

# Non-Profit Service Opportunities

05/16/2023

## Organizations listed serve Gilbert residents in need

This is provided as an overview, however, please check directly with the organization for updates.

### A New Leaf:

*Provides housing and support services for individuals & families who are experiencing homelessness, domestic violence, or other crises.*

<https://www.turnanewleaf.org/get-involved/volunteer/>

Phone: (480)969-4024

Email: [volunteer@turnanewleaf.org](mailto:volunteer@turnanewleaf.org)

Ages: Most volunteer opportunities require a Fingerprint Clearance Card and a background check. Some will also require a 36-month clean driving record, TB test, or other specific qualifications/training based on placement.

- **Group Opportunities:**
  - Purchase, prepare, and serve a meal
  - Complete Indoor or outdoor maintenance
  - Plan holiday or special events
  - [Coordinate in-kind donation drives](#)
- **Mission: Community**
  - Scouting projects (ex. Eagle Scout, Girl Scout, or First Class)
  - Faith-based community programs (ex. Missionary volunteering)
  - Vocational & Rehabilitation Programs (ex. gain job skills, practice use of adaptive equipment)
  - Corporate or private organization partnerships (ex. company-sponsored opportunities)
- **Individual Volunteer Opportunities**
  - Direct Client Services- (Reception, Coaching)
  - Administrative Support- (Computer tasks, Clerical)
  - Professional Services – (Project Management, Trainer, Fundraiser, Facilities, etc.)
  - General Tasks- (Organizing, Sorting, Serving)
  - Volunteer Leadership
  - Special Projects
- **Internships**
  - Interns can engage in opportunities for academic credit, service learning, program study, capstone projects, and gaining valuable experience. All types of skills are needed.

### Ability 360

*Empowering people with all disabilities*

<https://ability360.org/volunteer/>

Phone: (602) 655-9750

Ages: 18 years or older for peer mentor; 16 years an older for Sports and Fitness Center

Opportunities include:

- **Peer Mentor:** Trained volunteers who work with individuals to help them achieve their independent living goals.
- **Sports & Fitness Center:** Volunteers assist members and staff in order to provide the most optimal experience for participation and independence.
- **Ability360 Board of Directors:** Opportunities are available for individuals who have a strong belief in independent living and self-determination philosophy and a history of leadership and community advocacy.

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## About Care

*Empowering independent living for Gilbert, Chandler, San Tan Valley and Queen Creek residents, especially those who are elderly & physically challenged.*

<https://aboutcare.org/volunteer/>

Phone: (480) 802-2331

Email: [amcarthur@aboutcare.org](mailto:amcarthur@aboutcare.org)

Ages: Applications accepted from high school students and up. A background check is required for all volunteers along with a brief interview/orientation.

Volunteers provide services free of charge to help our neighbors meet basic needs, reduce isolation, and remain independent in their homes.

### Services include:

- Transportation – to medical and/or social appointments
- Friendly Visits
- Reassurance Phone Calls
- Minor Home Repairs
- Business Help
- Respite Care
- Fundraising
- Shopping and Errands

## Advocacy 31nine

*Advocate for the educational success of children impacted by foster care, kinship care, and adoption in Arizona.*

[Advocacy31Nine – Advocacy For Children In Foster Care](#)

Phone: (480) 788-6015

## Aid to Adoption of Special Kids (AASK)

*Focuses on finding relationships for children in the AZ foster care system to ensure every child has someone who cares.*

<http://www.aask-az.org/mentoring>

Phone: (602) 254-2275

Email: [info@aask-az.org](mailto:info@aask-az.org)

Ages: Must be 19 and out of high school for at least one year to volunteer

Volunteers with the AASK mentoring program are matched with children and youth from two age groups, based on their personal interests and mentoring skills.

- Younger children (ages 9-15) - Become extended family for the child, joining them in fun activities, helping with homework or just being there when they need to talk.
- Older youth (ages 16-21) - Build a relationship with that youth, helping them develop essential life skills as they transition into adulthood.
- A mentor helps build the self-esteem and self-confidence of a child by sharing in accomplishments and milestones. A mentor encourages the development of new interests, aspirations and skills.

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## **Alzheimer's Association**

*Provide education and support to all those facing Alzheimer's and other dementias including those living with the disease, caregivers, health care professionals and families.*

[Desert Southwest Chapter \(alz.org\)](http://alz.org)

Phone: 800-272-3900

Email: [volunteer@alz.org](mailto:volunteer@alz.org)

Areas needed for volunteers include:

- Community Educators (In Person or Virtual)
- Data Entry Volunteer
- Tech Support Volunteer
- Community Representatives (In person or Virtual)
- Early Stage Social Engagement Leaders
- Support Groups (Facilitators or Mentors)
- Faith Outreach Representatives
- Promotors

## **Aster Aging**

*Empowering and supporting East Valley older adults and their families to remain independent and engaged in our communities.*

[Aster Aging, Inc. : Help Us : Volunteer \(asteraz.org\)](http://asteraz.org)

Phone: (480) 964-9014

Ages: Adult for individual volunteer opportunities; Family Friendly project opportunities

### **Group Volunteer Opportunities available**

- We are happy to work with groups and service clubs of adults, teens and children under 12 to create meaningful volunteer projects.

### **Individual**

- Meals on Wheels: Spend a weekday morning delivering nutritious meals and smiles to seniors
- Neighbors: Provide companionship, rides to the doctor, grocery shopping, and pet support for homebound seniors
- Center-Based Services: Teach a class, share a hobby, help with activities, serve lunch and more

## **AZCEND**

*Offers services such as food boxes, senior nutrition & activities, rent & utility assistance, homeless services, case management, and family programming.*

[Volunteer - AZCEND](http://azcend.org)

Phone: (480) 963-1423 X102 or [volunteer@azcend.org](mailto:volunteer@azcend.org) or [val@azcend.org](mailto:val@azcend.org)

Ages: Adult and youth volunteers (at least 5 years of age or above). Volunteers 5 to 14 years old must be accompanied by an adult; court-ordered community service volunteers are accepted on a case-by-case basis.

Volunteers assist in a variety of programs including the **Family Resource Center, Neighborhood Assistance Services, Food Bank, Senior Centers, and I-HELP**. Bilingual abilities are a bonus.

- Volunteer activities for individuals, groups and families include:
  - **Home Delivered Meal Drivers** – Drive prepared meals to homebound elderly and disabled participants.

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- **Food Bank support** – Sort and bag donated food items, fill carts with various items, load food into clients' vehicles, curbside style.
- **Data Entry positions** – Enter client and family demographics and other data entry.
- **Handy Person** – Help with small maintenance projects such as replacing light bulbs and air filters and minor repairs.
- **Kitchen Assistant** – Help bag bread, chop vegetables, cup fruit, wash dishes, wipe down counters, etc.
- **I-HELP Intakes or Shuttle Drivers** – Homeless program, interact with clients and bag checks at AZCEND, drive clients to host church at 5pm and/or drive them back to AZCEND at 6am (can do all or one of the tasks listed).

## Best Buddies

*Creates opportunities for one-to-one friendship, integrated employment, leadership development and inclusive living for people with intellectual and developmental disabilities (IDD).*

<https://www.bestbuddies.org/arizona>

Phone: (602)253-6463

Email: arizona@bestbuddies.org

Ages: Elementary, Jr. High, High School students and adults

Friendship program focuses on one-to-one friendships between people with and without IDD, offering social mentoring while improving the quality of life and level of inclusion. Jobs program focuses on securing competitive and integrated employment for people with IDD. Leadership development program educates and empowers people with and without IDD to be leaders, public speakers, and advocates. Volunteer opportunities:

- Join an event planning committee- Friendship Walk / Spirit of Friendship and Champion of the Year Gala
- Participate or volunteer at a fundraising event or programmatic event
- Sponsor an event
- Make a general donation

## Big Brothers Big Sisters

*Provides mentoring opportunities to youth ages 6-18.*

[Volunteer - Big Brothers Big Sisters of Central Arizona - Youth Mentoring \(bbbsaz.org\)](http://www.bbbsaz.org)

Phone: (602) 264-9254

Email: volunteers@bbbsaz.org

Volunteer (Mentor) Ages: 18 years or older

### Become A Big (Mentor):

- **Community-Based:** Meet up with your Little (youth mentee) at least two times per month for one year to do things you enjoy when you both have the time. Explore your common interests by attending a sporting event, going for a hike, or cooking together! It's up to you and your Little.
- **Site-Based:** In the site-based mentoring program, Bigs and Littles meet up at one of our partner sites, either at an elementary school during the child's lunch break or at a youth center after school. A Program Specialist will be at the site on designated days to facilitate activities and provide support for your match. The required commitment is 2 to 4 times per month for at least 1 full year.

### General Opportunities:

- Donations also accepted to help fund the careful one-to-one matching and ongoing professional mentoring support unique to Big Brothers Big Sisters.
- **Young Professionals Council (YPC):** The BBBSAZ Young Professionals Council was founded by dedicated young professionals in the Valley who have a vested interest in shaping Arizona's youth and building a stronger

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network of support for the agency. YPC members volunteer at events, support BBBSAZ volunteer recruitment efforts, and represent BBBSAZ at various community events and networking groups.

## Boost a Foster Family

*Meets the needs of low-income kinship families applying for foster care licensure.*

<http://boostafosterfamily.org/>

Phone: (480) 298-5665

Ages: Family friendly

### General Opportunities:

- Donate Items Directly
- Donate a Starter Kit
- Donate Money
- Donate Unused Gift Cards
- Start a Drive - Conduct a drive for a certain item such as smoke alarms or coin drive. Simply fill out your contact information at the following link. <http://boostafosterfamily.org/index/start-a-drive/>

## Boys & Girls Club-Gilbert Branch

*BGCAZ offers affordable, award-winning out-of-school-time, and summer programs for youth in grades K-12 that provide unique experiences in the arts, physical fitness, character development, leadership training, along with proven educational programs, and academic support.*

[Volunteer Boys & Girls Clubs of the Valley](#)

Gilbert Branch Phone: (480)813-2020 or (602) 954-8182

Email: [donna.martin@bgcaz.org](mailto:donna.martin@bgcaz.org) or [info@bgcaz.org](mailto:info@bgcaz.org)

Ages: 13 years and up (high school students preferred as youngest age – varies by location)

- **Club Volunteer Opportunities:** Homework Hero, Sports Coach, Sports League Volunteer, Club Activity Specialist (program areas may include Arts, Games Room, Computer lab, Education Center), and other opportunities as needed. Small group opportunities may also be available depending on group size and time of year. Club Volunteer opportunities are available Mon – Friday during club hours, with some Saturdays for sports programs.
- **Event Volunteers:** Opportunities to support local branch activities, and BGCAZ fund raising events. These opportunities are perfect for volunteers with limited time and busy schedules. Weekend opportunities available.

## Catholic Charities/ My Sister's Place:

*Provide services and opportunities to struggling individuals, suffering from homelessness, domestic violence, and sex trafficking. They provide support for foster care, veterans, refugees, affordable housing services, youth development programs and head start.*

[Volunteer \(catholiccharitiesaz.org\)](#)

Phone: (602) 285-1999 or [volunteerinfo@cc-az.org](mailto:volunteerinfo@cc-az.org)

Ages: Adults

- Volunteer opportunities vary from day to day needs, some services include:
  - Housing community volunteer
  - Peer Assistance and Leadership
  - After School Program Assistant and many more!
- Monetary donations, donation drives for new items and fundraising opportunities

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## CeCe's Hope Center

*Improve the lives and future of 18-24 year old female survivors of sex trafficking by bridging the gap in available services and support.*

[GET INVOLVED | CeCe's Hope Center \(cecescenter.org\)](http://cecescenter.org)

Phone: (480) 625-7044

Email: [info@cecescenter.org](mailto:info@cecescenter.org)

- **Mentorship**- Drive the girls to job interviews, doctor appointments etc. Help with resumes, job search, and college classes, celebrate their success with them.
- **Engage Community**- Host an event, connect CeCe's with local community, raise awareness, and share information on social media platforms.
- **Donate** -variety of gift cards, bus passes, laptops, clothing, hygiene items, and quillow blankets.

## Central Arizona Shelter Services: (CASS)

*Provides shelter and supportive services to homeless men, women & children.*

<https://www.cassaz.org/>

Phone: (602) 256-6945 x1725

Email: [info@cassaz.org](mailto:info@cassaz.org)

Ages: 18 and older at downtown shelter; 16 and older at family shelter

CASS offers many rewarding, creative and exciting group volunteer opportunities on-site at our shelters. Groups can organize several off-site and on-site projects that directly benefit the homeless or help CASS to build its capacity. The opportunities are endless and only limited by your creativity!

- Organize a donation drive or fundraiser to help raise items from organization Wish (Amazon) Lists.
- Education is power. Teach enrichment and life skills classes such as music, arts, parenting, wellness, budgeting, interviewing, etc.
- Help to clean and maintain our facilities.
- Sorting and taking inventory of donations in our Vista Colina Emergency Family Shelter Clothing/Food Bank and Downtown Shelter Donation Center.
- Prepare and clean apartments for families who are entering our program for the first time at Vista Colina.
- Donate financially

## Child Crisis Arizona

*Works to prevent and intervene in child abuse and neglect as well as provide quality early childhood education.*

<http://childcrisisaz.org/how-you-can-help/volunteer/>

Phone: (480) 834-9424

Email: [Beth.Price@childcrisisaz.org](mailto:Beth.Price@childcrisisaz.org)

Ages: Individual volunteers in specific programs must be 18 years old or older; younger volunteers are welcome too!

There are a variety of volunteer opportunities for individuals and groups- We welcome your help in service to vulnerable children, youth, and families.

- **Group Opportunities:**
  - Provide support at one of the many Family Activity Night's or other events we provide throughout the year.

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- **Individual Long-Term Opportunities:**
  - Inventory and stock donated items provided free to children, youth and families in need.
  - Become a Classroom Aide in our Early Head Start or Preschool program
  - Link Child Crisis Arizona to your Amazon or Fry's Reward account
  - Donate your Arizona Foster Care Tax Credit. Check to see if your employer will match your donation.
  - Be a volunteer ambassador for one of our upcoming fundraising events
  - Create a Facebook fundraiser for Child Crisis Arizona
- **Donation Drives:**
  - New items needed for seasonal and ongoing needs.
  - Organize a donation drive at your employer or community of faith. Donations are particularly needed for Back to School, Fall holidays, Winter holidays, seasonal transition.

## Chrysalis

*Provides housing for victims of domestic abuse and support services including counseling, job development, etc.*

<https://noabuse.org/get-involved/volunteer>

Phone: (602)955-9059 or [volunteer@noabuse.org](mailto:volunteer@noabuse.org)

Ages: 21 years or older (*Does not accept court-ordered community service hours*)

### Individuals can volunteer:

- Clerical Reception
- Maintenance volunteer
- Community Outreach
- Kitchen
- Special Events
- Donation pick-up delivery

### Group projects can include:

- Landscaping
- Painting and cleaning apartments
- Holiday activities
- Other projects as needed

## Clothes Cabin-One Small Step:

*Provides free clothing, household linens, shoes, work boots and additional necessities to people in need.*

[Clothes Cabin \(Onesmallstepaz.org\)](http://Onesmallstepaz.org)

Phone: (480) 285-4111

Email: [info@onesmallstepaz.org](mailto:info@onesmallstepaz.org)

- **Processing Clothes** - Donated clothes must be examined, sorted, steamed, hung, and stored. Restocking the racks and baskets in the shopping area. The commitment is 3 or 4 hours a week. \* Monday and Thursday 10am to 2pm, Tuesday and Wednesday 9am to 12pm and 12pm to 3pm, Thursday 10am-2pm
- **Client Services** - Our clients need help registering and selecting clothes. Volunteers use their computer skills to collect client data and service statistics; another volunteer acts as a store associate to help clients with clothes, bagging their selections, and retrieving linens upon request. Knowing Spanish is a big asset! The commitment is 3 or 4 hours a week. \*Tuesday and Wednesday 9am to 12pm, 12pm to 3pm, Thursday 6pm to 8pm
- **Boutique Sales** - Friends Resale Boutique uses volunteers to price, prepare, and display items for sale. In the boutique, volunteers help customers and ring the sales. All proceeds benefit Clothes Cabin. The commitment is 2 to 4 hours a week. \* Tuesdays-Saturday 10 am -2 pm
- **Computer and Office Support** – Volunteers can help with data entry, filing, and basic administrative tasks.

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- **Special Projects** – Help with activities such as fundraisers, event management, marketing, seasonal sorting, and large donation processing.

## Dignity Health Foundation

*To support Dignity Health healthcare facilities and programs in the Southeast Valley through philanthropy.*

Phone: (480) 728-3931

Email: [EastValleyFoundation@DignityHealth.org](mailto:EastValleyFoundation@DignityHealth.org)

- Support current fundraisers including capital projects, equipment, new medical technologies, improved patient services and medical education, enhanced research, or community health programs, and services for children, women, and senior citizens in our community.

## Dolly Star Foundation

*Promote health, healing, and comfort to memory care facilities, hospitals, and those in need in our local Arizona community through our revolutionary Cow Therapy Service Program.*

<https://dollystarfoundation.com/>

Phone: 602-909-9064 or 480-599-3357

Email: [karin@dollystarfoundation.com](mailto:karin@dollystarfoundation.com) or [info@dollystarfoundation.com](mailto:info@dollystarfoundation.com)

Ages: Must be 18 years of age or older, have a love and understanding of cattle or horses, be able to lift heavy objects up to 50 lbs, be able to work independently and as part of a team, and be willing to follow instructions and adhere to safety guidelines

*We are seeking a responsible and reliable individual to join our team as a Barn Volunteer. As a volunteer, you will be assisting with the care and maintenance of Dolly, a Mini White Park Heifer, ensuring that she is healthy and happy. If interested in this opportunity and meet the below requirements, please email your resume to [karin@dollystarfoundation.com](mailto:karin@dollystarfoundation.com)*

### Responsibilities:

- Feeding and watering according to specific dietary needs
- Grooming and bathing
- Cleaning stalls and maintaining a clean and safe barn environment
- Assisting with training and exercising
- Providing general support to the barn staff as needed

### Benefits:

- Opportunity to work with and learn about cattle and horses
- Valuable experience in animal care and barn management
- A chance to contribute to the well-being of Dolly Star
- A supportive and friendly team environment



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## Dress for Success

*The mission of Dress for Success is to empower women to achieve economic independence by providing a network of support, professional attire, and the development tools to help women thrive in work and in life.*

[Get Involved | Dress for Success Phoenix](#)

Phone: (602) 489-7397

Email: [phoenix@dressforsuccessphoenix.org](mailto:phoenix@dressforsuccessphoenix.org)

Opportunities:

- **Donate Clothes**- Gently used, nearly new professional attire. High need of sizes 0, 2, 4, 14, 16, 18, Plus Size Clothing and Junior Clothing! Also need of closed toe pumps and flats, and scrubs without any logos.
- **Volunteer**- help suit clients, help with the career counseling and general services.
- **Donation Drives**- collect new or nearly-new suits, other business-appropriate apparel, shoes or even accessories like handbags and unused cosmetics or jewelry.
- **Events**-Support, participate or help organize events

## Eve's Place

*Supporting any victim of domestic, sexual and teen dating abuse by increasing access to services through mobile advocacy.*

<https://www.evesplace.org/get-involved#VolunteeratEves>

Phone: (623)537-5380

Email: [info@evesplace.org](mailto:info@evesplace.org)

There is always a need for volunteers to participate in this organization either physically or virtually.

- Support group facilitators
- Assisting at fundraiser events
- Child Care
- Assistance with picking up Starbucks donations
- Donations
  - Food: Mac & Cheese, Ready Bake meals, Fresh or Frozen Fruit and Vegetables, Pastas, Rice, Cereal, Cheese, Beans (pinto, great northern, etc.), Chef Boyardee, Milk.
  - Household items: Paper towels, toilet paper, laundry soap, cleaning supplies.
  - Gift Cards: Gas Cards, movie theater (field trips), Fast Food (any denomination), Walmart (any denomination)
- Volunteer Clubs
  - Sewing club to make cloth totes
  - Cookers Clubs to make casseroles/ pre-made frozen meals.

## Gilbert Parks and Recreation Foundation

*A foundation that connects resources to community parks and recreation needs.*

[Gilbert Parks and Recreation Foundation - GPRF Field Sponsorship Opportunities](#)

Phone: (480) 503-6234

Email: [gilbertprfoundation@gmail.com](mailto:gilbertprfoundation@gmail.com)

- Become a friend of the foundation through membership or attend an event

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## HD South

*Celebrates the past, inspires unity of all people, and cultivates life-enriching collaboration.*

[Volunteer Opportunities in Gilbert | HD SOUTH](#)

Phone: (480) 926-1577

Email: [info@hdsouth.org](mailto:info@hdsouth.org)

Ages: 16 or older

### General Volunteer Opportunities:

- Front Desk Volunteers
- Office Volunteers
- Collections Volunteers
- Outreach Volunteers
- Program Volunteers
- Marketing Volunteers
- Gala Event Volunteers

## Hope for Addiction

*Walk alongside, equip and care for those who struggle with addiction to transition after substance treatment. Provide a safe long-term transition home for single moms and their kids at Freedom House.*

<https://www.hopeforaddiction.com/volunteer>

Phone: (480) 782-0403

Email: [connect@hopeforaddiction.com](mailto:connect@hopeforaddiction.com)

Ages: Varies per activity

- **Landscaping and Yard Maintenance** -maintain a safe play area for kids at Freedom House
- **Teach life skills:** budgeting, cooking, cleaning, etc. at Freedom House
- **Take advantage of the dollar-for-dollar AZ Tax Credit:** <https://www.hopeforaddiction.com/az-tax-credit.html>
- **Join us for a virtual event for more details on how to get connected and make a difference:**  
<https://www.hopeforaddiction.com/events>
- **Be a mentor and friend:** You will be trained and given all the tools you need

## House of Refuge

*Transitional Housing Program with supportive services for families experiencing homelessness*

[Volunteer – House of Refuge](#)

Phone: (480) 988-9242 X15

Email: [volunteer@houseofrefuge.org](mailto:volunteer@houseofrefuge.org)

Ages: Must be at least 15 years old. Must be 18 if volunteering in the Community Center.

Volunteer opportunities at House of Refuge are of a wide variety & draw from a great range of skill sets & experiences. We always strive to match volunteers interests with current opportunities on campus.

**Individual volunteers-** required to possess a fingerprint clearance card & volunteer for a minimum of two shifts per month, committing to at least a six-month term.

Opportunities include:

- Serving youth through after school programming & mentoring.
- Assisting residents with resume writing, job searching, interview preparedness, & computer related tasks in our Employment & Education Center.

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- Working alongside our Maintenance with groundskeeping including but not limited to cleaning/painting homes, general repairs & landscaping.
- Through our Donation Center, greeting donors, unloading, processing, organizing, & storing donations.
- Raising community awareness & fundraising through our Outreach group
- Helping within other departments as opportunities arise such as finance, administration. & marketing.

**Group volunteers** -can serve in a variety of ways to provide support to the agency & in turn the families that call our neighborhood their home.

- Whether you're part of a church, business, or philanthropic organization, our Community Outreach Coordinator can help plan a group project that will benefit the residents in our community.
- Some organizations will organize group projects as part of a team building exercise or corporate-wide "day of volunteering."
- Projects can be a one-time event or an ongoing, regular project in our community.
- We also welcome all Boy Scouts and Girl Scouts troops for community projects, Eagle Scout projects and Bronze, Silver & Gold award projects.

## Hushabye Nursery

*Embracing substance exposed babies and their caregivers with compassionate, evidence-based care that changes the course of their entire lives.*

[Volunteer | Hushabye Nursery](#)

Phone: (480) 628-7500

Email: [info@hushabyenursery.org](mailto:info@hushabyenursery.org)

Ages: Must be 21 years old, have a valid fingerprint card and pass a background screening

- Volunteers serve in an "Infant Cuddler" role at Hushabye Nursery. Providing contact and interaction to babies experiencing NAS through soothing techniques including rocking, swaying, singing, and swaddling.

## Jewish Family & Children's Service

*Strengthens the community by providing behavioral health, healthcare and social services to all ages, faiths, and backgrounds. We offer a safe space to be attentive, compassionate, and provide confidential care.*

[JFCS Volunteering | Greater Phoenix Volunteer Opportunities \(jfcsaz.org\)](#)

Phone: (602) 567-8383 or [lisa.blumstein@jfcsaz.org](mailto:lisa.blumstein@jfcsaz.org) or [volunteercoordinator@jfcsaz.org](mailto:volunteercoordinator@jfcsaz.org)

Ages: Adult, Teen and Group volunteers are welcome to help serve at JFCS though

- Ambassadors
- Organizational Support
- Special Events
- Food Pantry
- Professional Leadership development
- Youth programs support
- Senior Program Support

## Junior Achievement

*Empowering youth people to own their own economic success*

<https://www.jaaz.org/volunteer/>

Phone: 480-377-8500

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Email: [info@jaaz.org](mailto:info@jaaz.org)

Ages: Adult, Teen, Groups, and Professional Leadership Group

- Annual Backpack Drive
- Caring Cards Program
- MITZVAH Projects
- Senior Programs
- Youth Art Program
- Special Events

## Matthew's Crossing Food Bank

*Provides food assistance including backpacks for youth and food closets at public schools*

[Volunteer – Matthew's Crossing Food Bank \(matthewscrossing.org\)](http://matthewscrossing.org)

Phone: (480)857-2296

Email: [info@matthewscrossing.org](mailto:info@matthewscrossing.org)

Ages: Age requirement for independent activities is 18. Children 12 and over can volunteer with an adult. Spanish speaking volunteers needed for all shifts. Must be able to lift 25lbs regularly throughout the shift and stand for three (3) hours.

Opportunities for Individuals and groups (less than 20).

- **Emergency Food Box Program** - Shifts are available on Mon, Tues, Thurs and Fridays 9:00 AM - 11:00 AM
- **Meals to Grow Backpack Program**-Wednesdays shifts from 9:00 AM - 11:00 AM

## Mercy Housing (Southwest)

*Provide affordable housing and supportive services for low income families, seniors, and people with special need. (Manage Page Commons in Gilbert)*

[Volunteer | Mercy Housing](http://mercyhousing.org)

Phone: 480-525-9278 or 480-813-4609

Email: [EAbrams@mercyhousing.org](mailto:EAbrams@mercyhousing.org) or [Shelly.Marquez@mercyhousing.org](mailto:Shelly.Marquez@mercyhousing.org)

Ages: 18 and older

- **PROPERTY PROJECTS** – Get your hands dirty while keeping our properties vibrant! Past projects have included landscaping, cleaning, community gardening, and other beautification projects.
- **SHARE YOUR SKILLS** – The Resident Services staff works hard to ensure that residents become financially stable, maintain housing, excel in school, value their health, and actively participate in the community. You can help by teaching a class, tutoring a child, instructing in a computer lab, or sharing your expertise in another way.
- **EVENTS** – Help our residents celebrate! You can host community meals, holiday gatherings, birthday parties, or other festive events. You could also lead a food drive, school supplies fundraiser, or help purchase holiday gifts.

## Midwest Food Bank

*Gathers and distributes food donations to non-profits and disaster sites without cost to recipients*

[Arizona - Midwest Food Bank](http://midwestfoodbank.org)

Phone: 480-892-0134

Email: [mfbarizona@midwestfoodbank.org](mailto:mfbarizona@midwestfoodbank.org)

Ages: Family friendly for all ages

**On-site Opportunities include:**

- Repackaging bulk foods into manageable quantities for distribution

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- Labeling bags or cans
- Preparing disaster relief boxes and/or 'snack pack' kits
- Supporting local distribution to pantries
- Volunteer drivers with a CDL license
- Donations – time, goods or monetary

## Mission of Mercy

*Free primary healthcare services, prescription medications and lab testing to uninsured and underinsured individuals and families.*

<https://www.amissionofmercy.org/arizona/volunteer/>

Phone: (602)861-2233 or [ssimones@amissionofmercy.org](mailto:ssimones@amissionofmercy.org) or [pcarvalho@amissionofmercy.org](mailto:pcarvalho@amissionofmercy.org)

Ages: 18 and over

- **Medical RV Driver**-Driver for our Medical RV. Duties include picking up the RV from the Franciscan Renewal Center and driving the RV to our Mesa Clinic. At the end of the day, the RV is to be returned to the place of pickup. Valid driver license and MVD record check required.
- **Photographer**-Volunteer Photographers are needed to take photos at MOM events and at the clinic sites.
- **Community Outreach Events**-Volunteers are needed who can attend community Health Fairs to represent Mission of Mercy by creating community awareness of our services and clinic sites. Verbal engagement with the public is required and training is provided. Being bilingual is preferred.
- **Nurse Volunteers**- Nurses needed to work in collaboration with the clinic physicians to see patients and to provide care. Duties would include obtaining vital signs, patient health history, basic laboratory procedures, and patient education. Nurses maintain complete documentation in the patient medical record and have a current nursing license or previously have been a Registered Nurse.
- **Spanish English Interpreter**- Help with communication between medical and clinical staff and patients. The goal of the interpreter is to have people hear the interpretation as if it were the original. Must be sensitive to patients' personal circumstances and culture as well as be able to maintain confidentiality and ethical standards. A language screening is required.
- **Clinic set up**- Able to assist with set up from 5:30-6:30AM at various sites, able to lift 30lbs, available 4+ hours per week, and able to fill in as a driver of RV as needed.

## Open Arms Care Center

*Provides supplemental food and clothing to those in need.*

[Volunteer — Open Arms Care Center \(openarmscc.com\)](http://openarmscc.com)

Phone: (480)539-0175

Ages: 15 years or older

Volunteer you time: If you volunteer at our food pantry, you'll work on a team (of 5-10 volunteers during the day and 3-5 in the evening) to perform tasks like:

- Sorting food and clothing donation
- Stocking food shelves
- Unloading donation from trailers
- Filing food orders

# Non-Profit Service Opportunities

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- Organizing clothing racks
- Picking up donation from local schools and businesses
- Driving your truck or trailer to haul donated items

## **notMYkid Inc.**

*Provides children and families with lifesaving programs, support, resources, and education. To empower and educate youth, families, and communities with the knowledge and courage to identify and prevent negative youth behavior.*

[volunteer | notMYkid@](#)

Phone: (602) 652-0163

## **Positive Paths**

*Provides educational attainment support, mentoring, professional development opportunities, and other support services to women in need in the East Valley.*

[Volunteer - Positivepaths \(positivepathsaz.org\)](#)

Phone: (480) 788-0615 or [info@positivepaths.org](mailto:info@positivepaths.org)

Ages: 18 and older

### **Volunteer Opportunities:**

- **Time**- Volunteer by sponsoring a workshop, help us with our programming and events, help us fundraise and establish community partnerships and connections, help us with program administration, serve on a committee, and more.
- **Talent** - Share your talents and professional expertise with the Positive Paths community! Be a mentor and/or sponsor a mentoring experience.
- **Treasure**-Did you know that only 1.6% of American's charitable giving goes to non-profit organizations that help women and girls? We need your support to continue helping our women. Thank you for your generosity!

## **Raising Special Kids**

*Improve the lives of children with a full range of disabilities by providing support, training, information and individual assistance so families can become effective advocates for their children.*

<https://raisingspecialkids.org/get-involved/>

Phone: (800) 237-3007 or 602-242-4366

Email: [info@raisingspecialkids.org](mailto:info@raisingspecialkids.org)

Ages: 18 and older

# Non-Profit Service Opportunities

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Parent to Parent Mentors – Support families by sharing your experience of raising a child with special needs.

- Family Faculty – host 1-2 hour home visit for physician residency program
- Outreach – staff an information table at public events
- Parent Panel – speak to special education teachers or other professionals about the parent perspective
- Parent Advocacy – Bring your advocacy and leadership skills and make a difference regarding public policy issues and the state Legislature.
- Office – assist with clerical tasks (very flexible!)

## Rebuilding Together Valley of the Sun

Repairing homes, revitalizing communities, and rebuilding lives.

[Get Involved | RTVOS](#)

Phone: (480) 774-0237

Email: [info@rtvos.org](mailto:info@rtvos.org)

Ages: 16 years or older (certain activities may be limited for minors). Be able to pass a background check (if applicable).

**Safe at Home:** Volunteers are needed year-round to install fall prevention equipment to help individuals feel safer in their homes. No specialized skills are required. Background checks and closed toed shoes are required. We install the following items...

- Grab Bars
- Handheld shower head
- Bathtub clamping bar
- Night lights
- Toilet risers and rails
- Smoke detectors
- Shower chairs/stools
- Non-slip shower mats
- Wheelchair ramps

**Critical Repairs:** RTVOS relies on skilled volunteers to improve the lives of those we serve. RTVOS provides the materials, you provide the knowledge and expertise. Together, we'll improve lives. Skilled tradespeople needed:

- HVAC
- Roofers
- Electricians
- Plumbers
- Tile Installers
- Carpenters
- Drywallers
- Masonry
- Landscapers

**Special Events:** Support our work in a variety of ways during these 1-3 day projects. This could include customer service, administration, gardening, construction, or highly specialized skills. Special skills, age restrictions, and background checks may be required based on the assignment.

## Salvation Army

*Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.*

[Volunteer Opportunities - The Salvation Army USA Western Territory](#)

Phone: 1-800-728-7825

Ages: Family friendly opportunities

- **Family Service Intake Worker:** Assist with Intake Process

# Non-Profit Service Opportunities

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- **Food Pantry Worker:** Assist with the preparation of the food boxes for distribution.
- **After School Program:** Enjoy mentoring and tutoring kids? We need you!
- **Senior Meal Program:** Do you love being in the kitchen? Do you love helping others? This is the perfect opportunity for you!
- **Salad and Go:** One THURSDAY a month. Helping build salads for those in the community.

## Save the Family

*Equips families to address poverty, overcome homelessness and achieve self-sufficiency.*

<http://savethefamily.org/get-involved/volunteer/>

Phone: (480) 898-0228 x201 or [volunteer@savethefamily.org](mailto:volunteer@savethefamily.org)

Ages: Family Friendly opportunities

### Group Opportunities:

- **Welcome Home Paint and Clean Projects** - With over 190 housing units across the East Valley volunteers assist in cleaning and painting homes to help prepare units quickly. Save the Family will provide all supplies, including bottled water. Projects can be completed within 3 to 4 hours when a group of 8 to 10 volunteers participate. We schedule group projects Monday through Friday during agency business hours and Saturday mornings, 9am to 11am. Paint and clean group projects can be scheduled up to six months in advance.
- **Clean and Sanitize Classrooms** – Small groups of 5 to 10 volunteers are perfect to help Save the Family keep our classrooms and playrooms clean. Volunteer duties consist of cleaning and organizing three small rooms at our main office in Mesa. Save the Family will provide all supplies. Projects are scheduled Monday through Friday during agency business hours and Saturday mornings, 9am to 11am.
- **Organize a Donation Drive or Baby Shower** – Volunteers can organize donation drive with their club, business, or neighborhood group. Drives allow us to support “Missy’s Mall,” which includes critical items and supplies homeless families need, including personal hygiene items, clothing, shoes, and household cleaning products. Baby showers are hosted for parents to help them with essential items they will need to welcome their new baby. Groups of 8 to 12 volunteers organize each shower, providing refreshments, decorations, and gifts. Showers are held weeknights, 5pm to 7:30pm.
- **Teach a Class** – The needs of homeless and impoverished families change over time, so we offer an array of beneficial classes to empower them and propel success. Volunteers currently teach classes in the following areas:
  1. GED tutoring
  2. Financial literacy
  3. Nutrition
  4. Career Development and Support

## Shoebox Ministry

*Help working poor and homeless men, women & families by providing personal hygiene kits.*

[Volunteer Opportunities - Shoebox Ministry](#)

Phone: 480-905-1610

Email: [info@shoeboxministry.org](mailto:info@shoeboxministry.org)

Ages: Family Friendly

- **Collection Drive** -Shoebox Ministry is always in need of toiletries. We gladly accept full-size, travel or hotel-sized items. Our most URGENT items are deodorant, toothpaste, feminine products and disposable razors.



# Non-Profit Service Opportunities

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- Other Drives to Support-Mother's Day purse Drive, Holiday sock Drive. You may also make men's and women's hygiene kits, Vanity kits or mini kits at home and deliver to Shoebox

## St. Anne Friends of the Needy Food Bank

*Providing food and assistance to families and individuals in crisis in our community.*

[Friends of the Needy Ministry | St. Anne \(stanneaz.org\)](#)

Phone: (480) 507-4466 or (480) 507-4400

Email: [Johnc@stanneaz.org](mailto:Johnc@stanneaz.org)

- **Volunteer-** Shifts available Tuesday - Thursday from 9am-11am. Tasks include: stocking and organizing canned goods, sorting through grocery rescue, prepping boxes of food for clients, sorting through donations of children's clothing, organizing baby items (diapers, wipes, food). Some tasks may require heavy lifting.
- **Donate-** Milk, eggs, meats, Pasta & sauces, PB & Jelly, canned goods and other nonperishable items, as well as children's needs (diapers, clothing, toys, etc.). [Financial contributions](#), gift cards for grocery stores are also accepted. **Donation drop-off during our hours of operation Mon-Sat from 9AM-12PM**

## United Food Bank

*Provides supplemental and emergency food to those in need.*

[Volunteer - United Food Bank](#)

Ages: Children ages 5 to 15 can volunteer to build food bags/sort food when accompanied by an adult. Ages 16-17 can volunteer independently with a signed waiver by a parent or guardian.

Opportunities can be one-time or on-going.

- Host a food drive
- Become a fundraiser
- Building emergency food bags

## Weekly Collective LLC:

*Organizes volunteer opportunities, charity drives, educational events, and a variety of community engagements for families and individuals. We provide yard work and other small house maintenance services to qualifying seniors in Gilbert.*

<https://weeklycollective.com>

Phone: (480) 223-7863

Ages: Family Friendly, Groups and Individuals

Volunteer opportunities:

- Gilbert Day of Service for Seniors
- Christmas Stockings for Seniors
- Re-stock the Pantry @ Page Commons
- Back to School Drive @GPS
- Midwest Food Bank
- Other events posted on our Facebook page

# Non-Profit Service Opportunities

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## Winged Hope

*Focus on preventing and healing family violence with direct victims' services, by renovating and starting new Family Advocacy Centers, and by providing training around the state.*

<http://www.wingedhope.org/>

Phone: 480-757-7030

Email: [info@wingedhope.com](mailto:info@wingedhope.com)

## OTHER VOLUNTEER RESOURCES:

### Gilbert's Community Resource Guide

- Brief listing of organizations and providers that are available to residents. This guide is intended to connect residents in need of services with resources near Gilbert. This guide can also be used to research organizations that may be in need of volunteers.

<https://www.gilbertaz.gov/residents/community-resources>

### Town Volunteer

- The Town of Gilbert has a number of opportunities for volunteer work. Listed are current opportunities where you can help out and make things happen. Our volunteer motto is GIVE ("Gilbert Invites Volunteerism Everywhere"). [Volunteer | Town of Gilbert, Arizona \(gilbertaz.gov\)](https://www.gilbertaz.gov/volunteer)

### Other Community Volunteer Opportunities

- Just Serve: [www.justserve.org](http://www.justserve.org)
- Volunteer Match: [www.volunteermatch.org](http://www.volunteermatch.org)
- All For Good: [www.allforgood.org](http://www.allforgood.org)
- Do Something: [www.dosomething.org](http://www.dosomething.org)