

GILBERT PARKS AND RECREATION YOUTH VOLLEYBALL RULES

Gilbert Parks and Recreation offers a co-ed recreational volleyball league to ages 7-14 years and is designed for beginner to intermediate level players. Players will learn the essential skills and components of the game such as serving, setting, passing and ball control. The program emphasizes skill development, good sportsmanship, teamwork, building strong relationships and, most importantly, having fun!

USA Volleyball Rules are followed with a few slight modifications. We reserve the right to implement, alter, add or delete rules and/or policies as deemed necessary.

SERVING

- 7-9 Division players can serve inside the serving line but must serve behind 10 ft. line.
- 10-11 and 12-14 Division players must serve from behind the serving line.
- Players may serve underhand.
- Each player can only serve up to 3 continuous serves. If a point is scored on the third serve, the serving team will rotate and the next player will serve.

ROTATION/SUBSTITUTION/PLAYING TIME

- Coaches will rotate players in a manner that allows each person to play about an equal amount of game time per set.
- Players will rotate in at one location on the court determined by the coach. This position must remain the same throughout the match.
- 6 players/team are allowed on the court at any given time. The others are on the sideline, in a predetermined rotation order. Every time a rotation occurs, one player from the court rotates out of play and one player that was on the sidelines rotates into play of the game, at the designated position.

SCORING

- First two sets will be played to 25; win by 2 with a cap at 27.
- Third set will be played to 15; win by 2 with cap at 18.
- During regular season games, the third set will be played regardless of the first two sets outcome.

GENERAL CALLS

- Lifts, net foul and various other calls may be called loosely to encourage good volleys and focus on skill development.

FORFEITS

- Each team needs a minimum of 4 players present to start the match.
- A 5-minute grace period will be allowed for teams with less than 6 players at game time.
- Forfeits are strongly discouraged. If a team has less than 4 players, the team may borrow players from the opposing team and play a "for-fun" match. Despite the outcome of the "for-fun" match, the team that did not have enough players to start the match will take the loss.

CONDUCT

- Parents, players, coaches, officials and spectators are expected to present themselves as positive role models and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support to one another both on and off the court.
- Behavior deemed inappropriate by Gilbert Parks and Recreation staff will not be tolerated from parents, players, coaches, officials and/or spectators. This includes, but is not limited to, unsportsmanlike conduct such as arguing calls, shouting at players, officials and/or coaches, profanity, physical confrontation and/or threats.
- Compromising your safety or the safety of others, verbal or physical threats, aggressive behavior or fighting will result in immediate removal of all parties from the facilities and the recreation program. Refunds will not be given under these circumstances.
- The Gilbert Parks and Recreation Department reserves the right to discipline anyone involved in incidents or conduct not specifically covered in the Gilbert Youth Volleyball rules or USAV Rules.