

**DIAL 988**  
**SUICIDE & CRISIS LIFELINE**

**DIAL 211**  
**ESSENTIAL COMMUNITY SERVICES**

Human Services | Fall 2023

# Community Resource Guide

Directory of Services in the Gilbert Area



[gilbertaz.gov/housing](https://gilbertaz.gov/housing)



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This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who need services.

The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken based on the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at [cir.org](http://cir.org).

It’s our goal to provide current and accurate information; however, businesses may have changed locations or contact information. To report errors or to submit additional agencies for consideration, [click here](#).

Date Revised: 11/1/2023

## 2-1-1 Community Information & Referral **24/7**

Connects to expert, caring help. Confidential.  
[2-1-1 Arizona - A Program of Solari - 2-1-1 Arizona \(211arizona.org\)](https://211arizona.org)

## Heritage Resource Center - Gilbert

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132 W Bruce Ave, Gilbert 85233  
480-428-5446  
[gilbertaz.gov/heritage-center](https://gilbertaz.gov/heritage-center)

### AZCEND

**Neighborhood Assistance Services (NAS)** -  
Emergency financial assistance for utilities and  
eviction prevention.

**Family Resource Center** - Free parenting  
education workshops, interactive family play  
opportunities, story time for families with children  
0-5.

480-428-5446 x201  
[azcend.org](https://azcend.org)

### Dignity Health

Children's dental clinic, immunization clinics,  
vision and hearing clinics for children, Healthier  
Living Self-Management

Children's Dental	480-292-8728
Hearing & Vision	480-728-3140
Immunization Clinic	480-728-3777 (Spanish) 480-728-2004 (English)

Healthier Living Workshops  
480-728-2376  
<https://www.dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach>

### Southwest Behavioral & Health Services

Counseling services, case management, Child  
and Family Team Meetings, resource  
development, and community outreach.  
480-820-5422 | 602-265-8338  
[www.sbhservices.org](https://www.sbhservices.org)

## Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health  
foods, community referrals

602-506-9333  
[maricopa.gov/1491/Women-Infants-Children-WIC](https://maricopa.gov/1491/Women-Infants-Children-WIC)

## Abuse, Adult & Children

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### 9-1-1

### Adult Protective Services

Services to protect adults from abuse, neglect, or  
exploitation.

1-877-767-2385

### Speak Up AZ

Raising awareness of adult abuse, neglect, and  
exploitation in Arizona.

<https://speakupaz.org/>

### Arizona Department of Child Safety

Report suspected child abuse, neglect,  
exploitation, or abandonment

1-888-767-2445

[dcs.az.gov/](https://dcs.az.gov/)

### Winged Hope

Assistance with treatment of child abuse or  
domestic violence

480-757-7030

[wingedhope.org](https://wingedhope.org)

## Adoption/Foster Care

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### Aid to Adoption of Special Kids

Connecting children in foster care to mentors,  
creates families through adoption and foster  
care

602-254-2275

<https://www.aask-az.org/>

## ASA Now

Respite care, therapeutic programs, and support for foster families and caregivers

623-428-1592

[asanow.org](http://asanow.org)

## Boost a Foster Family

Offering assistance to unlicensed Kinship Foster Families in need

480-298-5665

[boostafosterfamily.org](http://boostafosterfamily.org)

## Child Crisis Arizona: Family Resource Center, Adoption, Foster Care

Education classes, foster care and adoption services

480- 834-9424

[childcrisisaz.org/](http://childcrisisaz.org/)

## Eagle Pathway

Youth/single moms exiting foster care

480-630-6113

[eaglepathway.org/](http://eaglepathway.org/)

## Foster Care & Adoption - Arizona's Children Association

Train and support foster care families; provide adoption services

800-944-7611

<https://www.arizonaschildren.org/services/foster-care-adoption-services/>

## Foster Arizona

Young Adult Housing Program, Kids Connection Program, Foster Cooperative, Educational Videos

480-369-0377

[fosterarizona.org](http://fosterarizona.org)

## Helen's Hope Chest

Clothes, personal hygiene items, school supplies, & baby items for children in foster care

480-969-5411

<https://www.helenshopechest.org/>

## Jose's Closet

Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families

480-309-1743

480-313-8496 (For emergency foster placements and benefactors)

[josescloset.org](http://josescloset.org)

## LDS Family Services: AZ Mesa LDS Family Services Office

1-800-453-3860 x 2-1711

480-968-2995

<https://providentliving.churchofjesuschrist.org/llds-family-services/adoption-resources?lang=eng>

## Alcohol and/or Drugs

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### ASAP - Adolescent Substance Abuse

Outpatient program for teens (12-18) who are seeking treatment of substance abuse

602-434-0249

[asapaz.com](http://asapaz.com)

### Community Bridges 24/7

Crisis mobile teams, inpatient/outpatient opioid & mental health treatment

877-931-9142

<https://communitybridgesaz.org/>

### Celebrate Recovery

Recovery ministry

480-632-8920

<https://www.sunvalleycc.com/celebrate-recovery/>

### Chandler Valley Hope 24/7

Addiction treatment facility; residential & partial day levels of care

480-899-3335

800-544-5101 24/7

[valleyhope.org/locations/chandler-valley-hope/](http://valleyhope.org/locations/chandler-valley-hope/)

## Dynamic Living Counseling

*Counseling, classes and treatment services*  
602-277-2112  
[dynamicliving.net/](http://dynamicliving.net/)

## Gilbert Youth & Adult Resources

*Comprehensive counseling program*  
480-635-7701  
[Youth & Adult Resources | Gilbert, Arizona](http://youth&adultresources.gilbertaz.gov)  
([gilbertaz.gov](http://gilbertaz.gov))

## Hope for Addiction, Inc.

*Weekly meetings, mentorship, transition support and practical tools*  
480-782-0403  
[Addiction Recovery | Hope for Addiction](http://addictionrecovery.com)

## Pathways Program for Teens & Young Adults

*Rehab treatment center*  
877-921-4050  
[thepathwayprogram.com](http://thepathwayprogram.com)

## Salvation Army Adult Rehabilitation Center

*Residential recovery program*  
602-256-4500 | 602-267-4100  
[https://phoenixarc.salvationarmy.org/phoenix\\_adult\\_rehabilitation\\_center/](https://phoenixarc.salvationarmy.org/phoenix_adult_rehabilitation_center/)

## Teen Challenge of Arizona

*Faith-based solutions for youth, adults and families struggling with life controlling problems.*  
800-346-7859  
[tcaz.org](http://tcaz.org)

## Other Resources

[Parent's Guide to Fentanyl](#)  
[Protecting Children from Online Drug Dealers](#)

## Animals: Stray or Injured/ Animal Cruelty/Placement

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## HALO Animal Rescue

*Adoptions and rescues*

602-971-9222  
[halorescue.org](http://halorescue.org)

## Arizona Humane Society

*Rescue & adoptions*  
602-997-7585 x134  
[azhumane.org](http://azhumane.org)

## Maricopa County Animal Care & Control

*A public animal shelter committed to finding good outcomes to lost, surrendered, and stray dogs*  
602-506-7387  
[maricopa.gov/pets](http://maricopa.gov/pets)

## Injured Wildlife

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### East Valley Wildlife

*Bird, including ducks; small mammals*  
480-814-9339 or [EastValleywildlife@gmail.com](mailto:EastValleywildlife@gmail.com)  
[eastvalleywildlife.org](http://eastvalleywildlife.org)

### Fallen Feathers

*Helps orphaned, lost, and injured wild birds*  
623-533-2348

### Liberty Wildlife

*Birds, mammals, reptiles, amphibians*  
480-998-5550  
[libertywildlife.org/](http://libertywildlife.org/)

### Southwest Wildlife

*Large Native Arizona mammals*  
480-433-5656  
[southwestwildlife.org](http://southwestwildlife.org)

## Wild at Heart – Raptor Rescue Organization 24/7

*A rescue, rehabilitation, and release center for birds of prey in Arizona*  
480-595-5047 | [info@WildAtHeart](mailto:info@WildAtHeart)  
<https://wildatheartraptors.org/>

## Benefits

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### Arizona Health Care Cost Containment System (AHCCCS)

Medical insurance coverage  
602-417-7100 Application: 855-432-7587  
<https://des.az.gov/ma>

### Arizona Long Term Care System (ALTCS)

Medicaid program to help seniors and disabled individuals afford health care  
602-417-6600  
[altcs.com](http://altcs.com)

### DES Childcare Assistance

Financial aid for child-care assistance  
602-542-4248 | 1-800-308-9000  
<https://des.az.gov/services/child-and-family/child-care>

### Medicare

Health care assistance for 65+  
1-800-772-1213 | TTY 1-800-325-0778  
[ssa.gov/medicare/apply.html](http://ssa.gov/medicare/apply.html)

### Nutrition Assistance

(formerly Food Stamp program)  
Supports families to prevent under-nutrition  
1-855-432-7587  
<https://des.az.gov/services/basic-needs/food-assistance/contact-us>

### Social Security Disability (SSI/SSDI)

Benefits to disabled adults and children  
1-800-772-1213 | TTY 1-800-325-0778  
[socialsecurity.gov/disabilityssi/ssi.html](http://socialsecurity.gov/disabilityssi/ssi.html)

### Social Security (retirement)

Retirement financial benefits  
1-800-772-1213 | TTY 1-800-325-0778  
[ssa.gov/retirement/retirement.htm](http://ssa.gov/retirement/retirement.htm)

### Temporary Assistance for Needy Families (TANF)

Temporary cash assistance to meet basic needs  
1-855-432-7587  
[des.az.gov/content/cash-assistance-overview](http://des.az.gov/content/cash-assistance-overview)

### Women, Infants and Children (WIC)

Nutrition program, supplemental foods & referrals for pregnant, breastfeeding and postpartum women, infants & children under 5  
1-800-252-5942  
[azdhs.gov/azwic](http://azdhs.gov/azwic)

## Child/Teen Services

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### Big Brothers Big Sisters

Mentoring program for 6-18  
602-264-9254 | TTY 1-800-367-8939  
[bbbsaz.org](http://bbbsaz.org)

### Boys Town National Crisis Hotline

Provide information, guidance, and expertise  
800-448-3000  
[boystown.org](http://boystown.org)

### Chandler-Gilbert YMCA

Sports, childcare, community programs  
480-899-9622  
<https://valleymca.org/chandler-gilbert/>

### Child & Family Resources

Accessible programming that helps parents be the best they can be and allows children to thrive  
888-241-5002  
<https://www.childfamilyresources.org/>

### Florence Crittenton Services of Arizona

Provides emergency shelter, residential housing, healthcare, education counseling, and social support to girls and young women, ages 10-25  
602-274-7318 | TDD 602-288-4551  
[flocrit.org](http://flocrit.org)

## Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance  
480-813-2020

<https://www.bgcaz.org/gilbert-branch/>

## HomeBase Youth Services – Homeless Youth

Housing program is open to individuals of all ethnicities with specialized communities for homeless youth.

602-263-5531

<https://www.nativeconnections.org/housing/transitional-emergency-youth>

## notMYkid

Education programs-substance abuse, bullying, internet safety and more

602-652-0163

[notmykid.org](http://notmykid.org)

## Teen Lifeline, Inc. 24/7

Suicide counseling

800-248-8336 | 602-248-8336

[teenlifeline.org/](http://teenlifeline.org/)

## A New Leaf, Inc. Childcare

After school programs

480-832-9268

[turnanewleaf.org/services/youth-behavioral.html](http://turnanewleaf.org/services/youth-behavioral.html)

## Child Care/After School Care

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### Chandler School District –Child Care

Childcare for ages 0-5, Kids Express before and after school care for grades K-8

480-812-7000

[cusd80.com/Page/87257](http://cusd80.com/Page/87257)

### Child Care Resources & Referral

Resource to find quality childcare near you

1-800-308-9000

[arizonachildcare.org](http://arizonachildcare.org)

## East Valley JCC

Early learning center for all, school break camps, and preschool

480-897-0588

[evjcc.org](http://evjcc.org)

## Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance

480-813-2020

<https://www.bgcaz.org/gilbert-branch/>

## Gilbert Public Schools – VIK

Before & after school programs K-6<sup>th</sup> grade, full day programs ages 3-5 yrs old, summer programs

480-892-9089 x0

<https://gilbertschools.ce.eleyo.com/child-care/1/vik-club-before-and-after-school-program>

## Gilbert Public Schools-ToyBox

Early education child care program for ages 3-5

480-373-5569

<https://gilbertschools.ce.eleyo.com/child-care/4/preschool-toybox>

## Higley School District – Kids Club

Before/After, summer & school break programs ages 3-12

480-279-7055

[www.husd.org/domain/1854](http://www.husd.org/domain/1854)

## Counseling Services

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### A New Leaf, Counseling Service

Counseling center for children and youth

480-969-4024

[turnanewleaf.org/services/youth-behavioral.html](http://turnanewleaf.org/services/youth-behavioral.html)

### Childhelp 24/7

For children affected by child abuse

480-922-8212 | 1-800-422-4453 **National 24/7**

[childhelp.org](http://childhelp.org)



## Family Service Agency Counseling

*Out-patient behavioral health clinic*

602-264-9891

<https://fsaphoenix.org/outpatient-counseling-services/>

## Gilbert Youth & Adult Resources

*Comprehensive counseling program for Gilbert youth and families*

480-635-7701

[gilbertaz.gov/departments/police/community/youth-adult-resources](http://gilbertaz.gov/departments/police/community/youth-adult-resources)

## Jewish Family & Children's Services

*Counseling & behavioral health services*

602-279-7655

[jfcsaz.org](http://jfcsaz.org)

## Valle Del Sol

*Adult, youth and family counseling*

602-258-6797

<https://www.valledelsol.com/>

## Dental Services

### Carrington College Dental Clinic

*Offering free dental care to children ages 12-17 including X-rays, cleaning and polishing*

480-717-3510

<https://carrington.edu/mesa-dental-hygiene/>

### Dignity Health Children's Dental Clinic- Gilbert

*Providing preventative dental services and oral health education at no cost to qualifying patients*

480-292-8728

<https://www.dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach/early-childhood-oral-health/childrens-dental-clinic>

### Dignity Health Screenings

*Free dental screenings for expectant mothers, babies, and children through age 5*

480-782-5709

[Early Childhood Oral Health | Chandler Regional Medical Center | Dignity Health | Dignity Health](#)

## Domestic Violence & Sexual Abuse

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### 24-Hour DV Hotline

480-890-3039 or 1-844-SAVEDVS

[dvstop@turnanewleaf.org](mailto:dvstop@turnanewleaf.org)

### A New Leaf/ Autumn House Domestic Violence Shelter

*Refuge from abuse and violence*

480-890-3039

[turnanewleaf.org/services/domestic-violence.html](http://turnanewleaf.org/services/domestic-violence.html)

### AZ Coalition to End Sexual & Domestic Violence

*Helpline, education, resourcing*

602-279-2900 or

1-800-799-7233 | TTY 1-800-787-3224

[acesdv.org](http://acesdv.org)

### CeCe's Hope Center

*Improving the lives and future of 18-24 year old female victims of sexual abuse by bridging the gap in available services and support*

480-625-7044

[www.cecescenter.org](http://www.cecescenter.org)

### Chrysalis Shelter 24/7

*Includes shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment for women, men and children.*

602-944-4999 24/7 | 602-955-9059

[noabuse.org](http://noabuse.org)

### CAAFA

*Emergency shelter, support groups, legal advocacy, case management, sexual assault victim advocacy*

480-890-3039 (hotline)

480-982-0205 (business related needs)

<https://www.turnanewleaf.org/services/domestic-violence-services/caafa/>

## Domestic Violence Support/Shelter

*Shelter search, answers to DV questions*

[domesticshelters.org](http://domesticshelters.org)

## DOVES – 50+

*Helps victims of late-life (ages 50+) DV*

602-264-2255 |

[aaaphx.org/program-services/doves-program](http://aaaphx.org/program-services/doves-program)

## Fresh Start Women’s Resource Center

*Education, resources and support for women*

602-252-8494

[www.freshstartwomen.org](http://www.freshstartwomen.org)

## Gilbert Youth & Adult Resources

*Comprehensive counseling program for Gilbert youth and families*

480-635-7701

[gilbertaz.gov/departments/police/community/youth-adult-resources](http://gilbertaz.gov/departments/police/community/youth-adult-resources)

## Mesa Family Advocacy Center

*On-scene crisis intervention from trained Victim Services personnel; medical attention is provided on-site to physical and sexual assault victims;*

480-644-4075

<https://www.mesafamilyadvocacycenter.com/>

## My Sister’s Place -DV Shelter

*Domestic violence shelter*

480-821-1024

[catholiccharitiesaz.org/phoenix/domestic-violence](http://catholiccharitiesaz.org/phoenix/domestic-violence)

## National Domestic Violence Hotline

800-799-7233 | TTY 1-800-787-3224

[thehotline.org](http://thehotline.org)

## Starbright Foundation

*Rescue children and young adults from human sex trafficking and abusive/dangerous environments*

925-487-2261

<https://starbrightfoundation.org/>

## Winged Hope

*Assistance with treatment of domestic violence*

480-757-7030

[Wingedhope.org](http://Wingedhope.org)

## Woman Shelters

*Listings of shelters, transitional housing, residential treatment centers and women's residential services.*

[womenshelters.org/sta/arizona](http://womenshelters.org/sta/arizona)

## Lost our Home Pet Rescue

*Provides up to 90 days of complete care for pets when their pet parents experience a life hardship and are unable to care for them temporarily.*

<https://www.lostourhome.org/>

## Drugs

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See “Alcohol and/or Drugs” on page 5.

## Eating Disorders

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### Healthy Futures-Scottsdale

*Offers the utmost professional and comprehensive treatment for those with eating disorders*

480-451-8500

[healthyfuturesaz.com](http://healthyfuturesaz.com)

### Ophelia’s Place-Gilbert

*To provide support, community, and harm-reducing resources for Every Body impacted by eating disorders, diet, culture, and body oppression*

480-436-7683

[opheliasplace.org](http://opheliasplace.org)

### Rosewood Ranch – Tempe

*General counseling, nutrition, and psychiatric services for eating disorders*

480-741-4871

[rosewoodranch.com/locations/rosewood-tempe/](http://rosewoodranch.com/locations/rosewood-tempe/)

## Education Resources - Adult & Youth

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### Arizona Department of Education

High quality educational opportunities to all  
602-542-5393 | 1-800-352-4558  
<https://www.azed.gov/>

### Arizona Kids Think Too

Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more  
602-441-2443  
<https://azkidsthinktoo.org/>

### Arizona Literacy and Learning Center, Inc.

Help children and youth who have literacy / dyslexia and other language-based disorders  
602-212-1089  
[mightycause.com/organization/Azliteracy](http://mightycause.com/organization/Azliteracy)

### Advocacy 31nine

Educational support for students in foster care and tutoring program.  
480-757-4100  
[www.advocacy31nine.org](http://www.advocacy31nine.org)

### Chandler-Gilbert Community College

Empowers students to unlock their full potential through inclusive learning opportunities and community engagement.  
480-732-7000  
<https://www.cgc.edu>

### Child Crisis Arizona

The Family Education Program offers workshops, classes, support groups, legal clinics, and family-friendly activities. All of these programs center around teaching positive parenting skills that build strong families.  
480-834-9424  
[childcrisis.org](http://childcrisis.org)

### Dress for Success

Empower women to achieve economic independence by providing a network of support, professional attire and the development tools  
602-489-7397  
<https://dfsphoenix.org/>

### First Things First

Healthy development and learning of young children 0-5  
602-771-5100 | 1-877-803-7234  
[azftf.gov/Pages/default.aspx](http://azftf.gov/Pages/default.aspx)

### Fresh Start Women's Resource Center

Education, resources and support for women  
602-252-8494  
[freshstartwomen.org](http://freshstartwomen.org)

### Friendly House

Early Childhood Development, Adult Education, Workforce Development, Family Immigration Services, Homecare for Seniors /Physically Disabled, Parent Education & Drug Prevention, Emergency Supportive Services  
602-257-1870  
[www.friendlyhouse.org](http://www.friendlyhouse.org)

### Fusion You

Mentorship of a certified life coach and skilled processors  
480-646-6598  
<https://www.houseofclayaz.com/fusion-you>

### GPS-Parent University

Empower families to raise children to be safe and successful in school and life.  
480-497-3300  
<https://www.gilbertschools.net/parentuniversity>

### Healthy Families Arizona

Resources for families  
<https://dcs.az.gov/services/prevention-and-family-support/healthy-families-arizona>

## HD-South – Home of the Gilbert Historical Museum

Offering free and low-cost community programming for all ages, focusing on art, history, health & wellness, music, literature, and science.

480-926-1577

[www.hdsouth.org](http://www.hdsouth.org)

## Junior Achievement of Arizona

Money management skills

480-377-8500

[jaaz.org](http://jaaz.org)

## New Directions Institute for Early Childhood Brain Development

Provides parents and caregivers with training and tools for optimal development

602-371-1366

[arizonaschildren.org/ndi](http://arizonaschildren.org/ndi)

## Positive Paths for Women

Providing scholarships, mentoring and professional development for East Valley women (480) 788-0615

[www.positivepathsaz.org](http://www.positivepathsaz.org)

## Southeast Regional Library

Storytime, baby time and more

602-652-3000

<https://mclidaz.org/locations/southeast/>

## Perry Branch Library

Storytime, baby time and more

602-652-3000

<https://mclidaz.org/locations/perry/>

## Southwest Human Development

Child development, early literacy, disability services

602-266-5976

[swhd.org](http://swhd.org)

## Emergency/Crisis

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9-1-1

Stop a crime! Report a fire! Save a Life!

9-8-8

Suicide & Crisis Lifeline

## Adult Protective Services

1-877-767-2385 | 602-542-4446

[azdes.gov/daas/aps/](http://azdes.gov/daas/aps/)

## Department of Child Safety

1-888-767-2445 | TDD 602-530-1831

[dcs.az.gov/](http://dcs.az.gov/)

## Gilbert Police Non-Emergency

480-503-6500

[gilbertaz.gov/police](http://gilbertaz.gov/police)

## Maricopa CRISIS Line

602-222-9444

[crisisnetwork.org](http://crisisnetwork.org)

## Teen Lifeline

602-248-8336

## Starbright Foundation for Abused Children

Housing for victims of trafficking and child abuse

480-371-3381

[starbrightfoundation.org](http://starbrightfoundation.org)

## Veteran Crisis Line

988 (press 1)

## Urgent Psychiatric Care (UPC) 24/7

Adult only 24 hr emergency/crisis psychiatric care

602-416-7600

[connectionsarizona.com](http://connectionsarizona.com)

## Employment Services

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### Allied Forces-Temp Services

Match job seekers with the right client company that fit their skillset & experience.

855-423-8367 | (480) 649-6004

<https://www.alliedforces.com/>

## Arizona Women's Education & Employment

Connect clients with better jobs

602-601-7200

[aweec.org](http://aweec.org)

## Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

[freshstartwomen.org](http://freshstartwomen.org)

## Goodwill Career Center

Career services free of charge

602-535-4444

<https://www.goodwillaz.org/employment-services/>

## Maricopa Workforce Connections

Job placement, skills assessments, job training, career counseling and resume development.

602-372-9700 | 602-506-5911

<https://arizonaatwork.com/locations/maricopa-county/adult-job-seekers>

## St. Joseph the Worker

Assist homeless, low-income and other disadvantaged individuals in their efforts to become self-sufficient through quality employment.

844-SJW-JOBS | 844-759-4627

<https://www.sjwjjobs.org/>

## Food/Clothing

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### AZCEND

Emergency & supplemental food boxes

480-963-1423

[azcend.org/food-bank/](http://azcend.org/food-bank/)

### City Hope

Food bank, hygiene, and clothing

480-686-8408

<https://www.cityhopeaz.org/>

## Clothes Cabin

Clothes, steel toed work boots, and laundry service for the homeless

480-285-4111

[clothescabin.org](http://clothescabin.org)

## FANS Resource Distribution Center

Assists in providing daily living necessities for homeless students, families in transition, victims and children of domestic violence.

480-821-3013

[Childcrisis.org/fans](http://Childcrisis.org/fans)

## Friendly House

Food boxes, hygiene boxes

602-257-1870

[friendlyhouse.org/programs/family-services/](http://friendlyhouse.org/programs/family-services/)

## Gilbert Senior Center Meals

On-site daily lunch program

480-503-6061

<https://www.gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors>

## House of Refuge

Certified food bank for the public

480-988-9242

[www.houseofrefuge.org](http://www.houseofrefuge.org)

## Matthew's Crossing Food Bank

Emergency and supplemental food boxes

480-857-2296

[matthewscrossing.org](http://matthewscrossing.org)

## Midwest Foodbank

Food distribution center to non-profits.

480-892-0134

[www.midwestfoodbank.org](http://www.midwestfoodbank.org)

## Open Arms Care Center

Supplemental food & clothing

480-539-0175

[openarmscc.com](http://openarmscc.com)

## Paz de Cristo

Nightly meal service, food boxes, showers, clothing bank, clothing vouchers, hygiene.  
464-2370

[pazdecristo.org/](http://pazdecristo.org/)

## Salvation Army – Chandler Corp

Food pantry and meal program  
480-963-2041

[salvationarmyusa.org](http://salvationarmyusa.org)

## St. Anne’s Friends of the Needy

Food, clothing toys, household appliances  
480-507-4400

[stanneaz.org/connect/ministries/outreach/friends-of-the-needy](http://stanneaz.org/connect/ministries/outreach/friends-of-the-needy)

## St. Mary’s Food Bank Alliance

Food distribution warehouse to agency partners  
602-242-3663

[firstfoodbank.org](http://firstfoodbank.org)

## St. Vincent de Paul

Dining rooms, clothing distribution  
602-261-6886 | 602-266-4673

[stvincentdepaul.net](http://stvincentdepaul.net)

## United Food Bank

Food distribution warehouse to agency partners  
480-926-4897

[unitedfoodbank.org](http://unitedfoodbank.org)

## Vineyard Community Church

Clothing and food boxes  
480-892-5828

[vineyardaz.com](http://vineyardaz.com)

## Functional/Special Needs

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### Ability360

Programming to empower people with disabilities  
602-256-2245

[Ability360](http://Ability360)

## ACCEL Adult Services

Adult programs provide lifelong education and vocational training for individuals over the age of 18 with developmental disabilities

602-997-2331

[accel.org](http://accel.org)

## Arizona Autism United

Services for children with autism and their families

602-773-5773

[azaunited.org](http://azaunited.org)

## AZ Center for the Blind & Visually Impaired

Promoting resourcefulness, independence, dignity and employability

602-273-7411

[www.acbvi.org](http://www.acbvi.org)

## AZ Commission for the Deaf & Hard of Hearing

Referral center for issues related to people with hearing loss

TTY 800-352-8161 | Voice 602-542-3323

[acdhh.org](http://acdhh.org)

## AZ DES – Services for Blind, Visually Impaired and Deaf

Assist individuals to achieve employment

<https://des.az.gov/services/employment/arizona-rehabilitation-services>

## AZ Council Spinal & Head Injuries

Resources and information

602-774-9148

[azheadspine.org](http://azheadspine.org)

## Arizona Relay Service 7-1-1

Assists in connecting deaf, hard of hearing, deaf-blind or have difficulty speaking to whom they need to reach

602-542-3323

TTY 1-800-367-8939 | Voice 1-800-842-4681

[azrelay.org](http://azrelay.org)

## Autism Society of Greater Phoenix

*Mentoring, support groups, advocacy*  
480-940-1093  
[phxautism.org/](http://phxautism.org/)

## Autism Speaks

*Resources for programs and services*  
888-288-4762  
<https://www.autismspeaks.org/>

## A Brighter Avenue

*Therapies, early autism programs, in home services*  
480-474-4173  
[abrighteravenue.org](http://abrighteravenue.org)

## AZ HBS- Home Based Services

*Habilitation, respite and attendant care*  
480-351-9479  
[Azhbs.com](http://Azhbs.com)

## Best Buddies International

*Leadership development and living, jobs and friendships for people with intellectual and developmental disabilities.*  
602-253-6301  
[www.bestbuddies.org](http://www.bestbuddies.org)

## Brain Injury Alliance

*Helping to improve the quality of life for everyone impacted by brain injury.*  
1-888-500-9165  
<https://biaaz.org/about-us/>

## Chandler Gilbert ARC

*Teaching and support to individuals with intellectual and developmental disabilities*  
480-892-9422  
[cgarc.org](http://cgarc.org)

## Civitan Foundation

*Respite, habilitation, attendant care, day treatment for adults, home and community-based services, group supported employment and recreational events Transportation is offered to and from services.*

602-953-2944

[civitanfoundationaz.com](http://civitanfoundationaz.com)

## Cornerstone Healthcare Inc.

*In home service provider*  
1-800-743-8013  
[cornerstonehealthcareaz.com/](http://cornerstonehealthcareaz.com/)

## DES-Developmental Disabilities

*Support and services for eligible people who*  
1-844-770-9500  
<https://des.az.gov/services/disabilities/developmental-disabilities>

## Down Syndrome Network of Arizona

*Programs serve all age groups in the Down syndrome community.*  
480-759-9150  
<https://dsnetworkaz.org/>

## Foundation for Blind Children

*Education, tools and services to those with vision loss*  
602-331-1470 | 602-678-5800  
[seeitourway.org](http://seeitourway.org)

## Gilbert Adaptive Recreation Program

*Programs and activities for 14+ with adaptive recreation needs*  
480-503-6270  
[gilbertaz.gov/adaptiverec](http://gilbertaz.gov/adaptiverec)

## Marc Community Resources Inc.

*Educational, therapeutic, rehabilitation and social services to children & adults with developmental, physical disabilities and behavioral health challenges*  
480-969-3800  
<https://www.mightycause.com/organization/Marc>

## Moneygeek

Homeownership and modification options for individuals with disabilities

<https://www.moneygeek.com/mortgage/homeownership-for-people-with-disabilities/>

## Raising Special Kids

Support, training, information and assistance so families can become advocates for their children with disabilities.

602-242-4366

[www.raisingpecialkids.org](http://www.raisingpecialkids.org)

## Smiles for Special Needs

Respite, habilitation and attendant care

480-361-1972

<https://smilesforspecialneeds.com/>

## Southwest Autism Research and Resource Center

Clinical, school-based, and employment-based autism programs and services

602-340-8717

[autismcenter.org](http://autismcenter.org)

## Southwest Human Development

Developmental assessments, inclusion program, assistive technology, autism services and more

602-266-5976

[swhd.org](http://swhd.org)

## Valley Center of the Deaf

Provide services to help live independently

602-267-9121 | TTY 602-267-9122

[vcdaz.org](http://vcdaz.org)

## Grief & Loss

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### GriefShare

Support for grief journey after loss of a loved one

480-600-8352

<https://www.griefshare.org/>

### Hospice of the Valley

For adults or teens who have suffered a loss

602-530-6900

[hov.org/grief-support-groups](http://hov.org/grief-support-groups)

## MISS Foundation

For those who have lost a child

1-602-279-6477

<https://missfoundation.org/>

## Mesothelioma Grief Counseling

Cancer caused by inhaled asbestos fibers.

<https://www.asbestos.net/mesothelioma/>

## New Song Center for Grieving Children

Support groups and activities for children, teens or young adults who have lost a loved one

480-951-8985

[hov.org/welcome-new-song-center-grieving-children](http://hov.org/welcome-new-song-center-grieving-children)

## Stepping Stones of Hope

Support groups and camps for kids, teens, adults and families who have lost a loved one

602-264-7520

[steppingstonesofhope.org](http://steppingstonesofhope.org)

## Health: Low/No Cost

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### Adelante Healthcare, Inc.

Primary medical care for the whole family, including family and internal medicine, pediatrics, dental and on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance.

877-809-5092

[adelantehealthcare.com](http://adelantehealthcare.com)

### Affordable Health Insurance

Access to the best and most affordable health care options in Arizona

<https://www.affordablehealthinsurance.com/arizona-health-insurance/>

### Arizona Health Care Cost Containment System (AHCCCS)

Medicaid agency that provides medical insurance and health care programs

602-417-7100 | 1-800-334-5283

<https://www.azahcccs.gov/>



## Chandler Care Center

*Provides free medical, dental, counseling and social services for children and families*

**480-812-7900**

<https://www.cusd80.com/page/1002>

## Dignity Health-Gilbert

*Immunization clinics, vision and hearing clinics for children, Healthier Living Self-Management*

**Hearing & Vision 480-728-5602**

**Immunization Clinic 480-728-2004 (children)  
480-728-3777 (adults)**

**Workshops 480-728-2376**

[Immunization Clinics | Chandler Regional Medical Center | Dignity Health | Dignity Health](#)

## Dignity Health-Chandler Regional

*Child safety, Heart health and Motherhood classes.*

**480-728-3000**

[dignityhealth.org/chandlerregional](http://dignityhealth.org/chandlerregional)

## Desert Mission Medical Services

*Adult day healthcare senior enrichment programs*

**602-807-6374**

[desertmission.com/programs/community-healthcare/](http://desertmission.com/programs/community-healthcare/)

## Medical Loan Closets

*Durable medical equipment (canes, walkers, wheelchairs, etc.)*

**Ability360 602-296-0536**

**Aster Aging 480-964-9014**

**AZPVA 602-244-9168**

**Catholic Charities 602-997-6105**

**St. Vincent de Paul 602-261-6896**

## Mission of Mercy-MOM

*Free primary medical care and prescription medications for uninsured patients*

**480-758-8343**

[momaz.org](http://momaz.org)

## Oak Street Health

*Doctors for adults on Medicare*

**480-887-9816**

<https://www.oakstreethealth.com/>

## Hospitals: Medical

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### Banner Desert Medical Center

**480-412-3000**

[bannerhealth.com/locations/mesa/banner-desert-medical-center](http://bannerhealth.com/locations/mesa/banner-desert-medical-center)

### Banner Gateway Medical Center

**480-543-2000 | 855-256-6444**

[bannerhealth.com/locations/gilbert/banner-gateway-medical-center](http://bannerhealth.com/locations/gilbert/banner-gateway-medical-center)

### Banner Heart Hospital

**480-854-5000**

[www.bannerhealth.com/locations/mesa/banner-heart-hospital](http://www.bannerhealth.com/locations/mesa/banner-heart-hospital)

### Banner Children's at Desert

**480-412-5437**

[bannerhealth.com/locations/mesa/cardon-children-s-medical-center](http://bannerhealth.com/locations/mesa/cardon-children-s-medical-center)

### Chandler Regional Medical Center

**480-728-3000**

[dignityhealth.org/chandlerregional](http://dignityhealth.org/chandlerregional)

### Mercy Gilbert Medical Center

**480-728-8000**

[dignityhealth.org/mercygilbert/](http://dignityhealth.org/mercygilbert/)

### Phoenix Children's Hospital

**602-933-1000**

[phoenixchildrens.org](http://phoenixchildrens.org)

### Phoenix ER Medical Hospital (Chandler)

**480-284-5867**

[phoenixERhospital.com](http://phoenixERhospital.com)

## Hospitals: Psychiatric

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**Aurora Psychiatric 24/7**  
877-870-7012 **24/7** | 480-345-5420  
<https://www.auroraarizona.com/>

**Banner Behavioral Health**  
480-448-7500  
[bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital](https://bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital)

**Community Bridges Inc. 24/7**  
480-962-7711 or **877-931-9142**  
[communitybridgesaz.org/](https://communitybridgesaz.org/)

**Copper Springs East 24/7**  
480-667-5500  
<https://coppersprings.com/locations/gilbert-az/>

**Mind 24/7 – 24/7**  
*Walk in available for behavioral health services*  
1-844-Mind247  
<https://www.mind24-7.com/>

**Oasis Behavioral Health Hospital**  
480-917-9301  
[obhhospital.com](https://obhhospital.com)

**Quail Run Behavioral Health 24/7**  
(8-11/adults)  
602-455-5700  
[quailrunbehavioral.com](https://quailrunbehavioral.com)

**St. Luke's Behavioral 24/7**  
602-251-8535 | 1-800-821-4193  
<https://www.stlukesbehavioralhealth.org/>

**Urgent Psychiatric Care (UPC) 24/7**  
**walk in**  
602-416-7600  
[connectionsarizona.com](https://connectionsarizona.com)

## Housing Repair

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**Ability360**  
*Home modification program assisting people with disabilities*  
602-256-2245  
[Ability360.org](https://Ability360.org)

**Habitat for Humanity**  
*Builds and improves homes for individuals & families*  
602-268-9022  
[habitatcaz.org](https://habitatcaz.org)

**Homes for Single Moms**  
*Help single mother homeowners manage & maintain their homes with support, resources, education and maintenance*  
[homesforsinglemoms.org/](https://homesforsinglemoms.org/)

**Home Safety Evaluations**  
Town of Gilbert Fire and Rescue  
480-503-6300  
[gilbertaz.gov/departments/fire-and-rescue](https://gilbertaz.gov/departments/fire-and-rescue)

**Rebuilding Together**  
*Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities*  
480-774-0237  
[rtvos.org/](https://rtvos.org/)

**Town of Gilbert - Emergency Home Repair Program**  
*Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.*  
480-503-6277  
[gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/emergency-minor-home-repair-program](https://gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/emergency-minor-home-repair-program)

## Housing -Transitional & Rent Assistance

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### Affordable Rental Movement of Save the Family

*Transitional housing and supportive services for homeless families with children; rent assistance*

**480-898-0228**

[savethefamily.org](http://savethefamily.org)

### Arizona Housing, INC.

*Provides quality affordable housing coupled with comprehensive supportive services*

**602-228-7832**

<https://www.azhousinginc.org/>

### Neighborhood Assistance Services - AZCEND

*Rent & Utility assistance*

**480-892-5331**

<https://azcend.org/nas/>

### Freedom & Liberty House

*Short and long-term transition homes for at-risk single moms and children*

**480-782-0403**

[Home | A Home to Dwell](#)

### House of Refuge

*Providing safe, stable transitional housing to families experiencing homelessness. Must qualify (not emergency shelter)*

**480-988-9242**

[www.houseofrefuge.org](http://www.houseofrefuge.org)

### Salvation Army – Chandler Office

*Assist with paying utilities, rent or other vital payments*

**480-963-2041**

[arizona.salvationarmy.org/arizona/chandler\\_corps\\_community\\_center\\_page](http://arizona.salvationarmy.org/arizona/chandler_corps_community_center_page)

Other Resource Guides:

[www.publicservicedegrees.org/public-assistance/affordable-housing-help](http://www.publicservicedegrees.org/public-assistance/affordable-housing-help)

## Immigration Services

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### MP legal services LLC

*Prepares legal documents*

**602-715-3329**

<https://www.mplegalservicesaz.com/>

### Sanchez Immigration

*Practices federal immigration and nationality law*

**480-275-2407**

<https://topratedimmigration.com/>

### The Widow's Mite

*Assists African refugees*

[facebook.com/widowsmiteaz/](https://facebook.com/widowsmiteaz/)

### Translation AZ

*Professional translation services for all languages*

**1-800-620-4789**

[translationaz.com/translation-services/](http://translationaz.com/translation-services/)

## Legal

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### AZ Coalition to End Sexual and Domestic Violence (ACESDV)

*Legal Advocacy Hotline*

**602-279-2900 | 800-782-6400**

**TTD/TTY 602.279.7270**

[acesdv.org](http://acesdv.org)

### Community Legal Services

*Legal services to lower income eligible residents experiencing legal problems*

**480-833-1442 (EV) | 602-258-3434 (Phxz0**

**TTY 602-254-9852**

[clsaz.org](http://clsaz.org)

### Family Legal Assistance Program (FLAP)

*Free or reduced fee legal help for those who qualify*

**602-506-7948**

[azlawhelp.org](http://azlawhelp.org)

## State Bar of Arizona

Resources on finding a lawyer, legal help and education

602-252-4804

[azbar.org](http://azbar.org)

## VITA-Volunteer Income Tax Assistance

Taxes prepared for free

480-969-8601

<https://www.mesaunitedway.org/volunteer-income-tax-assistance/>

## Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ)

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### ADDICTIONS

LGBTQ Addiction & Mental Health support resources

<https://www.addictions.com/lgbtq-addiction-mental-health-resources/>

### GLSEN

Community connections & crisis assistance

602-705-9780

<https://www.glsen.org/>

## Greater Phoenix Gay & Lesbian Chamber of Commerce

Supports an inclusive business environment

480-748-6681

[phoenixgaychamber.com](http://phoenixgaychamber.com)

## One-N-Ten

Serves youth and young adults ages 11-24.

602-400-2601 or 602-279-0894

<https://oneten.org/>

## Parents Families and Friends of Lesbians & Gays (PFLAG) Phoenix

Provides support to those on the journey

602-843-1404

[pflagphoenix.org](http://pflagphoenix.org)

## Phoenix Pride

Promotes unity, visibility and self-esteem through programs

602-277-7433

[phoenixpride.org](http://phoenixpride.org)

## Teen Lifeline

24 hr service with trained peer counselors

602-248-8336

[teenlifeline.org](http://teenlifeline.org)

## Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

[thetrevorproject.org](http://thetrevorproject.org)

## Mental/Behavioral Health

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### AZ Teen Crisis Solutions

623-879-9600 | Crisis Text 741741

### Community Bridges 24/7

Crisis stabilization services and emergency interventions

877-931-9142

[communitybridgesaz.org/](http://communitybridgesaz.org/)

### EMPACT

Mobile crisis support, case management and trauma healing program

1-800-273-8255

<https://suicidepreventionlifeline.org/>

### Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

[gilbertaz.gov/police](http://gilbertaz.gov/police)

### Hushabye Nursery

Providing short-term medical care to infants suffering from neonatal abstinence syndrome

480-628-7500

[www.hushabyenursery.org](http://www.hushabyenursery.org)

### IMHR Epicenter Phx (ages 15-35)

Therapy, education, support and medicine management  
602-321-5738

### Jewish Family & Children Services

Counseling & behavioral health services, substance abuse counseling and recovery  
480-820-0825 | 602-279-7655  
[jfcsaz.org](http://jfcsaz.org)

### Mercy Maricopa Integrated Care

Connect to behavioral health, substance use and crisis care services  
602-222-9444 | 1-800-631-1314  
TTY/TDD 1-800-327-9254  
[mercyarizona.org](http://mercyarizona.org)

### Mind 24/7 -24/7

Walk-in mental health care to patients in minutes  
844-646-3247 (call or text)  
<https://www.mind24-7.com/>

### NAMI Valley of the Sun office

Advocates for access to services, treatment and education programs  
602-244-8166  
[namivalleyofthesun.org](http://namivalleyofthesun.org)

### Redemption Psychiatry & Counseling

Outpatient group to provide mental health treatment to children, teens and adults in the East Valley  
480-471-8560  
[redemptionpsychiatry.com](http://redemptionpsychiatry.com)

### Resilient Health

Youth, individual, family and group counseling for mental health and substance use challenges with an emphasis on trauma-responsive treatments.  
877-779-2470  
<https://www.resilienthealthaz.org/>

### San Tan Behavioral Health

Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs  
480-507-3644  
[santanbhs.com](http://santanbhs.com)

### Semicolon Society

Free mental health education/suicide prevention support, events and resources  
[www.semicolonsociety.org](http://www.semicolonsociety.org)

### Southwest Behavioral & Health Services

Providing integrated behavioral & health services to children, adolescents and adults  
480-820-5422 | 602-265-8338  
[sbhservices.org](http://sbhservices.org)

## Military/Veterans

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### American Red Cross

Supports military families during deployments and emergencies  
602-336-6660  
[redcross.org/what-we-do/support-military-families](http://redcross.org/what-we-do/support-military-families) or [www.redcross.org/find-help](http://www.redcross.org/find-help)

### Military/Veterans Crisis Line

Connect with a qualified responder  
988 press 1  
602-277-5551 Phx VA Health Care  
<https://www.veteranscrisisline.net/>

### Military OneSource

Assistance in preparing for deployment, homecoming and reintegration  
800-342-9647  
[militaryonesource.mil/deployment/military-and-family-support-programs](http://militaryonesource.mil/deployment/military-and-family-support-programs)

### Military.com

Guard and reserve family resources for deployment, benefits and support available  
[military.com/spouse/military-life/military-resources/family-support-services.html](http://military.com/spouse/military-life/military-resources/family-support-services.html)

## Project Sanctuary

*Supports military families and assists with reintegration*

720-561-9193

[projectsanctuary.us/](http://projectsanctuary.us/)

## Rally Point Arizona

*Veterans helping veterans and their families with suicide prevention*

480-784-1514 | 1-855-725-5948

[rallypointaz.org](http://rallypointaz.org)

## Veterans 5-9 (after hours support)

*Helping to create 24/7 veteran support*

480-498-8700

[HOME - Veterans 5-9](#)

## Veteran's Affairs Health Clinic- Gilbert

*Primary health care, psychiatry, psychology dermatology, gastroenterology and rheumatology.*

480-397-2800

[phoenix.va.gov/locations/southeast.asp](http://phoenix.va.gov/locations/southeast.asp)

## Veterans Hospital

*Health care services, dental, nutrition, and mental health services*

602-277-5551

<https://www.phoenix.va.gov/>

## Pregnancy

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### Choices Pregnancy Center

*Free consultations, ultrasounds, pregnancy tests and pregnancy information*

480-733-2740

[choicesaz.org](http://choicesaz.org)

### Hope Women's Center

*Safe haven for at-risk women and girls*

480-983-4673 (AJ) | 602-715-0999 (Phx)

[hopewomenscenter.org](http://hopewomenscenter.org)

## Maggie's Place

*House of hospitality for pregnant and parenting women in need*

602-262-5555

[maggiesplace.org](http://maggiesplace.org)

## Pregnancy Care Center of Gilbert

*Free pregnancy testing, options counseling, ultrasounds, referrals and resources. PCC does not provide or refer for abortions.*

480-374-2994

<http://pccchandler.com/>

## Recovery Centers

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### A Better Today Recovery Services

*Resources to help find substance abuse treatment.*

1-888-906-0952

<https://abtrs.com/>

### Buena Vista Health and Recovery

*Medically managed residential and inpatient Arizona addiction treatment campus specializing in drug rehab and alcohol rehab*

1-800-922-0095

<https://buenavistarecovery.com/>

### Community Bridges, Inc.

*Crisis stabilization services are emergency interventions that can last up to a maximum of 23 hours.*

(877) 931-9142

<https://communitybridgesaz.org/>

### Pathway Program

*Teen/ Young Adult support groups, parent support group, intensive outpatient treatment, residential treatment.*

1(877)-921-4050

<https://thepathwayprogram.com/>

### Renaissance Recovery Center

*To help the addicted and afflicted heal through evidence and faith-based solutions.*

480-526-7738

<https://www.renaissancerecoverycenter.com/>

## Seniors

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### About Care, Inc.

Transportation, respite care, minor repairs, shopping & errands, wellness checks and enhanced managed care

480-802-2331

[aboutcare.org](http://aboutcare.org)

### Ability360

Removal of architectural barriers in the homes of residents with disabilities.

602-256-2245

[Ability360](http://Ability360)

### Alzheimer's Association

Education and support to caregivers, patients, and families

602-528-0545

<https://www.alz.org/>

### Area Agency on Aging

Advocate for older adults and senior help line.

602-264-2255 | TTY/TDD 602-241-6110

[www.aaaphx.org](http://www.aaaphx.org)

### Arizona Assisted Living Facilities & Senior Care

Senior placement organization to help families find safe care options

866-560-5656

[carepatrol.com](http://carepatrol.com)

### Assisted Living Locators

480-818-6515

[Karen.advocacy@gmail.com](mailto:Karen.advocacy@gmail.com)

### Aster Aging

In home support, referral & care information

480-964-9014

<https://www.asteraz.org/>

### AZ Medicare Plans

Medicare resource center counselors, advocates, and educators.

<https://www.medicareplans.com/arizona/>

### Chandler Senior Center

Recreational, social and support services including an on-site hot lunch program

480-782-2720

[Chandler Senior Center | City of Chandler \(chandleraz.gov\)](http://Chandler Senior Center | City of Chandler (chandleraz.gov))

### East Valley Dial-a-Ride

ADA transportation for those unable to use the local bus service due to a disability

602-253-5000

[valleymetro.org/dial-ride](http://valleymetro.org/dial-ride)

### ElderConnect

Access to a Free tablet to use for games, video calling, messaging, watching movies, and more. No Wi-Fi needed.

Contact [regina.walsh@aaaphx.org](mailto:regina.walsh@aaaphx.org)

### Gilbert Community Center-Home of Senior Center

On-site daily lunch program, classes, activities and health presentations.

480-503-6061

<https://www.gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors>

### Meals - Home Delivered

Hot meal is delivered to homes Monday-Friday

602-264-4357

[aaaphx.org/program-services/home-delivered-meals/](http://aaaphx.org/program-services/home-delivered-meals/)

### Mercy Housing Southwest – Page Commons Resident Services

Low income senior housing 55+.

480-813-4609

[www.mercyhousing.org](http://www.mercyhousing.org)

### Senior Help Line

24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc.

602-264-4357

<https://www.aaaphx.org/>

## Shelters: Homeless

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### Centralized Screening for Homeless Individuals and Families

Singles	602-759-5356
Families	602-595-8700
Domestic Violence	480-890-3039
Youth	602-271-9904
Veterans & Veteran Families	602-248-6040

### Central Arizona Shelter Services (CASS)

Family and individual housing program.  
602-256-6945  
[www.cassaz.org](http://www.cassaz.org)

### Child Crisis Arizona (ages 0-11) 24/7

Provides emergency shelter to children.  
480-834-9424  
[childcrisisaz.org/](http://childcrisisaz.org/)

### Family Housing Hub

Providing emergency shelter and housing resources for those in Maricopa County  
2-1-1 or 877-211-8661  
<https://www.fhhub.org/>

### Family Promise

Emergency shelter and social services that help families move toward independent housing and self-sufficiency.  
(480) 659-5227  
<https://familypromiseaz.org/>

### HomeBase Youth Services – Homeless Youth

Housing program is open to individuals of all ethnicities with specialized communities for homeless youth.  
602-263-5531  
<https://www.nativeconnections.org/housing/transitional-emergency-youth>

### Interfaith Homeless Emergency Lodging Program (I-HELP)

Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services.  
480-963-1423x112  
<http://azcend.org/i-help/>

### Maggie’s Place

House of hospitality for pregnant and parenting women in need over the age of 18.  
602-262-5555  
[maggiesplace.org](http://maggiesplace.org)

### Lost our Home Pet Rescue

Provides up to 90 days of complete care for pets when their pet parents experience a life hardship and are unable to care for them temporarily.  
<https://www.lostourhome.org/>

## Special Needs

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See “Functional Needs” on p. 14”

## Suicide

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### 9-1-1

### Suicide & Crisis Lifeline 24/7

988  
[Lifeline \(988lifeline.org\)](http://Lifeline(988lifeline.org))

### American Foundation for Suicide prevention

Provides resources and aid to those affected  
Crisis text line TALK to 741741  
Local chapter 480-262-1746  
[afsp.org](http://afsp.org)

### Beconnected- 24/7

Peer Support Specialists who offer support to service members, veterans and families  
602-347-1100 | 866-429-8387



## Crisis Response Network - 24/7

24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.

602-222-9444

[crisisnetwork.org](http://crisisnetwork.org)

## EMPACT Suicide Prevention 24/7

Suicide Prevention Center

480-784-1500 | 1-800-273-8255

[empact-spc.com](http://empact-spc.com)

## The Jason Foundation

School based curriculum, online staff development programs and parent seminars

1-888-881-2323

[jasonfoundation.com](http://jasonfoundation.com)

## Mercy Care 24/7

Crisis intervention, support and referrals

844-534-4673

[mercyarizona.org/members/resources/crisis](http://mercyarizona.org/members/resources/crisis)

## Semicolon Society

Free presentations and support for suicide prevention and postvention

[www.semicolonsociety.org](http://www.semicolonsociety.org)

## Teen Lifeline 24/7

Suicide counseling with trained peer counselors

602-248-8336

[teenlifelineTeen.org](http://teenlifelineTeen.org)

## Terros Mobile Crisis Unit 24/7

Provides assessment, intervention, and connection to ongoing care resources. All services are available to everyone at no cost.

800-631-1314

[mobile-crisis | Terros Health](http://mobile-crisis | Terros Health)

## Trevor Project 24/7

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

[thetrevorproject.org](http://thetrevorproject.org)

## Support Groups

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### Al Anon/Alateen 24/7

Support for family members and teens who are worried about someone with a drinking problem

480-969-6144

[AL-ANON EVIC - 480-969-6144 \(al-anoneastvalley.org\)](http://AL-ANON EVIC - 480-969-6144 (al-anoneastvalley.org))

### Alcoholics Anonymous 24/7

Meetings for those who have had a drinking problem

480-834-9033

[aaphoenix.org](http://aaphoenix.org) | <http://aamesaaz.org/>

### Alzheimer's Association

Support individuals, families, care partners and communities affected by dementia.

1-800-272-3900

[alz.org](http://alz.org)

### Autism Speaks | East Valley Autism Network

Resources for programs and services

480-231-4214 | [About - East Valley Autism Network \(EVAN\)](#)

1-888-288-4762

<https://www.autismspeaks.org/>

### Hidden Heroes- Military Caregivers

Support for those caring for an injured service member

202-249-7172

<https://hiddenheroes.org/>

### Let's Go Recovery - East Valley

The opposite of addiction is connection

480-599-4551

[HOME | Recovery \(lets Gorecovery.org\)](http://HOME | Recovery (lets Gorecovery.org))

### National Alliance on Mental Illness

Meetings of caregivers of individuals with a mental illness

480-994-4407

[namiarizona.org/](http://namiarizona.org/)

## Transportation

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### About Care

*Transportation to medical, groceries and/or social appointments*

**480-802-2331**

[aboutcare.org](http://aboutcare.org)

### Aster Aging

*In home support, referral & care information*

**480-964-9014**

<https://www.asteraz.org/>

### East Valley Rides

*Daily rides for the disabled*

**480-238-4270**

[East Valley Rides](#)

### Dial-A-Ride

*ADA transportation for those unable to use the local bus service due to a disability*

**602-716-2100**

[Dial-a-Ride | Valley Metro](#)

### Ride Choice

*Alternative transportation options for seniors (65 and older) and adults with disabilities. Must be pre-certified to use the service.*

**To Apply: 602-716-2100**

**For Rides: 602-716-2111**

<https://www.valleymetro.org/ridechoice>

### Valley Metro

*Bus and rail information*

**602-253-5000**

[Valley Metro](#)

### Maricopa Association of Governments

*Help older adults and people with disabilities connect more quickly with transportation resources.*

[www.AZRideinfo.com](http://www.AZRideinfo.com)

## Utility Assistance

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### AZCEND Neighborhood Assistance Services (NAS)

*Emergency financial and utility assistance*

**480-428-5446**

[Neighborhood Assistance Services – AZCEND](#)

### Salvation Army – Chandler Office

*Assist with paying utilities, rent or other vital payments*

**480-963-2041 | 480-786-4093**

[https://chandler.salvationarmy.org/chandler\\_cops/](https://chandler.salvationarmy.org/chandler_cops/)

### Southwest Gas – Low-Income Ratepayer Assistance (LIRA)

*Qualified individuals receive a 30% reduction in monthly basic service charge*

**877-860-6020**

[Southwest Gas \(swgas.com\)](http://swgas.com)

### SRP Economy Price Plan

*Receive a monthly discount if qualified*

**602-236-8888**

[Economy Price Plan for limited-income customers | SRP \(srpnet.com\)](#)

### Valleywise Community Health

*Receive electric and gas assistance*

**480-344-6165 (Chandler) | 602-655-6206 (Mesa)**

<https://valleywisehealth.org/services/family-resource-centers/>

## Veterans

See “Military” on p. 22

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## Volunteer Opportunities

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### Cultivate Goodness

*Bridges the gap between volunteers and those in need by providing a variety of service opportunities, big and small.*

<https://cultivate-goodness.org/>

### HandsOn Greater Phoenix

*Coordinates volunteer opportunities*  
602-973-2212

<https://www.handsonphoenix.org/>

### Just Serve

*Free service that links community volunteer needs with volunteers*

[justserve.org](http://justserve.org)

### Town of Gilbert

*Offers a variety of volunteer opportunities for the community through town departments and non-profits serving Gilbert*

[Volunteer | Gilbert, Arizona \(gilbertaz.gov\)](http://gilbertaz.gov)

### Weekly Collective

*Connecting volunteers with local organization where they can share their time, gifts, and resources to help support community programs*

<https://weeklycollective.org/>

## Women and Girls

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### Arizona Women's Education & Employment

*Connect clients with better jobs*

602-601-7200

[awe.org](http://awe.org)

### Dress for Success

*Empower women to achieve economic independence by providing a network of support, professional attire and the development tools*

602-489-7397

<https://dfsphoenix.org/>

### Fresh Start Women's Resource Center

*Education, resources and support for women*  
602-252-8494

[www.freshstartwomen.org](http://www.freshstartwomen.org)

### Girl Scouts – AZ Cactus Pine

*Participate in activities that show them they can do anything*

602-452-7000

<https://www.girlscoutsaz.org/>

### Helping Hands for Single Moms

*Assist low- income single mom families as the mom attains post-secondary, financial independence*

602-796-7875

<https://helpinghandsforsinglemoms.org/>

### Live and Learn

*Economic empowerment program for women*  
602-583-7052

<https://liveandlearnaz.org/>

### Positive Paths for Women

*Providing scholarships, mentoring and professional development for East Valley women*  
(480) 788-0615

[www.positivepathsaz.org](http://www.positivepathsaz.org)

### Women, Infant & Children (WIC)

*Nutrition and breastfeeding information, health foods, community referrals*

602-506-9333

[maricopa.gov/1491/Women-Infants-Children-WIC](http://maricopa.gov/1491/Women-Infants-Children-WIC)

## Miscellaneous

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### Abandoned Ride-Share Bikes

*LimeBike (Green and Yellow Bikes)*

888-546-3345

[support@limebike.com](mailto:support@limebike.com)

*Spin (Orange Bikes)*

888-262-5189 (instant messaging available)

[www.spin.pm](http://www.spin.pm)

*OFO (Yellow Bikes)*

[support@ofobike.com](mailto:support@ofobike.com)

### Abandoned Shopping Cart

*Arizona Food Marketing Alliance*

1-800-THE-CART or 1-800-843-2278

[ACS – Arizona Cart Services | AFMA \(afmaaz.org\)](http://afmaaz.org)

### Bees

*For bees on private property, contact a bee removal service. If the bees are actively attacking, Call 9-1-1.*

### Funeral Assistance Program

*Burial and cremation funeral assistance for the loss of a loved one.*

<https://www.maricopa.gov/5741/Funeral-Assistance-Program>

### Maricopa Government Directory

*Parcel information, property taxes, permits, and access to all department information*

[www.maricopa.gov/](http://www.maricopa.gov/)

### Mosquitos

*Information on how to control mosquitos and entities to contact for assistance*

[gilbertaz.gov/departments/public-works/wastewater/mosquito-control](http://gilbertaz.gov/departments/public-works/wastewater/mosquito-control)

### Phoenix Community ToolBank

*Lends organizations tools for use in volunteer and community benefit projects*

602-438-4005

[phoenix.toolbank.org](http://phoenix.toolbank.org)

### Poison Control – 24/7

800-222-1222

[azpoison.com/](http://azpoison.com/)

### Recovery

Additional Resources

<https://www.addictions.com/rehabs/arizona/>

### Senior Guidance

*Assisted living resources and other guides*

- [seniorguidance.org/assisted-living/arizona/](http://seniorguidance.org/assisted-living/arizona/)
- [www.toprehabs.com/alzheimers-dementia](http://www.toprehabs.com/alzheimers-dementia)
- <https://www.memorycarefacilities.net/assisted-living/arizona/gilbert.html>
- <https://www.assistedliving.org/arizona/>
- <https://www.seniorhomes.com/assisted-living/hispanic-latinx-seniors/>

### Silent Witness- 24/7

480-948-6377

[silentwitness.org/](http://silentwitness.org/)

### Stray/Feral Cats

*Maricopa County Animal Control*

602-506-7387

<https://www.maricopa.gov/3560/Animal-Care-and-Control>

### Roof Rats

*Maricopa County Vector Control Office & Lab*

602-506-0700

<https://agriculture.az.gov/pestspest-control/household-pests/roof-rats>