation drop-off during our hours of operation Mon-Sat from 9AM-12PM**

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United Food Bank

Provides supplemental and emergency food to those in need.

[Volunteer – United Food Bank](#)

Ages: Children ages 5 to 15 can volunteer to build food bags/sort food when accompanied by an adult. Ages 16-17 can volunteer independently with a signed waiver by a parent or guardian.

Opportunities can be one-time or on-going.

- Host a food drive
- Become a fundraiser
- Building emergency food bags

Weekly Collective LLC:

Organizes volunteer opportunities, charity drives, educational events, and a variety of community engagements for families and individuals. We provide yard work and other small house maintenance services to qualifying seniors in Gilbert.

<https://weeklycollective.com>

Phone: (480) 223-7863

Ages: Family Friendly, Groups and Individuals

Volunteer opportunities:

- Gilbert Day of Service for Seniors
- Christmas Stockings for Seniors
- Re-stock the Pantry @ Page Commons
- Back to School Drive @GPS
- Midwest Food Bank
- Other events posted on our Facebook page

OTHER VOLUNTEER RESOURCES:

- Just Serve: www.justserve.org