

Human Services | Spring 2022

Community Resource Guide

Directory of Services in the Gilbert Area



gilbertaz.gov/housing

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This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who are in need of services.

The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken on the basis of the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at cir.org.

It’s our goal to provide current and accurate information; however businesses may have changed locations or contact information. To report errors or to submit additional agencies for consideration, [click here](#).

Date Revised: 8/12/2021

Heritage Resource Center - Gilbert

132 W Bruce Ave, Gilbert 85233
480-428-5446
gilbertaz.gov/heritage-center

AZCEND

CAP Office - *Emergency financial assistance for utilities and eviction prevention.*

Family Resource Center - *Free parenting education workshops, interactive family play opportunities, story time for families with children 0-5.*

480-428-5446
azcend.org

Dignity Health

Children's dental clinic, immunization clinics, vision and hearing clinics for children, Mommy Fit Classes, Keeping Kids Safe programs, Healthier Living Self-Management

Children's Dental 480-292-8728
Hearing & Vision 480-728-5602
Immunization Clinic 480-728-3777 (children)
 480-728-2004 (adults)

Workshops 480-728-2376
dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach

Southwest Behavioral & Health Services

Counseling services, case management, Child and Family Team Meetings, resource development, and community outreach.

480-695-8198
www.sbhservices.org

Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health foods, community referrals

602-506-9333
maricopa.gov/1491/Women-Infants-Children-WIC

Abuse, Adult & Children

9-1-1

Adult Protective Services

Services to protect adults from abuse, neglect, or exploitation.

1-877-767-2385
azdes.gov/daas/aps

Arizona Department of Child Safety

Report suspected child abuse, neglect, exploitation, or abandonment

1-888-767-2445
dcs.az.gov/

Winged Hope

Assistance with treatment of child abuse or domestic violence

480-757-7030
wingedhope.org

Adoption/Foster Care

Aid to Adoption of Special Kids

Connecting children in foster care to mentors, creates families through adoption and foster care

602-254-2275
<https://www.aask-az.org/>

ASA Now

Respite care, therapeutic programs, and support for foster families and caregivers

623-428-1592
asanow.org

Better Than Yesterday Foundation

Assist youth and young adults as they transition from foster care into adulthood

480-255-7176
betterthanyesterdayfoundation.com

Boost a Foster Family

Provides assistance to Arizona foster families and those seeking foster care licensure

480-298-5665

boostafosterfamily.org

Adoption/Foster Care

Child Crisis Arizona: Family Resource Center, Adoption, Foster Care

Education classes, foster care and adoption services

480- 834-9424

childcrisisaz.org/

Eagle Pathway

Youth/single moms exiting foster care

480-225-6664

eaglepathway.org/

Foster Care & Adoption - Arizona's Children Association

Train and support foster care families; provide adoption services

800-944-7611

arizonaschildren.org/foster-adopt/

Foster Arizona

Connecting kids to foster families

fosterarizona.org

Helen's Hope Chest

Clothes, personal hygiene items, school supplies, & baby items for children in foster care

480-834-2121

mesaunitedway.org/helenshope/

Jose's Closet

Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families

480-313-8496

josescloset.org

LDS Family Services: AZ Mesa LDS Family Services Office

1-800-453-3860 ext. 2-1711

(480)-968-2995

<https://providentliving.churchofjesuschrist.org/lds-family-services/adoption-resources?lang=eng>

Alcohol and/or Drugs

ASAP - Adolescent Substance Abuse

602-434-0249

asapaz.com

Community Bridges

Crisis mobile teams, inpatient/outpatient opioid & mental health treatment

877-931-9142

<https://communitybridgesaz.org/>

Celebrate Recovery

Recovery ministry

480-632-8920

<https://www.sunvalleycc.com/celebrate-recovery/>

Chandler Valley Hope

Addiction treatment facility; residential & partial day levels of care

480-899-3335

valleyhope.org/locations/chandler-valley-hope/

Dynamic Living Counseling

Counseling, classes and treatment services

602-277-2112

dynamicliving.net/

East Valley Addiction Recovery Center

480-962-7711

<https://communitybridgesaz.org/>

Gilbert Youth & Adult Resources

Comprehensive counseling program

480-635-7701

gilbertaz.gov/departments/police/community/youth-adult-resources

Hope for Addiction, Inc.

Weekly meetings, mentorship, transition support and practical tools

480-782-0403

myhopeforaddiction.com

Pathways Program for Teens & Young Adults

Rehab treatment center

877-921-4050

thepathwayprogram.com

Salvation Army Adult Rehabilitation Center

Residential recovery program

1-800-728-7825 | 602-256-4500

salvationarmyphoenix.org/#!adult-rehabilitation-center/cilgc

Teen Challenge of Arizona

Faith-based solutions for youth, adults and families struggling with life controlling problems.

800-346-7859

tcaz.org

Animals: Stray or Injured Animals/Animal Cruelty, Emergency Placement

HALO Animal Rescue

Adoptions and rescues

602-971-9222

halorescue.org

Arizona Humane Society

Rescue & adoptions

602-997-7585 x134

azhumane.org

Maricopa County Animal Care & Control

602-506-3011

maricopa.gov/pets

Injured Wildlife:

Arizona Covey

(Quail)

602-996-1934

East Valley Wildlife

(Bird, including ducks; small mammals)

480-814-9339 or evwildlife@aol.com

eastvalleywildlife.org

Liberty Wildlife

(Birds, mammals, reptiles, amphibians)

480-998-5550

libertywildlife.org/

Southwest Wildlife

(Large Native Arizona mammals)

480-471-9109

southwestwildlife.org

Wild Wing Rescue

(Hummingbirds, Native and migratory songbirds)

480-893-6660

Benefits

Affordable Health Insurance

A guide explaining and assisting with all your health insurance options in Arizona.

<https://www.affordablehealthinsurance.com/arizona-health-insurance/>

Arizona Health Care Cost Containment System (AHCCCS)

Medical insurance coverage

602-417-7100 Application: 855-432-7587

des.az.gov/services/basic-needs/ahcccs-health-insurance-medical-assistance

Arizona Long Term Care System (ALTCS)

Medicaid program to help seniors and disabled individuals afford health care

602-417-6600

altcs.com

DES Childcare Assistance

Financial aid for child care assistance

602-542-2526

des.az.gov/services/basic-needs/child-care-home

Medicare

Health care assistance for 65+

1-800-772-1213 | TTY 1-800-325-0778

ssa.gov/medicare/apply.html

Nutrition Assistance

(formerly Food Stamp program)

Supports families to prevent under-nutrition

1-855-432-7587

azdes.gov/nutrition_assistance

Social Security Disability (SSI/SSDI)

Benefits to disabled adults and children

1-800-772-1213 | TTY 1-800-325-0778

socialsecurity.gov/disabilityssi/ssi.html

Social Security (retirement)

Retirement financial benefits

1-800-772-1213

ssa.gov/retirement/retirement.htm

Temporary Assistance for Needy Families (TANF)

Temporary cash assistance to meet basic needs

1-855-432-7587

des.az.gov/content/cash-assistance-overview

Women, Infants and Children (WIC)

Nutrition program, supplemental foods & referrals for pregnant, breastfeeding and postpartum women, infants & children under 5

1-800-252-5942

azdhs.gov/azwic

Canyon Pediatrics - 480-507-2199

www.canyonpeds.com/wic

Heritage Center - 480-428-5446

www.gilbertaz.gov/heritage-center

Child/Teen Services

Big Brothers Big Sisters

Mentoring program for 6-18

602-264-9254 | TTY 1-800-367-8939

bbbsaz.org

Boys Town National Crisis Hotline

Provide information, guidance, and expertise

800-448-3000

boystown.org

Chandler-Gilbert YMCA

Sports, childcare, community programs

480-899-9622

<https://valleymca.org/chandler-gilbert/>

Florence Crittenton Services of Arizona

Housing, outpatient & skills programs

602-274-7318 | TDD 602-288-4551

flocrit.org

Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance

480-813-2020

<https://www.bgcaz.org/gilbert-branch/>

HomeBase Youth Services – Homeless Youth

Housing program is open to individuals of all ethnicities with specialized communities for homeless youth.

602-263-7773

hbys.org

HandsOn Greater Phoenix

Coordinates volunteer opportunities
602-973-2212
handsonphoenix.org

Not My Kid

Education programs-substance abuse, bullying, internet safety and more
602-652-0163
notmykid.org

Teen Lifeline, Inc.

Suicide counseling
800-248-8336 | 602-248-8336 after 4 p.m.
teenlifeline.org/

Tumbleweed (24-hr crisis hotline)

Immediate aid for safety, shelter & food to homeless or at-risk youth
602-841-5799
tumbleweed.org

A New Leaf, Inc. Childcare Programs

After school programs
480-832-9268
turnanewleaf.org/services/youth-behavioral.html

Child Care/After School Care

Chandler School District – Child Care

Childcare for ages 0-5, Kids Express before and after school care for grades K-8
480-224-3900 | 480-224-3922
cusd80.com/Page/87257

Child Care Resources & Referral

Resource to find quality childcare near you
1-800-308-9000
arizonachildcare.org

East Valley Jewish Community Center

Early learning center for all, school break camps, and preschool
480-897-0588
evjcc.org

Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance
480-813-2020
<https://www.bgcaz.org/gilbert-branch/>

Gilbert Public Schools – VIK

Before & after school programs K-6th grade, full day programs ages 3-5 yrs old, summer programs
480-892-9089 x100
<https://www.gilbertschools.net/domain/70>

Gilbert Public Schools-ToyBox

Early education child care program for ages 3-5
480-373-5569
<https://gilbertschools.ce.eleyo.com/>

Higley School District – Kids Club

Before/After, summer & school break programs ages 3-12
480-279-7055
www.husd.org/domain/1854

Counseling Services

A New Leaf, Inc. Counseling Service

Counseling center for children and youth
480-969-4024
turnanewleaf.org/services/youth-behavioral.html

Childhelp

For children affected by child abuse
480-922-8212
childhelp.org

Family Service Agency Counseling

Out-patient behavioral health clinic 602-264-9891

fsaphoenix.org/outpatient-services/

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/departments/police/community/youth-adult-resources

Jewish Family & Children's Services

Counseling & behavioral health services

602-279-7655

ifcsaz.org

Valle Del Sol

Adult, youth and family counseling

602-258-6797

valledelsol.com

Domestic Violence & Sexual Abuse

A New Leaf/ Autumn House Domestic Violence Shelter

Refuge from abuse and violence

480-890-3039

turnanewleaf.org/services/domestic-violence.html

AZ Coalition to End Sexual & Domestic Violence

Helpline, education, resourcing

602-279-2900 or

1-800-799-7233 | TTY 1-800-787-3224

acesdv.org

CeCe's Hope Center

Improving the lives and future of 18-24 year old female victims of sexual abuse by bridging the gap in available services and support

480-625-7044

www.cecescenter.org

Chrysalis Shelter

Includes shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment for women, men and children.

602-944-4999

noabuse.org

Community Alliance Against Family Abuse (CAAFA)

Emergency shelter, support groups, legal advocacy, case management, sexual assault victim advocacy

480-982-0205

caafaaz.org

Domestic Violence Support/Shelter

Shelter search, answers to domestic violence questions

480-890-3039

domesticshelters.org

DOVES – 50+

Helps victims of late-life (ages 50+) domestic violence

602-264-2255 | TTY/TDD 602-241-6110

aaaphx.org/program-services/doves-program

Fresh Start Women's Resource Center

Education, resources and support for women

602-264-4357

www.freshstartwomen.org

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/departments/police/community/youth-adult-resources

Mesa Center Against Family Violence (ACFAN)

On-scene crisis intervention from trained Victim Services personnel; medical attention is provided on-site to physical and sexual assault victims;

480-644-4075

<http://acfan.net/centers/mesa-center.htm>

My Sister's Place-DV shelter

Domestic violence shelter

480-821-1024

catholiccharitiesaz.org/phoenix/domestic-violence

National Domestic Violence Hotline

800-799-7233 | TTY 1-800-787-3224

thehotline.org

Winged Hope

Assistance with treatment of domestic violence

480-757-7030

Wingedhope.org

Woman Shelters

Listings of shelters, transitional housing, residential treatment centers and women's residential services.

womenshelters.org/sta/arizona

Drugs

See "Alcohol and/or Drugs" on page 5.

Eating Disorders

Healthy Futures-Scottsdale

Focuses on curing eating issues

480-451-8500

healthyfuturesaz.com

Ophelia's Place-Gilbert

Support and education for eating disorders

480-436-7683

opheliasplace.org

Rosewood Ranch – Tempe

General counseling, nutrition, and psychiatric services for eating disorders

844-335-0872

rosewoodranch.com/locations/rosewood-tempe/

Education Resources - Adult & Youth

Arizona Department of Education

High quality educational opportunities to all

602-542-5393 | 1-800-352-4558

azed.gov/ece/

Arizona Kids Think Too

Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more

602-441-2443

<https://azkidsthinktoo.org/>

Arizona Literacy and Learning Center, Inc.

Help children and youth who have literacy / dyslexia and other language-based disorders

602-212-1089

mightycause.com/organization/Azliteracy

Advocacy 31nine

Educational support for students in foster care and tutoring program.

480-757-4100

www.advocacy31nine.org

First Things First

Healthy development and learning of young children

602-771-5100 | 1-877-803-7234

azftf.gov/Pages/default.aspx

Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

freshstartwomen.org

Friendly House

Early Childhood Development Center, Adult Education, Workforce Development, Family Immigration Services, College & Career Readiness Program, Homecare for Seniors/Physically Disabled, Parent Education & Drug Prevention, Emergency Supportive Services
602-257-1870
www.friendlyhouse.org

GPS-Parent University

Parent University strives to empower families to raise children to be safe and successful in school and life.
480-497-3300
<https://www.gilbertschools.net/parentuniversity>

Healthy Families Arizona

Resources for families
<https://dcs.az.gov/services/prevention-and-family-support/healthy-families-arizona>

Junior Achievement of Arizona

Money management skills
480-377-8500
jaaz.org

New Directions Institute for Early Childhood Brain Development

Provides parents and caregivers with training and tools for optimal development
602-371-1366
arizonaschildren.org/ndi

Southeast Regional Library

Storytime, baby time and more
602-652-3000
<https://mclldaz.org/locations/southeast/>

Perry Branch Library

Storytime, baby time and more
602-652-3000
<https://mclldaz.org/locations/perry/>

Southwest Human Development

Child development, early literacy, disability services
602-266-5976
swhd.org

Emergency/Crisis

9-1-1

Stop a crime! Report a fire! Save a Life!

Adult Protective Services

1-877-767-2385 | 602-542-4446
azdes.gov/daas/aps/

Child Crisis Center

Foster care and adoption services
480-834-9424
childcrisis.org

Department of Child Safety

1-888-767-2445 | TDD 602-530-1831
dcs.az.gov/

Gilbert Police Non-Emergency

480-503-6500
gilbertaz.gov/police

Maricopa CRISIS Line

602-222-9444
crisisnetwork.org

Starbright Foundation for Abused Children

Housing for victims of trafficking and child abuse
480-371-3381
starbrightfoundation.org

Urgent Psychiatric Care (UPC)

Adult only 24 hr emergency/crisis psychiatric care
602-416-7600
connectionsarizona.com

Employment Services

Allied Forces-Temp Services

Match job seekers with the right client company that fit their skillset & experience.

855-423-8367

<https://www.alliedforces.com/>

Arizona Women's Education & Employment

Connect clients with better jobs

602-601-7200

awee.org

Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

freshstartwomen.org

Goodwill Career Center

Career services free of charge

602-535-4444

<https://www.goodwillaz.org/employment-services/>

Maricopa Workforce Connections – Gilbert

Job placement, skills assessments, job training, career counseling and resume development.

602-372-9700 | 602-506-5911

<https://arizonaatwork.com/locations/maricopa-county/adult-job-seekers>

St. Joseph the Worker

Assist homeless, low-income and other disadvantaged individuals in their efforts to become self-sufficient through quality employment.

844-SJW-JOBS | 844-759-4627

<https://www.sjwjobs.org/>

Food/Clothing

AZCEND

Emergency & supplemental food boxes

480-963-1423

azcend.org/food-bank/

Clothes Cabin

Clothes, steel toed work boots, laundry service for the homeless

480-285-4111

clothescabin.org

Food/Clothing

Fans Across America

Assists in providing daily living necessities for homeless students, families in transition, victims and children of domestic violence.

480-821-3013

<https://fansacrossamerica.org/>

Friendly House

Food boxes, hygiene boxes

602-257-1870

friendlyhouse.org/programs/family-services/

Gilbert Senior Center Meals

On-site daily lunch program

480-503-6061

<https://www.gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors>

Matthew's Crossing Food Bank

Emergency and supplemental food boxes

480-857-2296

matthewscrossing.org

Midwest Foodbank

Food distribution center to non-profits.

480-892-0134

www.midwestfoodbank.org

Open Arms Care Center

Supplemental food & clothing
480-539-0175
openarmscc.com

Paz de Cristo

Diapers & hygiene products, clothing, and clothing vouchers
480-464-2370
pazdecristo.org/

Salvation Army – Chandler Corp

Food pantry and meal program
480-963-2041
salvationarmyusa.org

St. Anne’s Friends of the Needy

Food, clothing toys, household appliances
480-507-4400
stanneaz.org/connect/ministries/outreach/friends-of-the-needy

St. Mary’s Food Bank Alliance

Food distribution warehouse to agency partners
602-242-3663
firstfoodbank.org

St. Vincent de Paul

Dining rooms, clothing distribution
602-261-6886 | 602-266-4673
stvincentdepaul.net

United Food Bank

Food distribution warehouse to agency partners
480-926-4897
unitedfoodbank.org

Vineyard Community Church

Clothing and food boxes
480-892-5828
vineyardaz.com

Functional/Special Needs

Arizona Autism United (AZA United)

Services for children with autism and their families
602-773-5773
azaunited.org

AZ Center for the Blind & Visually Impaired

Promoting resourcefulness, independence, dignity and employability
602-273-7411
www.acbvi.org

AZ Commission for the Deaf & Hard of Hearing

Referral center for issues related to people with hearing loss
TTY 800-352-8161 | Voice 602-542-3323
acdhh.org

AZ Dept. Economic Security – Services for Blind, Visually Impaired and Deaf

Assist individuals to achieve employment
<https://des.az.gov/services/employment/arizona-rehabilitation-services>

Arizona Governor’s Council on Spinal and Head Injuries

Resources and information
602-774-9148
azheadspine.org

Arizona Relay Service 7-1-1

Assists in connecting deaf, hard of hearing, deaf-blind or have difficulty speaking to whom they need to reach
602-542-3323
TTY 1-800-367-8939 | Voice 1-800-842-4681
azrelay.org

Autism Society of Greater Phoenix

Mentoring, support groups, advocacy
480-940-1093
phxautism.org/

Autism Speaks

Resources for programs and services
888-288-4762

<https://www.autismspeaks.org/>

A Brighter Avenue

Therapies, early autism programs, in home services

480-474-4173

abrighteravenue.org

AZ HBS- Home Based Services

Habilitation, respite and attendant care

480-351-9479

Azhbs.com

Best Buddies International

Leadership development and living, jobs and friendships for people with intellectual and developmental disabilities.

602-253-6301

www.bestbuddies.org

Brain Injury Alliance

Support, connect, and empower survivors and caregivers on their journeys to recovery.

602-508-8024

<https://www.biaaz.org/>

Chandler Gilbert ARC

Teaching and support to individuals with intellectual and developmental disabilities

480-892-9422

cgarc.org

ACCEL Adult Services

Adult programs provide lifelong education and vocational training for individuals over the age of 18 with developmental disabilities

602-997-2331

accel.org

Civitan Foundation

Respite, habilitation, attendant care, day treatment for adults, home and community-based services, group supported employment and recreational events Transportation is offered to and from services.

602-953-2944

civitanfoundationaz.com

Cornerstone Healthcare Inc.

In home service provider

1-800-743-8013

cornerstonehealthcareaz.com/

DES-Developmental Disabilities

Support and services for eligible people who have autism, cerebral palsy, epilepsy, cognitive/intellectual disability

1-844-770-9500

<https://des.az.gov/services/disabilities/developmental-disabilities>

Foundation for Blind Children

Education, tools and services to those with vision loss

602-331-1470 | 602-678-5800

seeitourway.org

Gilbert Adaptive Recreation Program

Programs and activities for 14+ with adaptive recreation needs

480-503-6270

gilbertaz.gov/adaptiverec

Functional/Special Needs

Marc Community Resources Inc.

Educational, therapeutic, rehabilitation and social services to children & adults with developmental, physical disabilities and behavioral health challenges

480-969-3800

<https://www.mightycause.com/organization/Marc>

Raising Special Kids

Support, training, information and assistance so families can become advocates for their children with disabilities.

602-242-4366

www.raisingpecialkids.org

Smiles for Special Needs

Respite, habilitation and attendant care

480-361-1972

<https://smilesforspecialneeds.com/>

Southwest Autism Research and Resource Center

Clinical, school-based, and employment-based autism programs and services

602-340-8717

autismcenter.org

Southwest Human Development

Developmental assessments, inclusion program, assistive technology, autism services and more

602-266-5976

swhd.org

Valley Center of the Deaf

Provide services to help live independently

602-267-9121 | TTY 602-267-9122

vcdaz.org

Grief & Loss

GriefShare

Support for grief journey after loss of a loved one

480-600-8352

<https://www.griefshare.org/>

Hospice of the Valley

For adults or teens who have suffered a loss

602-530-6900

hov.org/grief-support-groups

MISS Foundation

For those who have lost a child

1-602-279-6477

<https://missfoundation.org/>

Mesothelioma Grief Counseling

Cancer caused by inhaled asbestos fibers.

<https://www.asbestos.net/mesothelioma/>

New Song Center for Grieving Children

Support groups and activities for children, teens or young adults who have lost a loved one

480-951-8985

hov.org/welcome-new-song-center-grieving-children

Stepping Stones of Hope

Support groups and camps for kids, teens, adults and families who have lost a loved one

602-264-7520

steppingstonesofhope.org

Health-Dental Services: Low/No Cost

Adalante Healthcare, Inc.

Primary medical care for the whole family, including family and internal medicine, pediatrics, dental and on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance.

877-809-5092

adelantehealthcare.com

Affordable Health Insurance

Access to the best and most affordable health care options in Arizona

<https://www.affordablehealthinsurance.com/arizona-health-insurance/>

Arizona Health Care Cost Containment System (AHCCCS)

Medicaid agency that provides medical insurance and health care programs

602-417-7100 | 1-800-334-5283

<https://www.azahcccs.gov/>

Carrington College Dental Clinic

Offering free dental care to children ages 12-17 conducted by supervised students in the college program, including X-rays, cleaning and polishing

480-717-3510

<https://carrington.edu/mesa-dental-hygiene/>

Chandler Care Center

Provides free medical, dental, counseling and social services for children and families

480-812-7900

<https://www.cusd80.com/page/1002>

Dignity Health

Children's dental clinic, immunization clinics, vision and hearing clinics for children, Mommy Fit Classes, Keeping Kids Safe programs, Healthier Living Self-Management

Children's Dental 480-728-5790

Hearing & Vision 480-728-5602

Immunization Clinic 480-728-2004 (children)

480-728-3777(adults)

Workshops 480-728-2376

dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach

Dignity Health-Chandler Regional

Diabetes self-management classes, children's and adult immunization clinics, children's hearing and vision screenings, oral health education and services, safety education and prenatal classes.

480-728-3000

dignityhealth.org/chandlerregional

Desert Mission Medical Services

Adult day healthcare senior enrichment programs

602-807-6374

desertmission.com/programs/community-healthcare/

Medical Loan Closets

Durable medical equipment (canes, walkers, wheelchairs, etc.)

Ability 360

602-296-0536

AZPVA 602-244-9168

Catholic Charities 602-997-6105

St. Vincent de Paul 602-261-6896

Mission of Mercy-MOM

Free medical care and prescription medications

480-758-8343

momaz.org

Hospitals: Medical

Banner Desert Medical Center

480-412-3000

bannerhealth.com/locations/mesa/banner-desert-medical-center

Banner Gateway Medical Center

480-543-2000 | 855-256-6444

bannerhealth.com/locations/gilbert/banner-gateway-medical-center

Banner Heart Hospital

480-854-5000

www.bannerhealth.com/locations/mesa/banner-heart-hospital

Banner Children's at Desert

480-412-5437

bannerhealth.com/locations/mesa/cardon-children-s-medical-center

Chandler Regional Medical Center

480-728-3000

dignityhealth.org/chandlerregional

Mercy Gilbert Medical Center

480-728-8000

dignityhealth.org/mercygilbert/

Phoenix Children's Hospital

602-933-1000

phoenixchildrens.org

Phoenix ER Medical Hospital
(Chandler)
480-284-5867
phoenixERhospital.com

Hospitals: Psychiatric

Aurora Psychiatric
877-870-7012
<https://www.auroraarizona.com/>

Banner Behavioral Health
480-448-7500
bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital

Community Bridges Inc.
480-962-7711 or 877-931-9142
communitybridgesaz.org/

Copper Springs East
480-667-5500
<https://coppersprings.com/locations/gilbert-az/>

Oasis Behavioral Health Hospital
480-917-9301
obhhospital.com

Resilient Health
480-550-3193
resilienthealthaz.org

Phoenix Children's Hospital
(up to age 12)
602-933-1000 | 1-888-908-5437
<http://www.phoenixchildrens.org/>

Quail Run Behavioral Health
(8-11/adults)
602-455-5700
quailrunbehavioral.com

St. Luke's Behavioral
602-251-8535 | 1-800-821-4193
<https://www.stlukesbehavioralhealth.org/>

Urgent Psychiatric Care (UPC)
602-416-7600
connectionsarizona.com

Housing & Rent Assistance

Ability 360
Home modification program assisting people with disabilities
602-256-2245
Ability360.org

Affordable Rental Movement of Save the Family
Transitional housing and supportive services for homeless families with children; rent assistance
480-898-0228
savethefamily.org

Arizona Housing, INC.
Provides quality affordable housing coupled with comprehensive supportive services
602-228-7832
<https://www.azhousinginc.org/>

Gilbert Community Action Program (CAP)
Rent & Utility assistance
480-892-5331
Azcend.org/community-action-program/

Habitat for Humanity
Builds and improves homes for individuals & families
602-268-9022
habitatcaz.org

Homes for Single Moms
Help single mother homeowners manage & maintain their homes with support, resources, education and maintenance
homesforsinglemoms.org/

Home Safety Evaluations

Town of Gilbert Fire and Rescue
480-503-6300
gilbertaz.gov/departments/fire-and-rescue

Rebuilding Together

Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities
480-774-0237
rtvos.org/

Salvation Army – Chandler Office

Assist with paying utilities, rent or other vital payments
480-963-2041
arizona.salvationarmy.org/arizona/chandler_corps_community_center_page

Town of Gilbert - Emergency Home Repair Program

Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.
480-503-6277
gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/emergency-minor-home-repair-program

Other Resource Guides:
www.publicservicedegrees.org/public-assistance/affordable-housing-help

Immigration Services

MP legal services LLC

Prepares legal documents
602-715-3329
<https://www.mplegalservicesaz.com/>

Sanchez Immigration

Practices federal immigration and nationality law
480-275-2407
<https://topratedimmigration.com/>

The Widow's Mite

Assists African refugees
facebook.com/widowsmiteaz/

Translation AZ

Professional translation services for all languages
1-800-620-4789
translationaz.com/translation-services/

Legal

AZ Coalition to End Sexual and Domestic Violence (ACESDV)

Legal Advocacy Hotline
602-279-2900 | 800-782-6400
TTD/TTY 602.279.7270
acesdv.org

Community Legal Services

Legal services to lower income eligible residents experiencing legal problems
480-833-1442 (EV) | 602-258-3434 (Phxz0)
TTY 602-254-9852
clsaz.org

Family Legal Assistance Program (FLAP)

Free or reduced fee legal help for those who qualify
602-506-7948
azlawhelp.org

State Bar of Arizona

Resources on finding a lawyer, legal help and education
602-252-4804
azbar.org

VITA-Volunteer Income Tax Assistance

Taxes prepared for free

480-969-8601

<https://www.mesaunitedway.org/volunteer-income-tax-assistance/>

Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ)

1 N 10

Provide support groups & social programs for youth 14-24

602-279-0894

onenten.org/

GLSEN

Community connections & crisis assistance

602-705-9780

<https://www.glsen.org/>

Greater Phoenix Gay & Lesbian Chamber of Commerce

Supports an inclusive business environment

480-748-6681

phoenixgaychamber.com

Parents Families and Friends of Lesbians & Gays (PFLAG) Phoenix

Provides support to those on the journey

602-843-1404

pflagphoenix.org

Phoenix Pride

Promotes unity, visibility and self-esteem through programs

602-277-7433

phoenixpride.org

Teen Lifeline

24 hr service with trained peer counselors

602-248-8336

teenlifeline.org

Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

thetrevorproject.org

Mental/Behavioral Health

AZ Teen Crisis Solutions

623-879-9600 | Crisis Text 741741

Community Bridges

Crisis stabilization services and emergency interventions

877-931-9142

communitybridgesaz.org/

EMPACT

Mobile crisis support, case management and trauma healing program

1-800-273-8255

<https://suicidepreventionlifeline.org/>

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/police

Hushabye Nursery

Providing therapeutic and inviting environment of short-term medical care to infants suffering from neonatal abstinence syndrome and their families.

480-628-7500

www.hushabyenursery.org

IMHR Epicenter Phx (ages 15-35)

Therapy, education, support and medicine management

602-321-5738

Jewish Family & Children Services

Counseling & behavioral health services, substance abuse counseling and recovery

480 820-0825 | 602-279-7655

jfcsaz.org

Mercy Maricopa Integrated Care

Connect to behavioral health, substance use and crisis care services

602-222-9444 | 1-800-631-1314

TTY/TDD 1-800-327-9254

mercyarizona.org

NAMI Valley of the Sun office

Advocates for access to services, treatment and education programs

602-244-8166

namivalleyofthesun.org

Redemption Psychiatry & Counseling

Outpatient group to provide mental health treatment to children, teens and adults in the East Valley

480-471-8560

redemptionpsychiatry.com

San Tan Behavioral Health

Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs

480-507-3644

santanbhs.com

Southwest Behavioral & Health Services

Providing integrated behavioral & health services to children, adolescents and adults

480-820-5422 | 602-265-8338

sbhservices.org

Military/Veterans

American Red Cross

Supports military families during deployments and emergencies

602-336-6660

redcross.org/what-we-do/support-military-families or www.redcross.org/find-help

CRISIS Line

Connect with a qualified responder

480-784-1500

480-784-1514 Veterans Crisis Line

602-277-5551 Phx VA Health Care

veteranscrisisline.net

Military/Veterans Crisis Line

Free VA support for all service members

800-273-8255 press 1

veteranscrisisline.net/activeduty.aspx

Military OneSource

Assistance in preparing for deployment, homecoming and reintegration

800-342-9647

militaryonesource.mil/deployment/military-and-family-support-programs

Military.com

Guard and reserve family resources for deployment, benefits and support available

military.com/spouse/military-life/military-resources/family-support-services.html

Operation Welcome Home

Assist in coordinating deployment and welcome home ceremonies. Nominate a veteran.

<https://www.gilbertaz.gov/residents/town-programs/operation-welcome-home>

Project Sanctuary

Supports military families and assists with reintegration

720-561-9193

projectsanctuary.us/

Rally Point Arizona

Veterans helping veterans and their families with suicide prevention

480-784-1514 | 1-855-725-5948

rallypointaz.org

Veteran's Affairs Health Clinic-Gilbert

Primary health care, psychiatry, psychology dermatology, gastroenterology and rheumatology.
480-397-2800
phoenix.va.gov/locations/southeast.asp

Veterans Hospital

Health care services, dental, nutrition, and mental health services
602-277-5551
<https://www.phoenix.va.gov/>

Pregnancy

Choices Pregnancy Center

Free consultations, ultrasounds, pregnancy tests and pregnancy information
480-733-2740
choicesaz.org

Hope Women's Center

Safe haven for at-risk women and girls
480-983-4673 (AJ) | 602-715-0999 (Phx)
hopewomenscenter.org

Maggie's Place

House of hospitality for pregnant and parenting women in need
602-262-5555
maggiesplace.org

Pregnancy Care Center of Gilbert

Free pregnancy testing, options counseling, ultrasounds, referrals and resources. PCC does not provide or refer for abortions.
480-374-2994
<http://pccchandler.com/>

Recovery Centers

A Better Today Recovery Services

Resources to help find substance abuse treatment.
1-888-906-0952
<https://abtrs.com/>

Buena Vista Health and Recovery

Medically managed residential and inpatient Arizona addiction treatment campus specializing in drug rehab and alcohol rehab
1-800-922-0095
<https://buenavistarecovery.com/>

Community Bridges, Inc.

Crisis stabilization services are emergency interventions that can last up to a maximum of 23 hours.
(877) 931-9142
<https://communitybridgesaz.org/>

Pathway Program

Teen/ Young Adult support groups, parent support group, intensive outpatient treatment, residential treatment.
1(877)-921-4050
<https://thepathwayprogram.com/>

Renaissance Recovery Center

To help the addicted and afflicted heal through evidence and faith-based solutions.
480-526-7738
<https://www.renaissancerecoverycenter.com/>

Seniors

About Care, Inc.

Transportation, respite care, minor repairs
480-802-2331
aboutcare.org

Alzheimer's Association

Education and support to caregivers, patients, and families
602-528-0545
alz.org/dsw?set=1

Area Agency on Aging

Advocate for older adults and senior help line.
602-264-2255 | TTY/TDD 602-241-6110
www.aaaphx.org

Arizona Assisted Living Facilities & Senior Care

Senior placement organization to help families find safe care options
866-560-5656
carepatrol.com

Ability360

Removal of architectural barriers in the homes of residents with disabilities.
480-655-9750
ability360.org/

Aster Aging

In home support, referral & care information
480-964-9014
<https://www.asteraz.org/>

Chandler Senior Center

Recreational, social and support services including an on-site hot lunch program
480-782-2720
chandleraz.gov/explore/chandler-recreation/centers-and-facilities/chandler-senior-center

East Valley Dial-a-Ride

ADA transportation for those unable to use the local bus service due to a disability
602-253-5000
valleymetro.org/dial-ride

Gilbert Community Center-Home of Senior Center

On-site daily lunch program, classes, activities and health presentations.
480-503-6061
gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors

Home Safety Evaluations

Town of Gilbert Fire and Rescue
480-503-6300
gilbertaz.gov/departments/fire-and-rescue

Meals - Home Delivered

Hot meal is delivered to homes Monday-Friday
602-264-4357
aaaphx.org/program-services/home-delivered-meals/

Mercy Housing Southwest – Page Commons Resident Services

Low income senior housing 55+.
480-813-4609
www.mercyhousing.org

Senior Help Line

24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc.
602-264-4357
aaaphx.org

Senior Advice

Resources for care options including in home care and finances to help maintain independence and quality of life.
<https://www.senioradvice.com/assisted-living/arizona>

AZ Medicare Plans

Medicare resource center counselors, advocates, and educators.
www.medicareplans.com/medicare-advantage-plans-arizona/

Shelters: Homeless

Central Arizona Shelter Services (CASS)

Family and individual housing program.
602-256-6945
www.cassaz.org

Centralized Screening for Homeless Individuals and Families

Singles 602-759-5356
Families 602-595-8700

Domestic Violence 480-890-3039
Youth 602-271-9904
Veterans & Veteran Families 602-248-6040

Child Crisis Center (ages 0-11)

Provides emergency shelter to children
480-834-9424
childcrisisaz.org/

House of Refuge

Providing safe, stable housing to families experiencing homelessness.
480-988-9242
www.houseofrefuge.org

Interfaith Homeless Emergency Lodging Program (I-HELP)-Chandler

Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services.
480-963-1423x112
<http://azcend.org/i-help/>

Maggie's Place

House of hospitality for pregnant and parenting women in need
602-246-3724
maggiesplace.org

Special Needs

See "Functional Needs" on p. 13"

Suicide

9-1-1

American Foundation for Suicide prevention

Provides resources and aid to those affected
1-888-333-2377
Crisis text line TALK to 741741
Local chapter 480-262-1746

afsp.org

AZ Teen Crisis Solutions

623-879-9600 (24 hr)

Crisis Response Network (CRN)

24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.
602-222-9444
crisisnetwork.org

EMPACT Suicide Prevention Hotline

480-784-1500 | 1-800-273-8255
empact-spc.com

The Jason Foundation

School based curriculum, online staff development programs and parent seminars
1-888-881-2323
jasonfoundation.com

Mercy Maricopa Integrated Care

Crisis intervention, support and referrals available 24 hrs a day
602-222-9444
mercymaricopa.org/members/resources/crisis

National Suicide Prevention Hotline

1-800-273-8255
suicidepreventionlifeline.org

Teen Lifeline

Suicide counseling with trained peer counselors
602-248-8336
teenlifelineTeen.org

Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth
866-488-7386
thetrevorproject.org

Veteran's Administration, Veteran's Crisis

Free VA support for all service members
1-800-273-8255 | 480-353-0293
phoenix.va.gov

Support Groups

Al Anon/Alateen

Support for family members and teens who are worried about someone with a drinking problem
602-249-1257 | 480-969-6144
<https://al-anon.org/>

Alcoholics Anonymous

Meetings for those who have had a drinking problem
602-264-1341
aaphoenix.org | <http://aamesaaz.org/>

Alzheimer's Association

Support individuals, families, care partners and communities affected by dementia.
1-800-272-3900
alz.org

Autism Speaks

Resources for programs and services
480-231-4214 | 1-888-288-4762
<https://www.autismspeaks.org/>

Hidden Heroes- Military Caregivers

Support for those caring for an injured service member
202-249-7172
<https://hiddenheroes.org/>

NAMI-National Alliance on Mental Illness

Meetings of caregivers of individuals with a mental illness
480-994-4407
namiarizona.org/

Teen Addiction Anonymous

Created for teens 15-18 by teens to reflect on life issues, work on behavior and find peer support.
teenaddictionanonymous.com

Transportation

About Care

Transportation to medical, groceries and/or social appointments
480-802-2331
aboutcare.org

Aster Aging

In home support, referral & care information
480-964-9014
<https://www.asteraz.org/>

ComTrans

Specialized community behavioral health and social service transportation for adults and children to medical or counseling appointments
602-231-0102
gocomtrans.com

East Valley Dial-A-Ride

ADA transportation for those unable to use the local bus service due to a disability
480-633-0101
valleymetro.org/dial-ride

Ride Choice

Alternative transportation options for seniors (65 and older) and adults with disabilities
480-962-7433
<https://www.valleymetro.org/ridechoice>

Valley Metro

Bus and rail information
480-921-3071 | 602-253-5000
valleymetro.org

Restoration Rides Ministry

Help financially distressed families with safe and reliable transportation.

480-600-0358 | 602-400-9995

<http://restorationridesministry.org/>

Maricopa Association of Governments

Help older adults and people with disabilities connect more quickly with transportation resources.

www.AZRideinfo.com

Utility Assistance

Gilbert Community Action Program (CAP)

Emergency financial and utility assistance

480-892-5331

azcend.org/community-action-program

Salvation Army – Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041 | 480-786-4093

https://chandler.salvationarmy.org/chandler_cops/

Southwest Gas – Low-Income Ratepayer Assistance (LIRA)

Qualified individuals can receive a 30% reduction in monthly basic service charge and a “per therm” rate discount

877-860-6020

myaccount.swgas.com/content/lira

St. Anne-Friends of the Needy

Utility bill assistance for basic needs like water, gas, and electricity.

480-507-4400

stanneaz.org/connect/ministries/outreach/friends-of-the-needy

SRP Economy Price Plan

Receive a monthly discount if qualified

602-236-8888

srpnet.com/prices/economy.aspx

Veterans

See “Military” on p. 17

Volunteer Opportunities

Gilbert Gives (Chamber for Good)

chamberforgood.com/gilbert

Just Serve

justserve.org

Town of Gilbert

gilbertaz.gov/residents/volunteer

VolunteerMatch

volunteermatch.org

Miscellaneous

Abandoned Ride-Share Bikes

LimeBike (Green and Yellow Bikes)

888-546-3345

support@limebike.com

Spin (Orange Bikes)

888-262-5189 (instant messaging available)

www.spin.pm

OFO (Yellow Bikes)

support@ofobike.com

Abandoned Shopping Cart

Arizona Food Marketing Alliance

1-800-THE-CART or 1-800-843-2278

<http://afmaaz.org/report-a-stray-cart---arizona-cart-services.html>

Bees

For bees on private property, contact a bee removal service. If the bees are actively attacking, Call 9-1-1.

Community Information & Referral (2-1-1)

211
cir.org

Home Safety Evaluations

Town of Gilbert Fire and Rescue
480-503-6300
gilbertaz.gov/departments/fire-and-rescue

Maricopa Government Directory

www.maricopa.gov/

Mosquitos

Information on how to control mosquitos and entities to contact for assistance
gilbertaz.gov/departments/public-works/wastewater/mosquito-control

Phoenix Community ToolBank

Lends organizations tools for use in volunteer and community benefit projects
602-438-4005
phoenix.toolbank.org

Poison Control

800-222-1222
azpoison.com/

Senior Guidance

Assisted living resources and other guides

- seniorguidance.org/assisted-living/arizona/
- www.toprehabs.com/alzheimers-dementia
- <https://www.memorycarefacilities.net/assisted-living/arizona/gilbert.html>

Silent Witness

480-948-6377
silentwitness.org/

Stray/Feral Cats

Maricopa County Animal Control
602-506-7387
<https://www.maricopa.gov/3560/Animal-Care-and-Control>

Roof Rats

Maricopa County Vector Control Office & Lab
602-506-0700
<https://agriculture.az.gov/pestspest-control/household-pests/roof-rats>